

Welcome to Trinity Episcopal Cathedral. We're delighted you have joined us today. Mask-wearing (even while singing) and social distancing are recommended during the service to protect children who are unable to be vaccinated and those with secondary health conditions.

The service is found in the black Book of Common Prayer (BCP). Hymns are found in the red hymnal.

THE HOLY EUCHARIST

The Prelude

O Mensch, beweine deine Sünde groß, BWV 622 *Johann Sebastian Bach*

The service begins with a silent procession.

LITURGY OF THE WORD

The Collect of the Day

BCP 264

Celebrant The Lord be with you.
People **And with thy spirit.**

Celebrant Let us pray. Almighty and everlasting God, who hatest nothing that thou hast made and dost forgive the sins of all those who are penitent: Create and make in us new and contrite hearts, that we, worthily lamenting our sins and acknowledging our wretchedness, may obtain of thee, the God of all mercy, perfect remission and forgiveness; through Jesus Christ our Lord, who liveth and reigneth with thee and the Holy Spirit, one God, for ever and ever. **Amen.**

The people sit.

The First Reading

Isaiah 58:1-12

Shout out, do not hold back! Lift up your voice like a trumpet! Announce to my people their rebellion, to the house of Jacob their sins. Yet day after day they seek me and delight to know my ways, as if they were a nation that practised righteousness and did not forsake the ordinance of their God; they ask of me righteous judgements, they delight to draw near to God. 'Why do we fast, but you do not see? Why humble ourselves, but you do not notice?' Look, you serve your own interest on your fast-day, and oppress all your workers. Look, you fast only to quarrel and to fight and to strike with a wicked fist. Such fasting as you do today will not make your voice heard on high. Is such the fast that I choose, a day to humble oneself? Is it to bow down the head like a bulrush, and to lie in sackcloth and ashes? Will you call this a fast, a day acceptable to the Lord? Is not this the fast that I choose: to loose the bonds of injustice, to undo the thongs of the yoke, to let the oppressed go free, and to break every yoke? Is it not to share your bread with the hungry, and bring the homeless poor into your house; when you see the naked, to cover them, and not to hide yourself from your own kin? Then your light shall

break forth like the dawn, and your healing shall spring up quickly; your vindicator shall go before you, the glory of the Lord shall be your rearguard. Then you shall call, and the Lord will answer; you shall cry for help, and he will say, Here I am. If you remove the yoke from among you, the pointing of the finger, the speaking of evil, if you offer your food to the hungry and satisfy the needs of the afflicted, then your light shall rise in the darkness and your gloom be like the noonday. The Lord will guide you continually, and satisfy your needs in parched places, and make your bones strong; and you shall be like a watered garden, like a spring of water, whose waters never fail. Your ancient ruins shall be rebuilt; you shall raise up the foundations of many generations; you shall be called the repairer of the breach, the restorer of streets to live in.

Lector The Word of the Lord.
People **Thanks be to God.**

Psalm 103

BCP 733

Sung by the choir to plainsong

The Epistle

2 Corinthians 5:20b-6:10

We entreat you on behalf of Christ, be reconciled to God. For our sake he made him to be sin who knew no sin, so that in him we might become the righteousness of God. As we work together with him, we urge you also not to accept the grace of God in vain. For he says, "At an acceptable time I have listened to you, and on a day of salvation I have helped you." See, now is the acceptable time; see, now is the day of salvation! We are putting no obstacle in anyone's way, so that no fault may be found with our ministry, but as servants of God we have commended ourselves in every way: through great endurance, in afflictions, hardships, calamities, beatings, imprisonments, riots, labors, sleepless nights, hunger; by purity, knowledge, patience, kindness, holiness of spirit, genuine love, truthful speech, and the power of God; with the weapons of righteousness for the right hand and for the left; in honor and dishonor, in ill repute and good repute. We are treated as impostors, and yet are true; as unknown, and yet are well known; as dying, and see-- we are alive; as punished, and yet not killed; as sorrowful, yet always rejoicing; as poor, yet making many rich; as having nothing, and yet possessing everything.

Lector The Word of the Lord.
People **Thanks be to God.**

Hymn 143

The glory of these forty days *Erhalt uns, Herr*

The Gospel

Matthew 6:1-6, 16-21

Celebrant The Holy Gospel of our Lord Jesus Christ according to Matthew
People **Glory be to thee, O Lord.**

Jesus said, "Beware of practicing your piety before others in order to be seen by them; for then you have no reward from your Father in heaven. "So whenever you give alms, do not sound a trumpet before you, as the hypocrites do in the synagogues and in the streets, so that they may be praised by others. Truly I tell you, they have received their reward. But when you give alms, do not let your left hand know what your right hand is doing, so that your alms may be done in

secret; and your Father who sees in secret will reward you. “And whenever you pray, do not be like the hypocrites; for they love to stand and pray in the synagogues and at the street corners, so that they may be seen by others. Truly I tell you, they have received their reward. But whenever you pray, go into your room and shut the door and pray to your Father who is in secret; and your Father who sees in secret will reward you. “And whenever you fast, do not look dismal, like the hypocrites, for they disfigure their faces so as to show others that they are fasting. Truly I tell you, they have received their reward. But when you fast, put oil on your head and wash your face, so that your fasting may be seen not by others but by your Father who is in secret; and your Father who sees in secret will reward you. “Do not store up for yourselves treasures on earth, where moth and rust consume and where thieves break in and steal; but store up for yourselves treasures in heaven, where neither moth nor rust consumes and where thieves do not break in and steal. For where your treasure is, there your heart will be also.”

Celebrant The Holy Gospel of our Lord Jesus Christ according to Luke
People **Glory be to thee, Lord Christ.**

The Sermon

Invitation to the Observance of a Holy Lent BCP 264

Silence is then kept for a time

The prayer over the ashes BCP 265

All are invited to come forward for the imposition of ashes.

Psalms 51 BCP 266

Sung by the choir to plainsong

Litany of Penitence BCP 267

The Peace BCP 332

The Announcements

THE HOLY COMMUNION

During the Offertory Anthem, ushers collect an offering from the congregation. Please stand while the offerings of bread, wine, money, and other gifts are brought to the Altar.

Anthem

Call to remembrance *Richard Farrant*

*Call to remembrance, O Lord,
Thy tender mercies
and Thy loving kindness,
which hath been ever of old,
O remember not the sins and offences of my youth:
but according to Thy mercy
think Thou on me, O Lord,
for Thy goodness.*

Text: Psalm 25:5-6

The people stand.

The Great Thanksgiving **BCP 340**

Celebrant The Lord be with you.
People **And with thy spirit.**

Celebrant Lift up your hearts.
People **We lift them up unto the Lord.**

Celebrant Let us give thanks unto our Lord God.
People **It is meet and right so to do.**

The Sanctus *sung by all* **Hymn S-115**

The Lord's Prayer **BCP 336**

The Breaking of the Bread **BCP 337**

Celebrant and People **We do not presume to come to this thy Table, O merciful Lord, trusting in our own righteousness, but in thy manifold and great mercies. We are not worthy so much as to gather up the crumbs under thy Table. But thou art the same Lord whose property is always to have mercy. Grant us therefore, gracious Lord, so to eat the flesh of thy dear Son Jesus Christ and to drink his blood, that we may evermore dwell in him, and he in us. Amen.**

Fraction Anthem *sung by all* **Hymn S-159**

The Administration of Holy Communion

Ushers will assist in directing the flow of communicants to ensure social distancing at all times. Today, there will be Holy Communion in only one kind. The center aisle goes one way toward the altar. Please move to one of the stations on your side of the church. The side aisles are used to return to your pew. Please let an usher know if you need Holy Communion brought to you.

Motet

Hide not thou thy face *Richard Farrant*

*Hide not thou thy face from us, O Lord,
and cast not off thy servant in thy displeasure;
for we confess our sins unto thee
and hide not our unrighteousness.
For thy mercy's sake,
deliver us from all our sins.*

Text: Psalm 27:10

Hymn 701 Jesus, all my gladness *Jesu, meine Freude*

The Postcommunion Prayer **BCP 339**

Solemn prayer over the people

Hymn 148 Creator of the earth and skies *Uffingham*

The Dismissal

Postlude Erbarm dich mein, o Herre Gott, BWV 721 *Johann Sebastian Bach*

Celebrant

The Very Rev. Amy Dafler Meaux

Preacher

The Rev. Canon Dr. Lisa Corry

Assisting Clergy

The Rev. Deb Cooper, The Rev. Susan Payne

Lector

Missy McCain

Director of Music

Dr. Colin MacKnight

Notes on the Notes

For the season of Lent, we are switching to plainsong for much of our service music. Until the ninth century, plainsong (also referred to as plainchant and Gregorian chant) was the exclusive form of Western church music. Traditionally, plainsong is sung in Latin and without accompaniment; most of ours, however, will be in English with organ accompaniment. The congregation will sing the Kyrie, Sanctus, and Agnus Dei, and the choir will chant the psalms to plainsong rather than the usual Anglican chant. Singing plainsong might feel unfamiliar, particularly because it has no meter, but do not be deterred! The lack of meter makes this type of music very speech-like and intuitive. I encourage everyone to fully participate in this beautiful body of music.