

The Holy Eucharist, Rite II

August 18 at 10:30 a.m.

Thirteenth Sunday after Pentecost

Welcome. If you are a visitor, we are grateful that you have joined us and hope that you find space here to come close to God. We welcome all who seek the Holy, no matter your background. At Trinity Episcopal Cathedral, we pray, celebrate, and share our gifts with each other, our neighbors, and our community, as we serve God and represent the Episcopal Diocese of Arkansas. We'd love to connect with you about how to make this church your home. To do so, please fill out one of the pew cards in front of you and drop it in the offertory plate.

**Infants and Toddlers:** Nursery care is available for infants and toddlers up to 4 years old. Children's engagement materials can be found near the bell tower doors. The bell tower has a speaker that allows you to hear the service if you need to step out with your child. Ask an usher or greeter for directions to either location.

If you would like to know about the Cathedral building and its history, a docent-led tour is available following the service. The tour starts in the baptistry at the back of the church.

The service is found in the black Book of Common Prayer (BCP). Hymns are found in the red hymnal.

PRELUDE FUGUE IN F, BWV 540 Johann Sebastian Bach

Processional Hymn 420 When in our music God is glorified Engelberg

# THE WORD OF GOD

Celebrant Blessed be God: Father, Son, and Holy Spirit.

People And blessed be his kingdom, now and for ever. Amen.

Celebrant Almighty God, to you all hearts are open, all desires known, and from you no secrets

are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our

Lord. **Amen**.

GLORIA HYMNAL S-280

#### THE COLLECT OF THE DAY

*Celebrant* The Lord be with you. And also with you. People

Celebrant Almighty God, you have given your only Son to be for us a sacrifice for sin, and also an example of godly life: Give us grace to receive thankfully the fruits of his redeeming work, and to follow daily in the blessed steps of his most holy life; through Jesus Christ your Son our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.

The people sit.

### THE FIRST READING

I KINGS 2:10-12; 3:3-14

David slept with his ancestors, and was buried in the city of David. The time that David reigned over Israel was forty years; he reigned seven years in Hebron, and thirty-three years in Jerusalem. So Solomon sat on the throne of his father David; and his kingdom was firmly established.

Solomon loved the LORD, walking in the statutes of his father David; only, he sacrificed and offered incense at the high places. The king went to Gibeon to sacrifice there, for that was the principal high place; Solomon used to offer a thousand burnt offerings on that altar. At Gibeon the LORD appeared to Solomon in a dream by night; and God said, "Ask what I should give you." And Solomon said, "You have shown great and steadfast love to your servant my father David, because he walked before you in faithfulness, in righteousness, and in uprightness of heart toward you; and you have kept for him this great and steadfast love, and have given him a son to sit on his throne today. And now, O Lord my God, you have made your servant king in place of my father David, although I am only a little child; I do not know how to go out or come in. And your servant is in the midst of the people whom you have chosen, a great people, so numerous they cannot be numbered or counted. Give your servant therefore an understanding mind to govern your people, able to discern between good and evil; for who can govern this your great people?"

It pleased the Lord that Solomon had asked this. God said to him, "Because you have asked this, and have not asked for yourself long life or riches, or for the life of your enemies, but have asked for yourself understanding to discern what is right, I now do according to your word. Indeed I give you a wise and discerning mind; no one like you has been before you and no one like you shall arise after you. I give you also what you

have not asked, both riches and honor all your life; no other king shall compare with you. If you will walk in my ways, keeping my statutes and my commandments, as your father David walked, then I will lengthen your life."

Lector The Word of the Lord.
People Thanks be to God.

### PSALM 111 spoken in unison

## Hallelujah!

I will give thanks to the LORD with my whole heart, \* in the assembly of the upright, in the congregation.

Great are the deeds of the LORD! \*
they are studied by all who delight in them.

His work is full of majesty and splendor, \* and his righteousness endures for ever.

He makes his marvelous works to be remembered; \* the LORD is gracious and full of compassion.

He gives food to those who fear him; \*
he is ever mindful of his covenant.

He has shown his people the power of his works \* in giving them the lands of the nations.

The works of his hands are faithfulness and justice; \* all his commandments are sure.

They stand fast for ever and ever, \*
because they are done in truth and equity.

He sent redemption to his people; he commanded his covenant for ever; \* holy and awesome is his Name.

The fear of the LORD is the beginning of wisdom; \* those who act accordingly have a good understanding; his praise endures for ever.

THE EPISTLE EPHESIANS 5:15-20

Be careful then how you live, not as unwise people but as wise, making the most of the time, because the days are evil. So do not be foolish, but understand what the will of the Lord is. Do not get drunk with wine, for that is debauchery; but be filled with the Spirit, as you sing psalms and hymns and spiritual songs among yourselves, singing and making melody to the Lord in your hearts, giving thanks to God the Father at all times and for everything in the name of our Lord Jesus Christ.

Lector

The Word of the Lord.

People Thanks be to God.

Hymn 488 Be thou my vision Slane

The Gospel John 6:51-58

Deacon

The Holy Gospel of our Lord Jesus Christ according to John.

People Glory to you, Lord Christ.

Jesus said, "I am the living bread that came down from heaven. Whoever eats of this bread will live forever; and the bread that I will give for the life of the world is my flesh."

The Jews then disputed among themselves, saying, "How can this man give us his flesh to eat?" So Jesus said to them, "Very truly, I tell you, unless you eat the flesh of the Son of Man and drink his blood, you have no life in you. Those who eat my flesh and drink my blood have eternal life, and I will raise them up on the last day; for my flesh is true food and my blood is true drink. Those who eat my flesh and drink my blood abide in me, and I in them. Just as the living Father sent me, and I live because of the Father, so whoever eats me will live because of me. This is the bread that came down from heaven, not like that which your ancestors ate, and they died. But the one who eats this bread will live forever."

Deacon

The Gospel of the Lord.

People

Praise to you, Lord Christ.

THE SERMON

#### THE NICENE CREED

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

#### Prayers of the People: Form III

The Leader and People pray responsively

Father, we pray for your holy Catholic Church;

That we all may be one.

Grant that every member of the Church may truly and humbly serve you; **That your Name may be glorified by all people.** 

We pray for all bishops, priests, and deacons;

That they may be faithful ministers of your Word and Sacraments.

We pray for all who govern and hold authority in the nations of the world;

That there may be justice and peace on the earth.

Give us grace to do your will in all that we undertake;

That our works may find favor in your sight.

Have compassion on those who suffer from any grief or trouble;

That they may be delivered from their distress.

Give to the departed eternal rest.

Let light perpetual shine upon them.

We praise you for your saints who have entered into joy; May we also come to share in your heavenly kingdom.

Let us pray for our own needs and those of others.

Silence

#### CONFESSION OF SIN

Deacon Let us confess our sins against God and our neighbor.

Silence may be kept.

Minister and People

Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.

#### THE PEACE

Celebrant The peace of the Lord be always with you.

People And also with you.

Then all may greet one another in the name of the Lord.

#### THE ANNOUNCEMENTS

### THE HOLY COMMUNION

During the Offertory Hymn, ushers collect an offering from the congregation. The congregation is invited to stand while singing the hymn.



**OFFERTORY HYMN 665** 

ALL MY HOPE ON GOD IS FOUNDED

Michael

### THE GREAT THANKSGIVING, PRAYER B

The Lord be with you. Celebrant

And also with you. People

Celebrant Lift up your hearts.

We lift them to the Lord. People

Celebrant Let us give thanks unto the Lord our God. It is right to give our thanks and praise. People

Celebrant It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth...

> ...Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

**S**ANCTUS sung by all Hymnal S-129

The people stand or kneel.

Celebrant We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son...

... Therefore, according to his command, O Father,

Celebrant and People

We remember his death, We proclaim his resurrection, We await his coming in glory;

#### The Celebrant continues

And we offer our sacrifice of praise and thanksgiving to you, ...

...By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **AMEN**.

And now as our Savior Christ hath taught us, we are bold to say,

### People and Celebrant

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

#### THE BREAKING OF THE BREAD

Silence is kept.

## THE FRACTION ANTHEM sung by all

Hymnal S-163

Celebrant The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

### THE ADMINISTRATION OF HOLY COMMUNION

Ushers will assist in directing the flow of communicants. If you would prefer a blessing, simply cross your arms over your chest. Please let an usher know if you need Holy Communion brought to you.

#### Music at Communion

All are invited to sing the hymn.

#### **Hymn 312**

STRENGTHEN FOR SERVICE, LORD

Malahar

#### THE POSTCOMMUNION PRAYER

Celebrant Let us pray.

Celebrant and People

Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.

### THE BLESSING

#### THE DISMISSAL

Deacon Go in peace to love and serve the Lord

People Thanks be to God.

POSTLUDE TOCCATA IN F, BWV 540

Johann Sebastian Bach

#### & ALTAR GIFTS €

To the glory of God and in Loving memory of Francis and Albert Lee Housley, and Mary and Albert Lee Shults by Belinda Shuits

To the glory of God and in Loving memory of Dorothy Brittain Tanner and Fred Tanner Sr. by Sydney, Fred, Jr, and Jill Tanner

## LITURGICAL LEADERS

Celebrant The Rev. Susan Payne, Priest Associate

Preacher The Very Rev. Amy Dafler Meaux, Dean and Rector

Assisting Clergy The Rev. Thomas Alexander, Deacon

Lectors Richard Moore, xxx

Intercessor Sheila Mehaffy

Lay Eucharistic Ministers Missy McCain, Otis Howe

Acolytes Kate Faulkner, Oliver Wippo, Maggie Wippo

Music Dr. Colin MacKnight, Director of Music

Josiah Wheeler, Cantor

Ushers Susan Borné, Herschel Cast, Josh Hill,

Rettina Hill, Lisa McNeir

Tom Fennell

**Notes on the Notes:** Bach's Toccata and Fugue in F, BWV 540 is a distinctive work in several ways. First is the extraordinary length of the toccata; it clocks in at 438 bars – far more than any other movement of organ music by Bach. Second is that the Toccata exceeds the range of a typical Baroque organ, including notes for both hands and feet that go higher than most organs could. (Nowadays, almost all instruments can play these notes.) Third is that the fugue is one of only a handful of double fugues – a fugue with two themes that are eventually combined – that Bach wrote for the organ. While this type of fugue is self-consciously erudite, Bach also had no qualms about bending and breaking the rules of 18th century musical composition in this work.

## **Events and Information**

### This week at and around the Cathedral

Monday 8:30 am, Traditional Morning Prayer

Tuesday 8:30 am, Expansive Language Morning Prayer

5:30 pm, Vestry Meeting

Wednesday 9 am, Morning Prayer

5 pm, Trinity Ringing Society Practice

5:30 pm, Holy Eucharist with Healing Prayers

Thursday 5:30 pm, Evening Prayer

7 pm, Choir Rehearsal

# Broadway Garden Clean-up and Prep

1621 Broadway St., Little Rock Saturday, August 24, 7 – 10 am

Come help get the garden ready to transition to the next season of planting. Tasks include cleaning out planting beds, raking, cutting back volunteer branches, and planting seeds for winter garden. We will gather early to avoid the heat of the day. Bring gloves and a water bottle.

Breakfast snack and coffee provided. RSVP to Jack Dowling (jack@trinitylittlerock.org).

# **Ministry Exploration Retreat**

Camp Mitchell, Morrilton

Friday, September 13, 5:30 pm - Saturday, September 14 at 3pm

Are you discerning a call to lay or ordained leadership in the church? If so, you are warmly invited to a ministry exploration retreat at Camp Mitchell on September 13-14 hosted by the Commission on Ministry. The retreat will kick off Friday at 5:30 pm with fellowship and conversation about discernment, and will continue Saturday until 3:00 pm with breakout groups and opportunities to hear from lay and ordained leaders from across the diocese. The cost is \$65, and limited scholarships are available. For questions, reach out to the Rev. Deb Cooper at debsilascooper@gmail.com. We hope to see you there! For registration information visit https://bit.ly/ministry\_explore.

**Seeking Sacred Stories:** Three women lost and found in the Old Testament Saturday September 14, 10 am-12:30 pm

Trinity Episcopal Cathedral - in the Parish House Library

Join artist and theological seeker, Lisa Thorpe, in exploring the redacted and reduced voices of women from the Old Testament. We will re-discover Shekinah who guides the Israelites out of Egypt and beyond. We will re-imagine Na'amah of the Ark (Noah's unnamed wife). And finally, we will re-define Eve in the garden. Come and enjoy a creative morning of discussion and discovery, meditation and movement, community and connection.

### Trinitas Chamber Choir Fall Concert

Friday, September 20, 2023 at 7:30 pm The Cathedral of St. Andrew, Little Rock

The Trinitas Ensemble, Little Rock's only professional choir, will present its fall concert on Friday, September 20 at 7:30 pm at The Cathedral of St. Andrew. Founded and directed by Colin MacKnight, the Trinitas Ensemble comprises 16 singers singing a cappella masterpieces ranging from the Renaissance to the present. Tickets cost \$15 and are free for people ages 17 and under. Get tickets at https://tinyurl.com/y5jstn8j

# **Upcoming Adult Formation**

# Adult Bible Study: The Books of Moses

Sundays, 9:15 am – 10:15 am (beginning Sunday, September 8) Conference Room in Keller House

This fall, our Sunday morning Bible Study will read the so-called "Books of Moses," the first five books of the Bible: Genesis, Exodus, Leviticus, Numbers, and Deuteronomy. For the first session on September 8, read Genesis 1:1–2:25. Participants are encouraged to bring a Bible with them each week. To learn more, contact the Rev. Thomas Alexander (thomas@trinitylittlerock.org).

## Breakfast and Bible Study

Mondays, 7:00 am – 8:00 am (beginning Monday, September 9) Community Bakery on Main Street

Join us at our local Community Bakery as we begin the week by sharing breakfast and discussing the Gospel reading for the upcoming Sunday. No prior preparation is involved, but our Monday morning preparations make Sundays even more meaningful. To learn more, contact the Rev. Thomas Alexander (thomas@trinitylittlerock.org).

# Book Club: Shelter Theology by Susan Dunlap

Wednesdays, 6:30 pm - 7:30 pm (beginning Wednesday, September 11) Baker Parlor in Keller House

Join us on Wednesday evenings as we read and discuss various books from across the Church's history, some older and some newer. Our first book for the year is Susan Dunlap's *Shelter Theology: The Religious Lives of People without Homes.* For the first session on September 11, read the Preface and Chapter 1 (pages ix–27). Copies of *Shelter Theology* are available on Amazon, with the Central Arkansas Library System, and elsewhere. This first book is not available through WordWorth Bookstore, but future books will be avialable for sale at a 10% discount. To learn more, contact the Rev. Thomas Alexander (thomas@trinitylittlerock.org).



# SUNDAY, SEPTEMBER 8, 2024

Join us for discovery, worship, information, and fellowship

9:15 am Formation Open House - Parish House

10:30 am Holy Eucharist - Cathedral

11:45 am Kick-Off Brunch - Morrison Hall



By the grace of God and the consent of the people

The Right Reverend John Harmon Bishop of Arkansas

will ordain

# THOMAS MAULDEN ALEXANDER

to the sacred order of priests in Christ's on holy catholic and apolstolic Church.

Saturday, September 21, 2024 at 11 a.m. The Feast of Saint Matthew

Trinity Episcopal Cathedral 310 W. 17th Street, Little Rock, Arkansas

Your prayers and presence are requested.

Clergy to wear red stoles.

Reception to follow.

Children's Materials have moved! If your child(ren) would like a book, coloring activities, or additional quiet engagement materials during church, we have a new area in the corner by the bell tower where you can find those items! Please return materials after worship and help keep this communal space tidy!