

The Third Sunday in Lent

March 23, 2025, 10:30 a.m.

Welcome: If you are a visitor, we are grateful that you have joined us and hope that you find space here to come close to God. We welcome all who seek the Holy, no matter your background. At Trinity Episcopal Cathedral, we pray, celebrate, and share our gifts with each other, our neighbors, and our community, as we serve God and represent the Episcopal Diocese of Arkansas. We'd love to connect with you about how to make this church your home. To do so, please fill out one of the pew cards in front of you and drop it in the offertory plate.

Infants and Toddlers: Nursery care is available for infants and toddlers up to 4 years old. Children's engagement materials can be found near the bell tower doors. The bell tower has a speaker that allows you to hear the service if you need to step out with your child. Ask an usher or greeter for directions to either location.

Hymns are found in the red hymnal.

Throughout Lent, we use traditional language for our worship to mark the contrast of this season.

THE HOLY EUCHARIST, RITE I

Prelude	'Dorian' Fugue in D minor, BWV 538	Johann Sebastian Bach
Нумп 149	Eternal Lord of love, behold your church	Old 124 th

THE PENITENTIAL ORDER

CelebrantBless the Lord who forgiveth all our sins.PeopleHis mercy endureth for ever.

THE DECALOGUE

All kneel or stand.

God spake these words, and said:

I am the Lord thy God who brought thee out of the land of Egypt, out of the house of bondage. Thou shalt have none other gods but me.

Lord have mercy upon us, and incline our hearts to keep this law.

Thou shalt not make to thyself any graven image, nor the likeness of any thing that is in heaven above, or in the earth beneath, or in the water under the earth; thou shalt not bow down to them, nor worship them.

Lord have mercy upon us, and incline our hearts to keep this law.

Thou shalt not take the Name of the Lord thy God in vain. Lord have mercy upon us, and incline our hearts to keep this law.

Remember that thou keep holy the Sabbath day.

Lord have mercy upon us, and incline our hearts to keep this law.

Honor thy father and thy mother.

Lord have mercy upon us, and incline our hearts to keep this law.

Thou shalt do no murder.

Lord have mercy upon us, and incline our hearts to keep this law.

Thou shalt not commit adultery.

Lord have mercy upon us, and incline our hearts to keep this law.

Thou shalt not steal.

Lord have mercy upon us, and incline our hearts to keep this law.

Thou shalt not bear false witness against thy neighbor.

Lord have mercy upon us, and incline our hearts to keep this law.

Thou shalt not covet.

Lord have mercy upon us, and write all these thy laws in our hearts, we beseech thee.

THE CONFESSION OF SIN

Celebrant Let us humbly confess our sins unto Almighty God.

Minister and People

Most merciful God, we confess that we have sinned against thee in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved thee with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of thy Son Jesus Christ, have mercy on us and forgive us; that we may delight in thy will, and walk in thy ways, to the glory of thy Name. Amen.

Celebrant Almighty God, our heavenly Father, who of his great mercy hath promised forgiveness of sins to all those who with hearty repentance and true faith turn unto him, have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and bring you to everlasting life; through Jesus Christ our Lord. **Amen.**

THE KYRIE

THE COLLECT OF THE DAY

Celebrant The Lord be with you.

People And with thy spirit.

Celebrant Let us pray.

Almighty God, who seest that we have no power of ourselves to help ourselves: Keep us both outwardly in our bodies and inwardly in our souls, that we may be defended from all adversities which may happen to the body, and from all evil thoughts which may assault and hurt the soul; through Jesus Christ our Lord, who liveth and reigneth with thee and the Holy Spirit, one God, for ever and ever. **Amen.**

The people sit.

THE FIRST READING

Exodus 3:1-15

Moses was keeping the flock of his father-in-law Jethro, the priest of Midian; he led his flock beyond the wilderness, and came to Horeb, the mountain of God. There the angel of the LORD appeared to him in a flame of fire out of a bush; he looked, and the bush was blazing, yet it was not consumed. Then Moses said, "I must turn aside and look at this great sight, and see why the bush is not burned up." When the LORD saw that he had turned aside to see, God called to him out of the bush, "Moses, Moses!" And he said, "Here I am." Then he said, "Come no closer! Remove the sandals from your feet, for the place on which you are standing is holy ground." He said further, "I am the God of your father, the God of Abraham, the God of Isaac, and the God of Jacob." And Moses hid his face, for he was afraid to look at God.

Then the LORD said, "I have observed the misery of my people who are in Egypt; I have heard their cry on account of their taskmasters. Indeed, I know their sufferings, and I have come down to deliver them from the Egyptians, and to bring them up out of that land to a good and broad land, a land flowing with milk and honey, to the country of the Canaanites, the Hittites, the Amorites, the Perizzites, the Hivites, and the Jebusites. The cry of the Israelites has now come to me; I have also seen how the Egyptians oppress them. So come, I will send you to Pharaoh to bring my people, the Israelites, out of Egypt." But Moses said to God, "Who am I that I should go to Pharaoh, and bring the Israelites out of Egypt?" He said, "I will be with you; and this shall be the sign for you that it is I who sent you: when you have brought the people out of Egypt, you shall worship God on this mountain."

But Moses said to God, "If I come to the Israelites and say to them, 'The God of your ancestors has sent me to you,' and they ask me, 'What is his name?' what shall I say to them?" God said to Moses, "I AM WHO I AM." He said further, "Thus you shall say

to the Israelites, 'I AM has sent me to you.'" God also said to Moses, "Thus you shall say to the Israelites, 'The LORD, the God of your ancestors, the God of Abraham, the God of Isaac, and the God of Jacob, has sent me to you':

This is my name forever, and this my title for all generations."

LectorThe Word of the Lord.PeopleThanks be to God.

PSALM 63:1-8 Deus Deus meus

Sung by the choir to plainsong (Tone II.1)

God, you are my God; eagerly I seek you; * my soul thirsts for you, my flesh faints for you, as in a barren and dry land where there is no water.

Therefore I have gazed upon you in your holy place, * that I might behold your power and your glory.

For your loving-kindness is better than life itself; * my lips shall give you praise.

So will I bless you as long as I live * and lift up my hands in your Name.

My soul is content, as with marrow and fatness, * and my mouth praises you with joyful lips,

When I remember you upon my bed, * and meditate on you in the night watches.

For you have been my helper, * and under the shadow of your wings I will rejoice.

My soul clings to you; * your right hand holds me fast.

THE EPISTLE

I CORINTHIANS 10:1-13

I do not want you to be unaware, brothers and sisters, that our ancestors were all under the cloud, and all passed through the sea, and all were baptized into Moses in the cloud and in the sea, and all ate the same spiritual food, and all drank the same spiritual drink. For they drank from the spiritual rock that followed them, and the rock was Christ. Nevertheless, God was not pleased with most of them, and they were struck down in the wilderness.

Now these things occurred as examples for us, so that we might not desire evil as they did. Do not become idolaters as some of them did; as it is written, "The people

sat down to eat and drink, and they rose up to play." We must not indulge in sexual immorality as some of them did, and twenty-three thousand fell in a single day. We must not put Christ to the test, as some of them did, and were destroyed by serpents. And do not complain as some of them did, and were destroyed by the destroyer. These things happened to them to serve as an example, and they were written down to instruct us, on whom the ends of the ages have come. So if you think you are standing, watch out that you do not fall. No testing has overtaken you that is not common to everyone. God is faithful, and he will not let you be tested beyond your strength, but with the testing he will also provide the way out so that you may be able to endure it.

Lector The Word of the Lord.

People Thanks be to God.

Hymn 648

When Israel was in Egypt's Land

Go Down, Moses

LUKE 13:1-9

During this hymn, children in second grade and younger who want to take part in the Children's Liturgy follow the Good Shepherd banner out of the Nave. They will return at the Peace.

THE GOSPEL

Priest The Holy Gospel of our Lord Jesus Christ according to Luke.

People

Glory be to thee, O Lord.

At that very time there were some present who told Jesus about the Galileans whose blood Pilate had mingled with their sacrifices. He asked them, "Do you think that because these Galileans suffered in this way they were worse sinners than all other Galileans? No, I tell you; but unless you repent, you will all perish as they did. Or those eighteen who were killed when the tower of Siloam fell on them--do you think that they were worse offenders than all the others living in Jerusalem? No, I tell you; but unless you repent, you will all perish just as they did."

Then he told this parable: "A man had a fig tree planted in his vineyard; and he came looking for fruit on it and found none. So he said to the gardener, 'See here! For three years I have come looking for fruit on this fig tree, and still I find none. Cut it down! Why should it be wasting the soil?' He replied, 'Sir, let it alone for one more year, until I dig around it and put manure on it. If it bears fruit next year, well and good; but if not, you can cut it down.'"

- *Priest* The Gospel of the Lord.
- People Praise be to thee, O Christ.

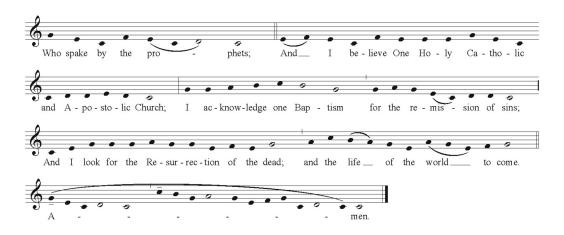
THE SERMON

THE NICENE CREED

Throughout Lent, we sing the Nicene Creed. The beauty and solemnity of doing so helps to mark the contrast of this season.



6



THE PRAYERS OF THE PEOPLE

Let us pray for the whole state of Christ's Church and the world.

Almighty and everliving God, who in thy holy Word hast taught us to make prayers, and supplications, and to give thanks for all men: Receive these our prayers which we offer unto thy divine Majesty, beseeching thee to inspire continually the Universal Church with the spirit of truth, unity, and concord; and grant that all those who do confess thy holy Name may agree in the truth of thy holy Word, and live in unity and godly love.

Give grace, O heavenly Father, to all bishops and other ministers, that they may, both by their life and doctrine, set forth thy true and lively Word, and rightly and duly administer thy holy Sacraments.

And to all thy people give thy heavenly grace, and especially to this congregation here present; that, with meek heart and due reverence, they may hear and receive thy holy Word, truly serving thee in holiness and righteousness all the days of their life.

We beseech thee also so to rule the hearts of those who bear the authority of government in this and every land, that they may be led to wise decisions and right actions for the welfare and peace of the world.

Open, O Lord, the eyes of all people to behold thy gracious hand in all thy works, that, rejoicing in thy whole creation, they may honor thee with their substance, and be faithful stewards of thy bounty.

And we most humbly beseech thee, of thy goodness, O Lord, to comfort and succor all those who in this transitory life, are in trouble, sorrow, need, sickness, or any other adversity.

Additional petitions and thanksgivings may be included here.

And we also bless thy holy Name for all thy servants departed this life in thy faith and fear, beseeching thee to grant them continual growth in thy love and service; and to grant us grace so to follow the good examples of all thy saints, that with them we may be partakers of thy heavenly kingdom.

Grant these our prayers, O Father, for Jesus Christ's sake, our only Mediator and Advocate. **Amen**.

THE PEACE

CelebrantThe peace of the Lord be always with you.PeopleAnd with thy spirit.

Then all may greet one another in the name of the Lord.

THE ANNOUNCEMENTS

THE HOLY COMMUNION

During the Offertory Anthem, ushers collect an offering from the congregation. Use the QR code to make a plate offering.

OFFERTORY ANTHEM

LIKE AS THE HART

Like as the hart desireth the waterbrooks : so longeth my soul after thee, O God. My soul is athirst for God, yea, even for the living God : when shall I come to appear before the presence of God? My tears have been my meat day and night : while they daily say unto me, Where is now thy God? Text: Psalm 42:1-3 Soloist: Paige Cullins



Herbert Howells

THE GREAT THANKSGIVING

The people stand.

CelebrantThe Lord be with you.PeopleAnd with thy spirit.CelebrantLift up your hearts.PeopleWe lift them up unto the Lord.CelebrantLet us give thanks unto our Lord God.PeopleIt is meet and right so to do.

Celebrant It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, holy Father, almighty, everlasting God...

...Therefore with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee, and saying,

SANCTUS sung by all

Нуми S-115

The Celebrant continues

All glory be to thee, Almighty God, our heavenly Father, for that thou, of thy tender mercy, didst give thine only Son Jesus Christ to suffer death upon the cross for our redemption; who made there, by his one oblation of himself once offered, a full, perfect, and sufficient sacrifice, oblation, and satisfaction, for the sins of the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memory of that his precious death and sacrifice, until his coming again. He stretched out his arms upon the cross, and offered himself, in obedience to your will, a perfect sacrifice for the whole world...

...By whom, and with whom, in the unity of the Holy Ghost, all honor and glory be unto thee, O Father Almighty, world without end. **AMEN**.

Celebrant And now as our Savior Christ hath taught us, we are bold to say

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

THE BREAKING OF THE BREAD

A period of silence is kept.

FRACTION ANTHEM sung by all

Celebrant and People

We do not presume to come to this thy Table, O merciful Lord, trusting in our own righteousness, but in thy manifold and great mercies. We are not worthy so much as to gather up the crumbs under thy Table. But thou art the same Lord whose property is always to have mercy. Grant us therefore, gracious Lord, so to eat the flesh of thy dear Son Jesus Christ and to drink his blood, that we may evermore dwell in him, and he in us. Amen.

Celebrant The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

THE ADMINISTRATION OF HOLY COMMUNION

Ushers will direct you to the altar rail. Please let an usher know if you need Holy Communion brought to you.

Motet

Lord, for thy tender mercy's sake

Richard Farrant

Lord, for thy tender mercy's sake, Lay not our sins to our charge. But forgive that is past, And give us grace to amend our sinful lives. to decline from sin, and incline to virtue, That we may walk in a perfect heart, Before thee now and evermore. Amen. Text from J. Bull's Christian Prayers and Holie Meditations

St. Agnes

Нуми 343

Shepherd of souls, refresh and bless

THE POSTCOMMUNION PRAYER

Celebrant Let us pray. Celebrant and People

Almighty and everliving God, we most heartily thank thee for that thou dost feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Savior Jesus Christ; and dost assure us thereby of thy favor and goodness towards us; and that we are very members incorporate in the mystical body of thy Son, the blessed company of all faithful people; and are also heirs, through hope, of thy everlasting kingdom. And we humbly beseech thee, O heavenly Father, so to assist us with thy grace, that we may continue in that holy fellowship, and do all such good works as thou hast prepared for us to walk in; through Jesus Christ our Lord, to whom with thee and the Holy Ghost, be all honor and glory, world without end. Amen. If people are being sent to take the Bread and Wine to those who are absent, the Celebrant says

- *Celebrant* In the name of this congregation, I send you forth bearing these holy gifts, that those to whom you go may share with us in the communion of Christ's body and blood.
- People We who are many are one, because we all share one bread and one cup. Amen.

THE SOLEMN PRAYER OVER THE PEOPLE

The Celebrant prays over the people, saying,

Bow down before the Lord.

Look mercifully on this thy family, Almighty God, that, by thy great goodness, they may be governed and preserved evermore; through Christ our Lord. **Amen**.

Hymn 574	Before thy throne, O God, we kneel	St. Petersburg
THE D ISM	ISSAL	
Priest People	Let us bless the Lord. Thanks be to God.	
Postlude	'Dorian' Toccata in D minor, BWV 538	Johann Sebastian Bach

If you would like to know about the Cathedral building and its history, a docent-led tour is available following the service. The tour starts in the baptistery at the back of the church.

Notes on the Notes: Today's voluntaries comprise Bach's "Dorian" Toccata and Fugue in D minor, BWV 538. (The nickname "Dorian" is to distinguish it from the more famous, unnicknamed Toccata and Fugue in D minor.) The energetic Toccata reveals a strong Italian influence through its motoric and relentless rhythm. It is also one of the only works in which Bach indicates manual changes (i.e. switching between keyboards to vary the sound). The fugue is one of Bach's most austere compositions. At about 9 minutes, it is also his longest fugue for a keyboard instrument.

LITURGICAL LEADERS

The Rt. R	ev. Dr. John T. W. Harmon, Bishop of Arkansas, Dean Pro Tempore
Celebrant	The Rev. Thomas Alexander, Curate
Preacher	The Rev. Danny Schieffler, Interim Vicar
Assisting Clergy	The Rev. Susan Payne
Lectors	Charliss Russ, Peter Hartstein
Intercessor	Herschel Cast
Lay Eucharistic Ministers	Peter Hartstein, Christy Kalder
Children's Liturgy Leader	Tori Tackett
Acolytes	Harper Bennings, Matsy Leacock
Music	Dr. Colin MacKnight, <i>Director of Music</i> Jeremiah Mead, <i>Associate Director of Music</i> Trinity Cathedral Choir The Trinity Ringing Society
Ushers	Herschel Cast, Harold Joyner, Ann Morledge, George Morledge
Docent	Tom Fennell

Events and Information

This week at and around the Cathedral

Today	4 pm, Choral Evensong with Holy Eucharist	
-	5 pm, Catechumenate Class	
Monday	7 am, Breakfast and Bible Study	
	8:30 am, Morning Prayer	
Tuesday	8:30 am, Morning Prayer	
Wednesday	8:30 am, Morning Prayer	
	12:15 pm, Bach Organ Recital	
	4 pm, Trinity Chorister Rehearsal	
	5 pm, Trinity Ringing Society Practice	
	5:30 pm, Eucharist with Healing Prayers	
	6:30 pm, Book Club	
	7:30 pm, Lenten Choral Compline	
Thursday	8 am, Men's Group	
	8:30 am, Morning Prayer	
	5:15 pm, Evening Prayer	
	6:30 pm, Choir rehearsal	

Trinity News

Choral Complines in Lent

Each Wednesday in Lent the Trinity Schola will sing the service of Compline at 7:30 in the Cathedral Chancel. All are welcome to attend this beautiful, contemplative service.

Playground Hangout for Parents and Kids!

Saturday, April 5, 9:00 - 11:00 a.m.

Families with kids ages 6 and under are invited to drop by the ECEP/Trinity Playground (16th & Center) for donuts, coffee, and casual conversation about new parent ministry offerings! Hosted by Tori Tackett and Sara Slimp.

Questions? Contact Emma Mitchell at emma@trinitylittlerock.org

Time for J.O.Y Retreat for Women

Friday, April 4 - Sunday, April 6 – Ferncliff Retreat House

At Time for Joy participants enjoy a weekend of pampering, music, healthy food, spiritual direction, and worship. Jerusalem Greer is a member of the staff of the Presiding Bishop of The Episcopal Church. She is an author, a preacher, teacher, and speaker.

All-inclusive retreat style accommodations, meals and programming: \$300

Scholarships are available until March 15 or until all funds are designated. Send scholarship requests or questions to Denise Albert deni500@aol.com.

Sixth Annual Men's Weekend

April 4 - 6 2025

Camp Mitchell

Mark your calendars for the Sixth Annual Men's Weekend. Better yet, go ahead and register now at campmitchell.org. The Rev. Lowell Grisham will be our leader and explore the many forms of communicating with God and others. 32 of us ushered in the new, revitalized Newport Cabin and Jackson Chapel at the 5th Annual Men's Weekend in 2024. Share this info with others in your church, family and friends. Announce this happening in your services, place a note in your bulletins. Shout it from the mountain tops. More info to follow....now, mark your calendars.

Palm Cross Making

Saturday April 12 at 9:00

Ever wonder where those awesome palm crosses come from on Palm Sunday? Come join us in Morrison Hall on Saturday April 12 at 9:00 is help create them. There are multiple methods and we are happy to teach you how to make them as we prepare for Holy Week. All are welcome to come help. We will have coffee and donuts available. Contact Dawn Howe for more information. 501-690-0997 or howeow@aol.com



Insights Lecture Series presents "A Theology of City Planning"



A Lecture and Panel Discussion with the Rev. Dr. Willie James Jennings

Trinity Episcopal Cathedral, Little Rock Friday, April 4, 2025, 6:30 pm – 8:00 pm \$25 for admission, free for students

What kind of city do we want to live in? What kind of city should we live in? And how might a Christian participate in making those decisions? As Little Rock undergoes a new city planning process, Trinity Episcopal Cathedral welcomes the Rev. Dr. Willie James Jennings, one of the world's leading and most celebrated theologians, to speak about a "theology of city planning" as a part of the Insights Lecture Series. Immediately after his lecture, Professor Jennings will participate in a panel discussion with local change-makers, Kathy Webb and Jay Jennings. A reception will follow in Morrison Hall.













Holy Week at Trinity

Join us at Trinity as we walk with our Lord toward the cross and resurrection. Regular attendance throughout Holy Week makes Easter Sunday all the more meaningful.

Palm Sunday, April 13

8:00 am – Holy Eucharist with Liturgy of the Palms
10:30 am – Holy Eucharist with Liturgy of the Palms and Procession (Cathedral)¹³

4:00 pm – Holy Week Musical Meditation: Stabat Mater by Pergolesi ¹

Monday in Holy Week, April 14 8:30 am – Morning Prayer (Chapel) 12:00 pm – Holy Eucharist (Chapel) Tuesday in Holy Week, April 15 8:30 am – Morning Prayer (Chapel) 12:00 pm – Holy Eucharist with Renewal of Clergy Vows and Blessing of Chrism (Cathedral)

Wednesday in Holy Week, April 16 8:30 am – Morning Prayer (Chapel) 12:00 pm – Holy Eucharist (Chapel) 5:30 pm – Community Dinner (Morrison Hall) 6:00 pm – Koinonia with Footwashing 7:00 pm – The Office of Tenebrae (Cathedral) ¹

Maundy Thursday, April 17 8:30 am – Morning Prayer (Chapel) 7:00 pm – Holy Eucharist with Stripping of the Altar (Cathedral) ¹

Good Friday, April 18 12:00 pm – The Liturgy for Good Friday (Cathedral) ¹

Holy Saturday, April 19 9:00 am – The Liturgy for Holy Saturday (Treadway Garden) 7:00 pm – The Great Vigil of Easter (Cathedral) ²³

Easter Sunday, April 20 7:00 am – Holy Eucharist (Cathedral) 9:00 am – Holy Eucharist with Choir and Strings (Cathedral) ¹²³ 10:15 am – Easter Egg Hunt (Garth and Treadway Garden) 11:00 am – Holy Eucharist with Choir and Strings (Cathedral) ¹²³

¹This service will be livestreamed ²Incense will be used at this service ³Child care available