



Welcome: *Whether you are a first-time visitor or a long-time member, we are honored to worship with you today. If you are searching for a church home, we would love to tell you more about this congregation and to learn more about you. Fill out a visitor card found in the back of the pew in front of you, drop it in the offering plate, and we'll be in conversation with you this week. If you would like to know more about the cathedral, a tour of the building is available immediately following the service. A tour guide will meet you in the baptistry in the back of the church. Above all, please know that this is your Cathedral, and all are welcome.*

Children in Worship: *We love the presence of children in our worship services here at Trinity. Engaging materials for children can be found near the bell tower doors in the back of the Cathedral. The bell tower has a speaker that allows you to hear the service if you need to step out with your child. Nursery care is also available for infants and toddlers up to 4 years old. If you need directions, our ushers and greeters would be happy to show you the way.*

Hymns are found in the red hymnal.

THE PRELUDE

Prelude in C-sharp minor, Op. 3, No. 2

Sergei Rachmaninov (arr. Hull)

THE HOLY EUCHARIST, RITE I

THE GREAT LITANY

<p><i>Officiant</i></p> <p>▬</p>	<p><i>People</i></p> <p>○ ● ● ● ● ● ● ●</p>
<p>O God the Father, Creator of heaven and earth, Have mer - cy up - on us.</p>	
<p><i>Officiant</i></p> <p>▬</p>	<p><i>People</i></p> <p>○ ● ● ● ● ● ● ●</p>
<p>O God the Son, Redeemer of the world, Have mer - cy up - on us.</p>	
<p><i>Officiant</i></p> <p>▬</p>	<p><i>People</i></p> <p>○ ● ● ● ● ● ● ●</p>
<p>O God the Holy Ghost, Sanctifier of the faith - ful, Have mer - cy up - on us.</p>	
<p><i>Officiant</i></p> <p>▬</p>	<p><i>People</i></p> <p>○ ● ● ● ● ● ● ●</p>
<p>O holy, blessed, and glorious Trinity, one God, Have mer - cy up - on us.</p>	

Officiant

Remember not, Lord Christ, our offenses, nor the offenses of our forefathers; neither reward us according to our sins. Spare us, good Lord, spare thy people, whom thou hast redeemed with thy most precious blood, and by thy mercy

People
preserve us for ev - er. Spare us, good Lord.

Officiant

From all evil and wickedness; from sin; from the crafts and assaults of the

devil; and from everlast - ing dam - na - tion,

People

Good Lord, de - liv - er us.

(This same response is sung after the petitions that follow)

From all blindness of heart; from pride, vainglory, and hypocrisy;
from envy, hatred, and malice; and from all want of charity,
Good Lord, deliver us.

From all inordinate and sinful affections; and from all the
deceits of the world, the flesh, and the devil,
Good Lord, deliver us.

From all false doctrine, heresy, and schism; from hardness
of heart, and contempt of thy Word and commandment,
Good Lord, deliver us.

From lightning and tempest; from earthquake, fire, and
flood; from plague, pestilence, and famine,
Good Lord, deliver us.

From all oppression, conspiracy, and rebellion; from
violence, battle, and murder; and from dying suddenly and
unprepared,
Good Lord, deliver us.

By the mystery of thy holy Incarnation; by thy holy Nativity and submission to the Law; by thy Baptism, Fasting, and Temptation,

Good Lord, deliver us.

By thine Agony and Bloody Sweat; by thy Cross and Passion; by thy precious Death and Burial; by thy glorious Resurrection and Ascension; and by the Coming of the Holy Ghost,

Good Lord, deliver us.

In all time of our tribulation; in all time of our prosperity; in the hour of death, and in the day of judgment,

Good Lord, deliver us.

We sinners do beseech thee to hear us, O Lord God; and that it may please thee to rule and govern thy holy Church Universal in the right way,



We beseech thee to hear us, good Lord.

(This same response is sung after the petitions that follow)

That it may please thee to illumine all bishops, priests, and deacons, with true knowledge and understanding of thy Word; and that both by their preaching and living, they may set it forth, and show it accordingly,

We beseech thee to hear us, good Lord.

That it may please thee to bless and keep all thy people,

We beseech thee to hear us, good Lord.

That it may please thee to send forth laborers into thy harvest, and to draw all mankind into thy kingdom,

We beseech thee to hear us, good Lord.

That it may please thee to give to all people increase of grace to hear and receive thy Word, and to bring forth the fruits of the Spirit,

We beseech thee to hear us, good Lord.

That it may please thee to bring into the way of truth all such as have erred, and are deceived,

We beseech thee to hear us, good Lord.

That it may please thee to give us a heart to love and fear thee, and diligently to live after thy commandments,

We beseech thee to hear us, good Lord.

That it may please thee so to rule the hearts of thy servants, the President of the United States, and all others in authority, that they may do justice, and love mercy, and walk in the ways of truth,

We beseech thee to hear us, good Lord.

That it may please thee to make wars to cease in all the world; to give to all nations unity, peace, and concord; and to bestow freedom upon all peoples,

We beseech thee to hear us, good Lord.

That it may please thee to show thy pity upon all prisoners and captives, the homeless and the hungry, and all who are desolate and oppressed,

We beseech thee to hear us, good Lord.

That it may please thee to give and preserve to our use the bountiful fruits of the earth, so that in due time all may enjoy them,

We beseech thee to hear us, good Lord.

That it may please thee to inspire us, in our several callings, to do the work which thou givest us to do with singleness of heart as thy servants, and for the common good,

We beseech thee to hear us, good Lord.

That it may please thee to preserve all who are in danger by reason of their labor or their travel,

We beseech thee to hear us, good Lord.

That it may please thee to preserve, and provide for, all women in childbirth, young children and orphans, the widowed, and all whose homes are broken or torn by strife,

We beseech thee to hear us, good Lord.

That it may please thee to visit the lonely; to strengthen all who suffer in mind, body, and spirit; and to comfort with thy presence those who are failing and infirm,

We beseech thee to hear us, good Lord.

That it may please thee to support, help, and comfort all who are in danger, necessity, and tribulation,

We beseech thee to hear us, good Lord.

That it may please thee to have mercy upon all mankind,
We beseech thee to hear us, good Lord.

That it may please thee to give us true repentance; to forgive
us all our sins, negligences, and ignorances; and to endue
us with the grace of thy Holy Spirit to amend our lives
according to thy holy Word,
We beseech thee to hear us, good Lord.

That it may please thee to forgive our enemies, persecutors,
and slanderers, and to turn their hearts,
We beseech thee to hear us, good Lord.

That it may please thee to strengthen such as do stand; to
comfort and help the weak-hearted; to raise up those who
fall; and finally to beat down Satan under our feet,
We beseech thee to hear us, good Lord.

That it may please thee to grant to all the faithful departed
eternal life and peace,
We beseech thee to hear us, good Lord.

That it may please thee to grant that, in the fellowship of
all the saints, we may attain to thy
heavenly kingdom,
We beseech thee to hear us, good Lord.



Officiant Son of God, we beseech thee to hear us.
People Son of God, we beseech thee to hear us.



Officiant O Lamb of God, that takest away the sins of the world, Have mer-cy up-on us.
People O Lamb of God, that takest away the sins of the world, Have mer-cy up-on us.



Officiant O Lamb of God, that takest away the sins of the world, Grant us thy peace.
People



Officiant O Christ, hear us. *People* O Christ, hear us.

THE KYRIE

Lord, have mer - cy up - on us.

Lord, have mer - cy up - on us.

Lord, have mer - cy up - on us.

Christ, have mer - cy up - on us. Christ,

have mer - cy up - on us. Christ, have mer - cy

up - on us. Lord, have mer - cy up -

on us. Lord, have mer - cy

up - on us. Lord,

Lord,

THE COLLECT OF THE DAY

Celebrant The Lord be with you.

People **And with thy spirit.**

Celebrant Let us pray.

Almighty God, whose blessed Son was led by the Spirit to be tempted of Satan: Make speed to help thy servants who are assaulted by manifold temptations; and, as thou knowest their several infirmities, let each one find thee mighty to save; through Jesus Christ thy Son our Lord, who liveth and reigneth with thee and the Holy Spirit, one God, now and for ever. **Amen.**

All sit.

THE FIRST READING

GENESIS 2:15-17; 3:1-7

The LORD God took the man and put him in the garden of Eden to till it and keep it. And the LORD God commanded the man, "You may freely eat of every tree of the garden; but of the tree of the knowledge of good and evil you shall not eat, for in the day that you eat of it you shall die."

Now the serpent was more crafty than any other wild animal that the LORD God had made. He said to the woman, "Did God say, 'You shall not eat from any tree in the garden?'" The woman said to the serpent, "We may eat of the fruit of the trees in the garden; but God said, 'You shall not eat of the fruit of the tree that is in the middle of the garden, nor shall you touch it, or you shall die.'" But the serpent said to the woman, "You will not die; for God knows that when you eat of it your eyes will be opened, and you will be like God, knowing good and evil." So when the woman saw that the tree was good for food, and that it was a delight to the eyes, and that the tree was to be desired to make one wise, she took of its fruit and ate; and she also gave some to her husband, who was with her, and he ate. Then the eyes of both were opened, and they knew that they were naked; and they sewed fig leaves together and made loincloths for themselves.

Lector The Word of the Lord.

People **Thanks be to God.**

Happy are they whose transgressions are forgiven, *
 and whose sin is put away!

*Happy are they to whom the LORD imputes no guilt, *
 and in whose spirit there is no guile!*

*While I held my tongue, my bones withered away, *
 because of my groaning all day long.*

*For your hand was heavy upon me day and night; *
 my moisture was dried up as in the heat of summer.*

*Then I acknowledged my sin to you, *
 and did not conceal my guilt.*

*I said, "I will confess my transgressions to the LORD." *
 Then you forgave me the guilt of my sin.*

*Therefore all the faithful will make their prayers to you in time of trouble; *
 when the great waters overflow, they shall not reach them.*

*You are my hiding-place; you preserve me from trouble; *
 you surround me with shouts of deliverance.*

*"I will instruct you and teach you in the way that you should go; *
 I will guide you with my eye.*

*Do not be like horse or mule, which have no understanding; *
 who must be fitted with bit and bridle, or else they will not stay near you."*

*Great are the tribulations of the wicked; *
 but mercy embraces those who trust in the LORD.*

*Be glad, you righteous, and rejoice in the LORD; *
 shout for joy, all who are true of heart.*

THE SECOND READING

ROMANS 5:12-19

As sin came into the world through one man, and death came through sin, and so death spread to all because all have sinned—sin was indeed in the world before the law, but sin is not reckoned when there is no law. Yet death exercised dominion from Adam to Moses, even over those whose sins were not like the transgression of Adam, who is a type of the one who was to come.

But the free gift is not like the trespass. For if the many died through the one man's trespass, much more surely have the grace of God and the free gift in the grace of the

one man, Jesus Christ, abounded for the many. And the free gift is not like the effect of the one man's sin. For the judgment following one trespass brought condemnation, but the free gift following many trespasses brings justification. If, because of the one man's trespass, death exercised dominion through that one, much more surely will those who receive the abundance of grace and the free gift of righteousness exercise dominion in life through the one man, Jesus Christ.

Therefore just as one man's trespass led to condemnation for all, so one man's act of righteousness leads to justification and life for all. For just as by the one man's disobedience the many were made sinners, so by the one man's obedience the many will be made righteous.

Lector The Word of the Lord.

People **Thanks be to God.**

HYMN 150

FORTY DAYS AND FORTY NIGHTS

Aus der Tiefe rufe ich

During this hymn, children in second grade and younger who want to take part in the Children's Liturgy follow the Good Shepherd banner out of the Cathedral. They will return at the Peace.

THE GOSPEL

MATTHEW 4:1-11

Deacon The Holy Gospel of our Lord Jesus Christ according to Matthew.

People **Glory be to thee, O Lord.**

Jesus was led up by the Spirit into the wilderness to be tempted by the devil. He fasted forty days and forty nights, and afterwards he was famished. The tempter came and said to him, "If you are the Son of God, command these stones to become loaves of bread." But he answered, "It is written,

'One does not live by bread alone, but by every word that comes from the mouth of God.'"

Then the devil took him to the holy city and placed him on the pinnacle of the temple, saying to him, "If you are the Son of God, throw yourself down; for it is written,

'He will command his angels concerning you,' and 'On their hands they will bear you up, so that you will not dash your foot against a stone.'"

Jesus said to him, "Again it is written, 'Do not put the Lord your God to the test.'"

Again, the devil took him to a very high mountain and showed him all the kingdoms of the world and their splendor; and he said to him, "All these I will give you, if you will fall down and worship me." Jesus said to him, "Away with you, Satan! for it is written,

‘Worship the Lord your God, and serve only him.’”

Then the devil left him, and suddenly angels came and waited on him.

Deacon The Gospel of the Lord.

People **Praise be to thee, O Christ.**

THE SERMON

THE NICENE CREED

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

THE PEACE

Celebrant The peace of the Lord be always with you.

People **And with thy spirit.**

Then all may greet one another in the name of the Lord.

ANNOUNCEMENTS

THE HOLY COMMUNION

ANTHEM

INSANAE ET VANAE CURAE

Franz Joseph Haydn

*Insanae et vanae curae invadunt mentes nostras.
Saepe furore replent corda, privata spe.
Quid prodest, O mortalis, conari pro mundanis,
si coelos negligas?
Sunt fausta tibi cuncta, si Deus est pro te.*

Vain and raging cares invade our minds,
Madness often fills the heart, robbed of hope,
O mortal man, what does it profit to endeavour at worldly things,
if you should neglect the heavens?
If God is for you, all things are favorable for you.

During the Offertory Anthem, representatives of the congregation bring the people's offerings of bread, wine, money, and other gifts to the Celebrant. The people stand while the offerings are brought forward and placed on the Altar.

Use the QR code to make a plate offering.



THE GREAT THANKSGIVING

The people stand.

Celebrant The Lord be with you.

People **And with thy spirit.**

Celebrant Lift up your hearts.

People **We lift them up unto the Lord.**

Celebrant Let us give thanks unto our Lord God.

People **It is meet and right so to do.**

Celebrant It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, holy Father, almighty, everlasting God...
...Therefore with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee, and saying,

SANCTUS *sung by all*

Ho - ly, ho - ly, ho - ly, Lord
God of Hosts: Hea - ven and earth are full
of thy glo - ry. Glo - ry be to thee, O Lord Most High.
Bless - ed is he that com - eth in the name of the Lord.
Ho san - a in the high - est.

The Celebrant continues

All stand or kneel.

Celebrant All glory be to thee, O Lord our God, for that thou didst create heaven and earth, and didst make us in thine own image; and, of thy tender mercy, didst give thine only Son Jesus Christ to take our nature upon him, and to suffer death upon the cross for our redemption...

...By whom, and with whom, and in whom, in the unity of the Holy Ghost all honor and glory be unto thee, O Father Almighty, world without end. **AMEN.**

Celebrant And now as our Savior Christ hath taught us, we are bold to say

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

THE BREAKING OF THE BREAD

A period of silence is kept.

FRACTION ANTHEM *sung by all*

O Lamb of God, that ta - kest a - way
the sins of the world, have mer - cy
up - on us. O Lamb of God,
that ta - kest a - way the sins of the world, have
mer - cy up - on us. O Lamb of
the world, grant us thy peace.

Celebrant and People

We do not presume to come to this thy Table, O merciful Lord, trusting in our own righteousness, but in thy manifold and great mercies. We are not worthy so much as to gather up the crumbs under thy Table. But thou art the same Lord whose property is always to have mercy. Grant us therefore, gracious Lord, so to eat the flesh of thy dear Son Jesus Christ and to drink his blood, that we may evermore dwell in him, and he in us. Amen.

Celebrant

The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

THE ADMINISTRATION OF HOLY COMMUNION

To receive the Bread and Wine of Holy Communion, please come forward and kneel or stand at the Altar rail. Gluten-free Bread is available upon request. If you prefer not to drink the Wine, please know that receiving only Bread is a “full Communion.” If you prefer to receive a blessing instead of the Bread and Wine, come forward to the rail and cross your arms over your chest. If, for whatever reason, you prefer to receive the Bread and Wine in your pew, let your usher know.

MOTET

HIDE NOT THOU THY FACE

Richard Farrant

*Hide not thou thy face from us, O Lord,
and cast not off thy servant in thy displeasure;
for we confess our sins unto thee
and hide not our unrighteousness.
For thy mercy's sake,
deliver us from all our sins.*

Text: Psalm 27:9

HYMN 142

LORD, WHO THROUGHOUT THESE FORTY DAYS

St. Flavian

THE POSTCOMMUNION PRAYER

Celebrant Let us pray.

Celebrant and People

Almighty and everliving God, we most heartily thank thee for that thou dost feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Savior Jesus Christ; and dost assure us thereby of thy favor and goodness towards us; and that we are very members incorporate in the mystical body of thy Son, the blessed company of all faithful people; and are also heirs, through hope, of thy everlasting kingdom. And we humbly beseech thee, O heavenly Father, so to assist us with thy grace, that we may continue in that holy fellowship, and do all such good works as thou hast prepared for us to walk in; through Jesus Christ our Lord, to whom with thee and the Holy Ghost, be all honor and glory, world without end. Amen.

THE SOLEMN PRAYER OVER THE PEOPLE

Grant, Almighty God, that thy people may recognize their weakness and put their whole trust in thy strength, so that they may rejoice for ever in the protection of thy loving providence; through Christ our Lord. **Amen.**

HYMN 147

NOW LET US ALL WITH ONE ACCORD

Bourbon

THE DISMISSAL

Deacon Let us bless the Lord.

People **Thanks be to God.**

THE POSTLUDE

PRELUDE IN G MINOR, OP. 23, NO. 5 *Sergei Rachmaninov (arr. Federlein)*

✿ ALTAR GIFTS ✿

TO THE GLORY OF GOD AND IN LOVING MEMORY OF
THEIR PARENTS RUTH AND DAN CHISHOLM, IDAHO PASCHALL CHISHOLM,
AND HAROLD AND BEATRICE BOYD
BY THEIR CHILDREN, JUDY AND DAN CHISHOLM

TO THE GLORY OF GOD AND IN LOVING MEMORY OF
FRANK MORLEDGE
BY GEORGE AND ANN MORLEDGE

TO THE GLORY OF GOD AND IN LOVING MEMORY OF
HER FATHER, PAUL WILLIAMS “PETE” HOOVER, JR.
BY JOSEPHINE HOOVER FELTON AND HER FAMILY,
DANIEL, JOSEPHINE, AND MARY ELEANOR FELTON

Notes on the Notes: Today’s voluntaries consist of two preludes by Rachmaninov that he originally wrote for the piano. While most of Rachmaninov’s piano music is so idiomatic to the piano that it would not successfully translate to the organ, these two preludes are exceptions.

Today’s offertory anthem, Haydn’s *Insanae et vanae curae*, contains two contrasting sections, each of which is repeated to create an ABAB form. The A sections set the first two lines of text and are correspondingly tempestuous and foreboding (characteristics not usually associated with Haydn’s music); the B sections set the latter three lines of text and are congruently calm and hopeful. This substantial anthem is about six and a half minutes.

LITURGICAL LEADERS

<i>Celebrant</i>	The Very Rev. Andrea McMillin, <i>Dean and Rector</i>
<i>Preacher</i>	The Rev. Thomas Alexander, <i>Curate</i>
<i>Deacon</i>	The Rev. Dr. Susan Loy Lyon
<i>Assisting Clergy</i>	The Rev. Peggy Cromwell, <i>Priest Associate for Pastoral Care</i> The Rev. Susan Payne, <i>Priest Associate</i>
<i>Lectors</i>	Richard Moore, Diane Turner
<i>Intercessor</i>	Sheila Mehaffy
<i>Lay Eucharistic Ministers</i>	Gayle Corley, Otis Howe, Charliss Russ, Clarke Tucker
<i>Children's Liturgy</i>	Susan Pennick
<i>Acolytes</i>	Harper Bennings, Marshall Pittman
<i>Music</i>	Dr. Colin MacKnight, <i>Director of Music</i> Katie Gunn, <i>Associate Director of Music</i> Trinity Cathedral Choir Trinity Cathedral Ringing Society
<i>Usbers</i>	Herschel Cast, Harold Joyner, Ann Morledge, George Morledge
<i>Tour Guide</i>	Tom Fennell

ANNOUNCEMENTS

This week at and around the Cathedral

Today	4 p.m., Choral Evensong	5 p.m., Trinity Ringing Society	
	4 p.m., EKC	5 p.m., St. Cecilia Singers	
	5 p.m., Catechumenate	5:30 p.m., Community Dinner	
	5:30 p.m., EYC	5:30 p.m. Ashes-to-Go	
Monday	7 a.m., Breakfast Bible Study	5:30 p.m., Healing Eucharist	
	8:30 a.m., Morning Prayer	6 p.m., Koinonia Eucharist	
Tuesday	8:30 a.m., Morning Prayer	6:30 p.m., Book Club	
	5:30 p.m., Mardis Gras	7:30 p.m., Compline	
Wednesday	8:30 a.m., Morning Prayer	Thursday	8 a.m., Men's Group
	11 a.m., Bible Study		8:30 a.m., Morning Prayer
	12:15 p.m., Organ Recital		5:15 p.m. Evening Prayer
	4 p.m., Trinity Choristers		7 p.m., Cathedral Choir Rehearsal

UPCOMING EVENTS

Sundays in Lent: Claiming Our Faith

9:15 a.m. in Morrison Hall

Breakfast will be served

Through the Sunday in Lent, the Sunday School classes for all ages will focus on the five components of our Rule of Life here at Trinity: worshiping, praying, learning, serving, and giving. Here is the schedule for the adult Sunday School class:

February 22 – “Worship” with the Rev. Thomas Alexander

March 1 – “Prayer” with Br. Jack Crowley and Br. Lain Wilson, SSJE

March 8 – “Learn” with the Rev. Thomas Alexander

March 15 – “Serve” with an intergenerational service event by Matthew 25

March 22 – “Give” with the Very Rev. Andrea McMillin

Wednesdays in Lent

At Trinity, every Wednesday in Lent will be full of opportunities to go deeper into a life with God. Every Wednesday follows the same schedule, including Community Dinner and Koinonia Eucharist each week.

11:00 a.m. – Bible Study: The Psalms as Prayer

12:15 p.m. – Organ Recital

During Lent, the weekly lunchtime organ recitals will feature masterpieces which reflect the beauty and seriousness of Lent. There exists a rich repertoire of profound music appropriate to the season, so this group of recitals offers a moment to pause, listen, and reflect.

5:30 p.m. – 6:30 p.m. – Community Dinner

5:30 p.m. – Healing Eucharist

6:00 p.m. – Koinonia Eucharist

6:30 p.m. – Book Club: Gary Anderson's *Sin: A History*

7:30 p.m. – Choral Compline

The Trinity Schola will sing choral Complines every Wednesday in Lent. Compline, sometimes referred to as “Night Prayer,” takes its name from the Latin word “completorium,” meaning “complete.” As the name suggests, it is a short service of tranquil reflection at the end of the day. Traditionally, this service eschews musical instruments, so the music comes only from a cappella singers.

The Rite of Reconciliation

Those who wish to make a private confession are welcome to do so at any time in the Episcopal Church. The season of Lent is a good opportunity for newcomers to try out this practice. To make an appointment, please contact the Very Rev. Andrea McMillin (andrea@trinitylittlerock.org), the Rev. Thomas Alexander (thomas@trinitylittlerock.org), and the Rev. Peggy Cromwell (cromwellpeggy@gmail.com).

Men's Group in Lent

*Thursdays of Lent at 8:00 a.m., beginning February 19
Baker Parlor in Keller House*

Join men of the parish for fellowship, mutual support, and prayer in a small group setting. This Men's Group meets weekly instead of monthly during the season of Lent, often inviting guest speakers for conversation. To learn more, contact Bert Parker (hjparkerlr@gmail.com).

Daytime Bible Study: The Psalms as Prayer

*Wednesdays in Lent, 11 a.m. (beginning February 25)
Baker Parlor in Keller House*

Join Thomas for this weekday, daytime Bible study during the Lenten season to develop prayer practices using the Psalms. Participants are more than welcome to bring their lunch with them. To learn more, contact the Rev. Thomas Alexander (thomas@trinitylittlerock.org).

Book Club: *Sin: A History* by Gary Anderson

*Wednesdays in Lent, 6:30 p.m. (beginning February 25)
Conference Room in Keller House*

What is sin? Spanning nearly two thousand years, the book brilliantly demonstrates how sin as a concept has evolved over history. This will be a wonderful class for the Lenten season. To sign up, contact the Rev. Thomas Alexander (thomas@trinitylittlerock.org).

Lenten Quiet Day led by Brothers from the Society of Saint John the Evangelist

Saturday, February 28, 9 a.m. – 12 p.m.

Pierce Chapel

This Lent, Trinity Cathedral will host two members of the Society of Saint John the Evangelist, an Episcopal monastic community in Cambridge, MA. As a part of their residence with us, Brother Jack Crowley and Brother Lain Wilson will lead a quiet day on the morning of Saturday, February 28, beginning with Morning Prayer in Pierce Chapel and ending with Holy Communion. All are welcome. To sign up, email the Rev. Thomas Alexander (thomas@trinitylittlerock.org).

Choir and Orchestra Concert: Haydn and Mozart

March 6 at 7 pm

The Trinity Choir and members of the Arkansas Symphony will present a concert of Haydn's Te Deum in C and Mozart's 'Great' Mass in C minor. Along with the Requiem, the Mass in C minor is Mozart's most important contribution to sacred music. Also like the Requiem, it is unfinished. This concert is free with a suggested donation of \$15. Reception to follow.

Spring Seed Swap

March 15, 11:30 a.m. to 12:30 p.m.

Williams Garth

Please join us in the Garth to swap seeds with each other. Bring any and all seeds that you would like to trade and hopefully we will have a wide selection to "swap" just in time for spring planting! Put on with love by the Broadway Community Garden

CHILDREN & YOUTH ANNOUNCEMENTS

EKC/EYC Schedule in February:

4:00-5:00 p.m. EKC
5:00 p.m. Shared Dinner
5:30-6:30 p.m. EYC
Feb 22: EKC/EYC (Gym)
March 1: EKC/EYC (Gym)
March 8: NO EKC/EYC (AYE Weekend @ Camp Mitchell)
March 15: EKC/EYC (Gym)
March 22: Spring Break Church Cleaning Day!

KOINONIA WEDNESDAYS

Every Wednesday in Lent: Feb 24 - April 1
4:00 p.m. Trinity Choristers
5:00 p.m. St. Cecilia Singers
5:30 p.m. Community Dinner (Morrison Hall)
6:00 p.m. Koinonia Eucharist (Cathedral)

Join us every Wednesday in Lent, beginning Feb. 18, for children's choir, St. Cecilia Singers, Community Dinner, and family-friendly worship! We are looking for a few volunteers to host dinners and lead worship, please reach out to Emma Mitchell if interested.

ARKANSAS YOUTH EVENT (AYE)

March 6-8
Camp Mitchell, Petit Jean Mountain
Deadline to register: Friday, February 27

6th-12th grade youth from across the Diocese are invited to join us for a weekend retreat designed by our incredible Diocesan Youth Leadership Council. AYE brings youth together from across the diocese for a weekend full of faith, fun, and connection. It's a space to build friendships, explore big questions, and experience God's love in community.

This year's retreat theme is "Rooted In Faith, Grounded By Love!" Cost for the weekend is \$135 and scholarships available! Register today at campmitchell.org. Questions? Contact Marvin McLennon at mmclennon@christchurchlr.org



Trinity Episcopal Cathedral
invites you to
the installation of
The Very Rev. Andrea McMillin
as Dean and Rector
Saturday, May 9, 2026
11 a.m.
Festive reception to follow