



# TRINITY

EPISCOPAL CATHEDRAL  
A house of prayer for all people

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The Second Sunday in Lent  
March 1, 2026, 4 p.m.

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**Welcome:** *Whether you are a first-time visitor or a long-time member, we are honored to worship with you today. If you are searching for a church home, we would love to tell you more about this congregation and to learn more about you. Fill out a visitor card found in the back of the pew in front of you, drop it in the offering plate, and we'll be in conversation with you this week. Above all, please know that this is your Cathedral, and all are welcome.*

*Choral Evensong is a service of readings from the Bible and prayers for the evening, almost entirely led by the Trinity Choir on behalf of the congregation. A very brief service of Holy Communion is celebrated afterwards for those who wish to receive the Bread and Wine.*

## CHORAL EVENSONG WITH HOLY EUCHARIST

**THE PRELUDE**

PASTORALE FROM SONATA NO. 1 IN D MINOR, OP. 42

*Alexandre Guilmant*

*All stand.*

**THE OPENING SENTENCES FROM HOLY SCRIPTURE**

**BCP 61**

**THE CONFESSION OF SIN**

*The Officiant says to the people*

Dear friends in Christ, here in the presence of Almighty God, let us kneel in silence, and with penitent and obedient hearts confess our sins, so that we may obtain forgiveness by his infinite goodness and mercy.

*Silence may be kept.*

*Officiant and People together, all kneeling or standing*

**Almighty and most merciful Father, we have erred and strayed from thy ways like lost sheep, we have followed too much the devices and desires of our own hearts, we have offended against thy holy laws, we have left undone those things which we ought to have done, and we have done those things which we ought not to have done. But thou, O Lord, have mercy upon us, spare thou those who confess their faults, restore thou those who are penitent, according to thy promises declared unto mankind in Christ Jesus our Lord; and grant, O most merciful Father, for his sake, that we may hereafter live a godly, righteous, and sober life, to the glory of thy holy Name. Amen.**

*The Officiant alone stands and says*

The Almighty and merciful Lord grant you absolution and remission of all your sins, true repentance, amendment of life, and the grace and consolation of his Holy Spirit. **Amen.**

*All stand.*

**THE PRECES** *Sung by the Officiant and the choir*

*Plainsong*

*Officiant O Lord, open thou our lips.*

*Choir And our mouth shall shew forth thy praise.*

*Officiant O God, make speed to save us.*

*Choir O Lord, make haste to help us.*

*Officiant Glory be to the Father, and to the Son, and to the Holy Ghost;*

*Choir As it was in the beginning, is now, and ever shall be,  
world without end. Amen.*

*Officiant Praise ye the Lord.*

*Choir The Lord's name be praised.*

*All sit.*

**PSALM 8** *Domine, Dominus noster*

*Plainsong (IV.4)*

**O**LORD our Governor, how excellent is thy Name in all the world \*  
thou that hast set thy glory above the heavens!

Out of the mouth of very babes and sucklings hast thou ordained strength, because of thine enemies \*  
that thou mightest still the enemy and the avenger.

For I will consider thy heavens, even the works of thy fingers \*  
the moon and the stars, which thou hast ordained.

What is man, that thou art mindful of him \* and the son of man, that thou visitest him?

Thou madest him lower than the angels \* to crown him with glory and worship.

Thou makest him to have dominion of the works of thy hands \*  
and thou hast put all things in subjection under his feet;

All sheep and oxen \* yea, and the beasts of the field;

The fowls of the air, and the fishes of the sea \* and whatsoever walketh through the paths of the seas.

O LORD our Governor \* how excellent is thy Name in all the world!

Glory be to the Father, and to the Son, and to the Holy Ghost:

as it was in the beginning, is now, and ever shall be, world without end. Amen.

Then Pharaoh sent for Joseph, and he was hurriedly brought out of the dungeon. When he had shaved himself and changed his clothes, he came in before Pharaoh. And Pharaoh said to Joseph, 'I have had a dream, and there is no one who can interpret it. I have heard it said of you that when you hear a dream you can interpret it.' Joseph answered Pharaoh, 'It is not I; God will give Pharaoh a favourable answer.' Then Pharaoh said to Joseph, 'In my dream I was standing on the banks of the Nile; and seven cows, fat and sleek, came up out of the Nile and fed in the reed grass. Then seven other cows came up after them, poor, very ugly, and thin. Never had I seen such ugly ones in all the land of Egypt. The thin and ugly cows ate up the first seven fat cows, but when they had eaten them no one would have known that they had done so, for they were still as ugly as before. Then I awoke. I fell asleep a second time and I saw in my dream seven ears of grain, full and good, growing on one stalk, and seven ears, withered, thin, and blighted by the east wind, sprouting after them; and the thin ears swallowed up the seven good ears. But when I told it to the magicians, there was no one who could explain it to me.'

Then Joseph said to Pharaoh, 'Pharaoh's dreams are one and the same; God has revealed to Pharaoh what he is about to do. The seven good cows are seven years, and the seven good ears are seven years; the dreams are one. The seven lean and ugly cows that came up after them are seven years, as are the seven empty ears blighted by the east wind. They are seven years of famine. It is as I told Pharaoh; God has shown to Pharaoh what he is about to do. There will come seven years of great plenty throughout all the land of Egypt. After them there will arise seven years of famine, and all the plenty will be forgotten in the land of Egypt; the famine will consume the land. The plenty will no longer be known in the land because of the famine that will follow, for it will be very grievous. And the doubling of Pharaoh's dream means that the thing is fixed by God, and God will shortly bring it about. Now therefore let Pharaoh select a man who is discerning and wise, and set him over the land of Egypt. Let Pharaoh proceed to appoint overseers over the land, and take one-fifth of the produce of the land of Egypt during the seven plenteous years. Let them gather all the food of these good years that are coming, and lay up grain under the authority of Pharaoh for food in the cities, and let them keep it. That food shall be a reserve for the land against the seven years of famine that are to befall the land of Egypt, so that the land may not perish through the famine.'

The proposal pleased Pharaoh and all his servants. Pharaoh said to his servants, 'Can we find anyone else like this—one in whom is the spirit of God?' So Pharaoh said to Joseph, 'Since God has shown you all this, there is no one so discerning and wise as you. You shall be over my house, and all my people shall order themselves as you command; only with regard to the throne will I be greater than you.' And Pharaoh said to Joseph, 'See, I have

set you over all the land of Egypt.’ Removing his signet ring from his hand, Pharaoh put it on Joseph’s hand; he arrayed him in garments of fine linen, and put a gold chain around his neck. He had him ride in the chariot of his second-in-command; and they cried out in front of him, ‘Bow the knee!’ Thus he set him over all the land of Egypt. Moreover, Pharaoh said to Joseph, ‘I am Pharaoh, and without your consent no one shall lift up hand or foot in all the land of Egypt.’ Pharaoh gave Joseph the name Zaphenath-paneah; and he gave him Asenath daughter of Potiphera, priest of On, as his wife. Thus Joseph gained authority over the land of Egypt.

*All stand.*

**HYMN 582**

O HOLY CITY, SEEN OF JOHN

*Sancta Civitas*

*All sit.*

**MAGNIFICAT IN C MINOR** *sung by the choir*

*George Dyson*

*My soul doth magnify the Lord, and my spirit hath rejoiced in God my Savior. For he hath regarded the lowliness of his handmaiden. For behold from henceforth all generations shall call me blessed. For he that is mighty hath magnified me, and holy is his Name. And his mercy is on them that fear him throughout all generations. He hath showed strength with his arm; he hath scattered the proud in the imagination of their hearts. He hath put down the mighty from their seat, and hath exalted the humble and meek. He hath filled the hungry with good things, and the rich he hath sent empty away. He remembering his mercy hath holpen his servant Israel, as he promised to our forefathers, Abraham and his seed for ever. Glory be to the Father, and to the Son, and to the Holy Ghost: as it was in the beginning, is now, and ever shall be, world without end. Amen.*

**THE SECOND LESSON**

JOHN 5:19-24

Jesus said to them, ‘Very truly, I tell you, the Son can do nothing on his own, but only what he sees the Father doing; for whatever the Father does, the Son does likewise. The Father loves the Son and shows him all that he himself is doing; and he will show him greater works than these, so that you will be astonished. Indeed, just as the Father raises the dead and gives them life, so also the Son gives life to whomsoever he wishes. The Father judges no one but has given all judgement to the Son, so that all may honour the Son just as they honour the Father. Anyone who does not honour the Son does not honour the Father who sent him. Very truly, I tell you, anyone who hears my word and believes him who sent me has eternal life, and does not come under judgement, but has passed from death to life.

*Lord, now lettest thou thy servant depart in peace, according to thy word; For mine eyes have seen thy salvation, which thou hast prepared before the face of all people, To be a light to lighten the Gentiles, and to be the glory of thy people Israel. Glory be to the Father, and to the Son, and to the Holy Ghost: as it was in the beginning, is now, and ever shall be, world without end. Amen.*

**THE APOSTLES' CREED** *intoned by the Officiant, sung by all, standing*

**I believe in God, the Father almighty, maker of heaven and earth; And in Jesus Christ his only Son our Lord; who was conceived by the Holy Ghost, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, dead, and buried. He descended into hell. The third day he rose again from the dead. He ascended into heaven, and sitteth on the right hand of God the Father almighty. From thence he shall come to judge the quick and the dead. I believe in the Holy Ghost, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.**

*All stand or kneel.*

*The following are sung by the Officiant and the choir.*

**THE SALUTATION**

*Plainsong*

*Officiant The Lord be with you.*

*Choir And with thy spirit.*

*Officiant Let us pray.*

*Choir Lord, have mercy upon us.*

*Christ, have mercy upon us.*

*Lord, have mercy upon us.*

**THE LORD'S PRAYER**

*Plainsong*

*Choir Our Father, which art in heaven, hallowed be thy Name. Thy kingdom come. Thy will be done in earth, as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive them that trespass against us. And lead us not into temptation, but deliver us from evil. Amen.*

Officiant *O Lord, shew thy mercy upon us.*

Choir *And grant us thy salvation.*

Officiant *O Lord, save the State.*

Choir *And mercifully hear us when we call upon thee.*

Officiant *Endue thy Ministers with righteousness.*

Choir *And make thy chosen people joyful.*

Officiant *O Lord, save thy people.*

Choir *And bless thine inheritance.*

Officiant *Give peace in our time, O Lord.*

Choir *Because there is none other that fighteth for us, but only thou, O God.*

Officiant *O God, make clean our hearts within us.*

Choir *And take not thy Holy Spirit from us.*

### ***The Collect of the Day***

*O God, whose glory it is always to have mercy: Be gracious to all who have gone astray from thy ways, and bring them again with penitent hearts and steadfast faith to embrace and hold fast the unchangeable truth of thy Word, Jesus Christ thy Son; who with thee and the Holy Spirit liveth and reigneth, one God, for ever and ever. Amen.*

### ***A Collect for Peace***

*O God, from whom all holy desires, all good counsels, and all just works do proceed: Give unto thy servants that peace which the world cannot give, that our hearts may be set to obey thy commandments, and also that by thee, we, being defended from the fear of all enemies, may pass our time in rest and quietness; through the merits of Jesus Christ our Savior. Amen.*

### ***A Collect for Aid against Perils***

*Lighten our darkness, we beseech thee, O Lord; and by thy great mercy defend us from all perils and dangers of this night; for the love of thy only Son, our Savior Jesus Christ. Amen.*

*All sit.*

*In the hour of my distress,  
When temptations me oppress,  
And when I my sins confess,  
Sweet Spirit, comfort me!*

*When I lie within my bed,  
Sick in heart and sick in head,  
And with doubts discomforted,  
Sweet Spirit, comfort me!*

*When the house doth sigh and weep,  
And the world is drown'd in sleep,  
Yet mine eyes the watch do keep,  
Sweet Spirit, comfort me!*

*Text by Robert Herrick*

*All stand.*

## THE GENERAL THANKSGIVING

BCP 71

*Officiant and People*

**Almighty God, Father of all mercies, we thine unworthy servants do give thee most humble and hearty thanks for all thy goodness and loving-kindness to us and to all men. We bless thee for our creation, preservation, and all the blessings of this life; but above all for thine inestimable love in the redemption of the world by our Lord Jesus Christ; for the means of grace, and for the hope of glory. And, we beseech thee, give us that due sense of all thy mercies, that our hearts may be unfeignedly thankful; and that we show forth thy praise, not only with our lips, but in our lives, by giving up our selves to thy service, and by walking before thee in holiness and righteousness all our days; through Jesus Christ our Lord, to whom, with thee and the Holy Ghost, be all honor and glory, world without end. Amen.**

## THE CONCLUDING SENTENCES FROM HOLY SCRIPTURE

BCP 72

HYMN 517

HOW LOVELY IS THY DWELLING PLACE

*Brother James' Air*

# THE HOLY COMMUNION

## THE OFFERTORY

ALLEGRO MODERATO E SERIOSO  
FROM SONATA IN F MINOR, OP. 65, NO. 1

*Felix Mendelssohn*

*For those who wish to receive the Bread and Wine of Holy Communion, come up to the choir pews as you are able during the Offertory.*

## THE GENERAL THANKSGIVING

*Celebrant* The Lord be with you.

*People* **And with thy spirit.**

*Celebrant* Lift up your hearts.

*People* **We lift them up unto the Lord.**

*Celebrant* Let us give thanks unto our Lord God.

*People* **It is meet and right so to do.**

It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, holy Father, almighty, everlasting God...

...Therefore with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee, and saying,

## THE SANCTUS

**Holy, holy, holy, Lord God of Hosts:**

**Heaven and earth are full of thy Glory.**

**Glory be to thee, O Lord Most High.**

**Blessed is he that cometh in the name of the Lord.**

**Hosanna in the highest.**

*All stand or kneel.*

*Celebrant* All glory be to thee, O Lord our God, for that thou didst create heaven and earth, and didst make us in thine own image; and, of thy tender mercy, didst give thine only Son Jesus Christ to take our nature upon him, and to suffer death upon the cross for our redemption. He made there a full and perfect sacrifice for the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memory of that his precious death and sacrifice, until his coming again...

...By whom, and with whom, and in whom, in the unity of the Holy Ghost all honor and glory be unto thee, O Father Almighty, world without end. **AMEN.**

*Celebrant* And now as our Savior Christ hath taught us, we are bold to say,

*People and Celebrant*

**Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.**

## THE BREAKING OF THE BREAD

*A period of silence is kept.*

*Celebrant* O Lamb of God, that takest away the sins of the world,

*People* **have mercy upon us.**

*Celebrant* O Lamb of God, that takest away the sins of the world,

*People* **have mercy upon us.**

*Celebrant* O Lamb of God, that takest away the sins of the world,

*People* **grant us thy peace.**

*Celebrant and People*

**We do not presume to come to this thy Table, O merciful Lord, trusting in our own righteousness, but in thy manifold and great mercies. We are not worthy so much as to gather up the crumbs under thy Table. But thou art the same Lord whose property is always to have mercy. Grant us therefore, gracious Lord, so to eat the flesh of thy dear Son Jesus Christ and to drink his blood, that we may evermore dwell in him, and he in us. Amen.**

*Celebrant* The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

## THE ADMINISTRATION OF HOLY COMMUNION

*To receive the Bread and Wine of Holy Communion, please come forward and kneel or stand at the Altar rail. Gluten-free Bread is available upon request. If you prefer not to drink the Wine, please know that receiving only Bread is a "full Communion." If you prefer to receive a blessing instead of the Bread and Wine, come forward to the rail and cross your arms over your chest. If, for whatever reason, you prefer to receive the Bread and Wine in your pew, let your usher know.*

## THE POSTCOMMUNION PRAYER

*Celebrant* Let us pray.

*Celebrant and People*

**Almighty and everliving God, we most heartily thank thee for that thou dost feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Savior Jesus Christ; and dost assure us thereby of thy favor and goodness towards us; and that we are very members incorporate in the mystical body of thy Son, the blessed company of all faithful people; and are also heirs, through hope, of thy everlasting kingdom. And we humbly beseech thee, O heavenly Father, so to assist us with thy grace, that we may continue in that holy fellowship, and do all such good works as thou hast prepared for us to walk in; through Jesus Christ our Lord, to whom with thee and the Holy Ghost, be all honor and glory, world without end. Amen.**

## THE SOLEMN PRAYER OVER THE PEOPLE

Keep this thy family, Lord, with thy never-failing mercy, that relying solely on the help of thy heavenly grace; they may be upheld by thy divine protection; through Christ our Lord.  
**Amen.**

## THE DISMISSAL

*Celebrant* Let us bless the Lord.

*People* **Thanks be to God.**

## PARTICIPATING THIS EVENING

*Officiant* The Rev. Peggy Cromwell, *Priest Associate for Pastoral Care*

*Lector* Alan Rackley

*Music* Dr. Colin MacKnight, *Director of Music*

Katie Gunn, *Associate Director of Music*

## Trinity Cathedral Sopranos and Choristers

**Notes on the notes:** Peter Hurford, known more as an organist than as a composer, was director of music of St. Albans Cathedral for over 20 years, where he founded the St. Albans Organ Competition, one of the preeminent international organ competitions.

Today's postlude comes from Mendelssohn's set of six organ sonatas, Op. 65. These sonatas have their genesis in a commission for a set of organ "voluntaries." Mendelssohn drafted a number of these pieces, but eventually decided to rework them into six groups of works which he called "sonatas," even though the pieces are not strictly speaking in sonata form. Mendelssohn likely thought that labeling them with this more familiar term would improve their sales, particularly on the continent.

The postlude consists of an introduction and fugue, but, unusually, the fugue is interrupted several times by quiet statements of the chorale "Was mein Gott will, das g'scheh allzeit" (What my God wants should always happen). After several of these interruptions, Mendelssohn resumes the fugue, but this time using the inverted form of the original fugue subject. All this intellectual virtuosity

## UPCOMING EVENTS

### Trinity Connections

*Beginning February 26*

The Transition Committee is planning a series of small gatherings around Little Rock to get to know the Very Reverend Andrea McMillin, our new Dean and Rector. The gatherings are scheduled in different parts of Little Rock and will involve food, conversations, and opportunities to connect. Scan the QR Code to see the schedule and sign up.

### Memorials for Easter

*Due Friday, March 27 at 5:00 p.m.*

On Easter Sunday, the Cathedral is decorated with flowers given by parishioners in honor or in memory of loved ones, and these memorials are listed in the service booklets. Donations of any

amount are welcome. To arrange a memorial, contact Missy McCain, Parish Administrator ([missy@trinitylittlerock.org](mailto:missy@trinitylittlerock.org)) or use this QR code no later than Friday, March 27 at 5:00 p.m.

### Choir and Orchestra Concert: Haydn and Mozart

*Friday, March 6 at 7 pm*

The Trinity Choir and members of the Arkansas Symphony will present a concert of Haydn's Te Deum in C and Mozart's 'Great' Mass in C minor. Along with the Requiem, the Mass in C minor is Mozart's most important contribution to sacred music. Also like the Requiem, it is unfinished. This concert is free with a suggested donation of \$15. Festive reception to follow.

and the Rev. Peggy Cromwell ([cromwellpeggy@gmail.com](mailto:cromwellpeggy@gmail.com)).

## Sundays in Lent Claiming Our Faith

9:15 a.m. in Morrison Hall

Breakfast will be served

Through the Sunday in Lent, the Sunday School classes for all ages will focus on the five components of our Rule of Life here at Trinity: worshiping, praying, learning, serving, and giving. Here is the schedule for the adult Sunday School class:

March 8 – “Learn” with the Rev. Thomas Alexander

March 15 – “Serve” with an intergenerational service event by Matthew 25

March 22 – “Give” with the Very Rev. Andrea McMillin

## Wednesdays in Lent

At Trinity, every Wednesday in Lent will be full of opportunities to go deeper into a life with God. Every Wednesday follows the same schedule, including Community Dinner and Koinonia Eucharist each week.

11:00 a.m. – Bible Study: The Psalms as Prayer

12:15 p.m. – Organ Recital

*During Lent, the weekly lunchtime organ recitals will feature masterpieces which reflect the beauty and seriousness of Lent. There exists a rich repertoire of profound music appropriate to the season, so this group of recitals offers a moment to pause, listen, and reflect.*

5:30 p.m. – 6:30 p.m. – Community Dinner

5:30 p.m. – Healing Eucharist

6:00 p.m. – Koinonia Eucharist

6:30 p.m. – Book Club: Gary Anderson’s *Sin: A History*

7:30 p.m. – Choral Compline

*The Trinity Schola will sing choral Complines every Wednesday in Lent. Compline, sometimes referred to as “Night Prayer,” takes its name from the Latin word “completorium,” meaning “complete.” As the name suggests, it is a short service of tranquil reflection at the end of the day. Traditionally, this service eschews musical instruments, so the music comes only from a cappella singers.*

## Men’s Group for Lent

Thursdays of Lent at 8:00 a.m., beginning February

19

*Baker Parlor in Keller House*

Join men of the parish for fellowship, mutual support, and prayer in a small group setting. This Men’s Group meets weekly instead of monthly during the season of Lent, often inviting guest speakers for conversation. To learn more, contact Bert Parker ([hjparkerlr@gmail.com](mailto:hjparkerlr@gmail.com)).

## Daytime Bible Study: The Psalms as Prayer

Wednesdays in Lent, 11 a.m. (beginning February 25)

*Baker Parlor in Keller House*

Join Thomas for this weekday, daytime Bible study during the Lenten season to develop prayer practices using the Psalms. Participants are more than welcome to bring their lunch with them. To learn more, contact the Rev. Thomas Alexander ([thomas@trinitylittlerock.org](mailto:thomas@trinitylittlerock.org)).

## Book Club: *Sin: A History* by Gary Anderson

Wednesdays in Lent, 6:30 p.m. (beginning February 25)

*Conference Room in Keller House*

What is sin? Spanning nearly two thousand years, the book brilliantly demonstrates how sin as a concept has evolved over history. This will be a wonderful class for the Lenten season. To sign up, contact the Rev. Thomas Alexander ([thomas@trinitylittlerock.org](mailto:thomas@trinitylittlerock.org)).