



# TRINITY

EPISCOPAL CATHEDRAL  
A house of prayer for all people

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The Third Sunday in Lent  
March 8, 2026, 4 p.m.

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*Welcome: Whether you are a first-time visitor or a long-time member, we are honored to worship with you today. If you are searching for a church home, we would love to tell you more about this congregation and to learn more about you. Fill out a visitor card found in the back of the pew in front of you, drop it in the offering plate, and we'll be in conversation with you this week. Above all, please know that this is your Cathedral, and all are welcome.*

*Choral Evensong is a service of readings from the Bible and prayers for the evening, almost entirely led by the Trinity Choir on behalf of the congregation. A very brief service of Holy Communion is celebrated afterwards for those who wish to receive the Bread and Wine.*

## CHORAL EVENSONG WITH HOLY EUCHARIST

**THE PRELUDE**

ADORATION

*Florence Price*

EVEN SONG

*Kate Boundy*

*All stand.*

**THE OPENING SENTENCES FROM HOLY SCRIPTURE**

**BCP 61**

**THE CONFESSION OF SIN**

*The Officiant says to the people*

Dear friends in Christ, here in the presence of Almighty God, let us kneel in silence, and with penitent and obedient hearts confess our sins, so that we may obtain forgiveness by his infinite goodness and mercy.

*Silence may be kept.*

*Officiant and People together, all kneeling or standing*

**Almighty and most merciful Father, we have erred and strayed from thy ways like lost sheep, we have followed too much the devices and desires of our own hearts, we have offended against thy holy laws, we have left undone those things which we ought to have done, and we have done those things which we ought not to have done. But thou, O Lord, have mercy upon us, spare thou those who confess their faults, restore thou those who are penitent, according to thy promises declared unto mankind in Christ Jesus our Lord; and grant, O most merciful Father, for his sake, that we may hereafter live a godly, righteous, and sober life, to the glory of thy holy Name. Amen.**

*The Officiant alone stands and says*

The Almighty and merciful Lord grant you absolution and remission of all your sins, true repentance, amendment of life, and the grace and consolation of his Holy Spirit. **Amen.**

*All stand.*

**THE PRECES** *Sung by the Officiant and the choir*

*Kenneth Leighton*

*Officiant O Lord, open thou our lips.*

*Choir And our mouth shall shew forth thy praise.*

*Officiant O God, make speed to save us.*

*Choir O Lord, make haste to help us.*

*Officiant Glory be to the Father, and to the Son, and to the Holy Ghost;*

*Choir As it was in the beginning, is now, and ever shall be,  
world without end. Amen.*

*Officiant Praise ye the Lord.*

*Choir The Lord's name be praised.*

*All sit.*

**PSALM 34** *Benedicam Domino*

*Plainsong (VII.2)*

**I** will always give thanks unto the Lord \*  
his praise shall ever be in my mouth.

*My soul shall make her boast in the Lord \* the humble shall hear thereof, and be glad.*

*O praise the Lord with me \* and let us magnify his Name together.*

*I sought the Lord, and he heard me \* yea, he delivered me out of all my fear.*

*They had an eye unto him, and were lightened \* and their faces were not ashamed.*

*Lo, the poor crieth, and the Lord heareth him \* yea, and saveth him out of all his troubles.*

*The angel of the Lord tarrieth round about them that fear him \* and delivereth them.*

*O taste, and see, how gracious the Lord is \* blessed is the man that trusteth in him.*

*O fear the Lord, ye that are his saints \* for they that fear him lack nothing.*

*The lions do lack, and suffer hunger \**

*but they who seek the Lord shall want no manner of thing that is good.*

*Come, ye children, and hearken unto me \* I will teach you the fear of the Lord.*

*What man is he that lusteth to live \* and would fain see good days?*

*Keep thy tongue from evil \* and thy lips, that they speak no guile.*

*Eschew evil, and do good \* seek peace, and ensue it.*

*The eyes of the Lord are over the righteous \* and his ears are open unto their prayers.*

*The countenance of the Lord is against them that do evil \*  
to root out the remembrance of them from the earth.*

*The righteous cry, and the Lord heareth them \* and delivereth them out of all their troubles.*

*The Lord is nigh unto them that are of a contrite heart \*  
and will save such as be of an humble spirit.*

*Great are the troubles of the righteous \* but the Lord delivereth him out of all.*

*He keepeth all his bones \* so that not one of them is broken.*

*But misfortune shall slay the ungodly \* and they that hate the righteous shall be desolate.*

*The Lord delivereth the souls of his servants \*  
and all they that put their trust in him shall not be destitute.*

*Glory be to the Father, and to the Son, and to the Holy Ghost:  
as it was in the beginning, is now, and ever shall be, world without end. Amen.*

## THE FIRST LESSON

GENESIS 44:1-17

Then he commanded the steward of his house, 'Fill the men's sacks with food, as much as they can carry, and put each man's money in the top of his sack. Put my cup, the silver cup, in the top of the sack of the youngest, with his money for the grain.' And he did as Joseph told him. As soon as the morning was light, the men were sent away with their donkeys. When they had gone only a short distance from the city, Joseph said to his steward, 'Go, follow after the men; and when you overtake them, say to them, "Why have you returned evil for good? Why have you stolen my silver cup? Is it not from this that my LORD drinks? Does he not indeed use it for divination? You have done wrong in doing this."

When he overtook them, he repeated these words to them. They said to him, 'Why does my LORD speak such words as these? Far be it from your servants that they should do such a thing! Look, the money that we found at the top of our sacks, we brought back to you from the land of Canaan; why then would we steal silver or gold from your LORD's house? Should it be found with any one of your servants, let him die; moreover, the rest of us will become my LORD's slaves.' He said, 'Even so; in accordance with your words, let it be: he with whom it is found shall become my slave, but the rest of you shall go free.' Then each one quickly lowered his sack to the ground, and each opened his sack. He searched, beginning with the eldest and ending with the youngest; and the cup was found in Benjamin's sack. At this they tore their clothes. Then each one loaded his donkey, and they returned to the city.

Judah and his brothers came to Joseph's house while he was still there; and they fell to the ground before him. Joseph said to them, 'What deed is this that you have done? Do you not know that one such as I can practise divination?' And Judah said, 'What can we say to my LORD? What can we speak? How can we clear ourselves? God has found out the guilt of your servants; here we are then, my LORD's slaves, both we and also the one in whose possession the cup has been found.' But he said, 'Far be it from me that I should do so! Only the one in whose possession the cup was found shall be my slave; but as for you, go up in peace to your father.'

*All stand.*

## **HYMN 140**

WILT THOU FORGIVE THAT SIN, WHERE I BEGUN

*Donne*

*All sit.*

## **MAGNIFICAT: THE SHORT SERVICE** *sung by the choir*

*Thomas Weelkes*

*My soul doth magnify the Lord, and my spirit hath rejoiced in God my Savior. For he hath regarded the lowliness of his handmaiden. For behold from henceforth all generations shall call me blessed. For he that is mighty hath magnified me, and holy is his Name. And his mercy is on them that fear him throughout all generations. He hath showed strength with his arm; he hath scattered the proud in the imagination of their hearts. He hath put down the mighty from their seat, and hath exalted the humble and meek. He hath filled the hungry with good things, and the rich he hath sent empty away. He remembering his mercy hath holpen his servant Israel, as he promised to our forefathers, Abraham and his seed for ever. Glory be to the Father, and to the Son, and to the Holy Ghost: as it was in the beginning, is now, and ever shall be, world without end. Amen.*

## **THE SECOND LESSON**

JOHN 5:25-29

**J**esus said, 'Very truly, I tell you, the hour is coming, and is now here, when the dead will hear the voice of the Son of God, and those who hear will live. For just as the Father has life in himself, so he has granted the Son also to have life in himself; and he has given him authority to execute judgement, because he is the Son of Man. Do not be astonished at this; for the hour is coming when all who are in their graves will hear his voice and will come out—those who have done good, to the resurrection of life, and those who have done evil, to the resurrection of condemnation.

## **NUNC DIMITTIS: THE SHORT SERVICE** *sung by the choir*

*Thomas Weelkes*

*Lord, now lettest thou thy servant depart in peace, according to thy word; For mine eyes have seen thy salvation, which thou hast prepared before the face of all people, To be a light to lighten the Gentiles, and to be the glory of thy people Israel. Glory be to the Father, and to the Son, and to the Holy Ghost: as it was in the beginning, is now, and ever shall be, world without end. Amen.*

**THE APOSTLES' CREED** *intoned by the Officiant, sung by all, standing*

**I believe in God, the Father almighty, maker of heaven and earth; And in Jesus Christ his only Son our Lord; who was conceived by the Holy Ghost, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, dead, and buried. He descended into hell. The third day he rose again from the dead. He ascended into heaven, and sitteth on the right hand of God the Father almighty. From thence he shall come to judge the quick and the dead. I believe in the Holy Ghost, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.**

*All stand or kneel.*

*The following are sung by the Officiant and the choir.*

**THE SALUTATION**

*Kenneth Leighton*

*Officiant The Lord be with you.*

*Choir And with thy spirit.*

*Officiant Let us pray.*

*Choir Lord, have mercy upon us.*

*Christ, have mercy upon us.*

*Lord, have mercy upon us.*

**THE LORD'S PRAYER**

*Kenneth Leighton*

*Choir Our Father, which art in heaven, hallowed be thy Name. Thy kingdom come. Thy will be done in earth, as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive them that trespass against us. And lead us not into temptation, but deliver us from evil. Amen.*

**SUFFRAGES AND COLLECTS**

*Kenneth Leighton*

*Officiant O Lord, shew thy mercy upon us.*

*Choir And grant us thy salvation.*

*Officiant O Lord, save the State.*

*Choir And mercifully hear us when we call upon thee.*

*Officiant Endue thy Ministers with righteousness.*

*Choir And make thy chosen people joyful.*

*Officiant O Lord, save thy people.*

*Choir And bless thine inheritance.*

*Officiant Give peace in our time, O Lord.*

*Choir Because there is none other that fighteth for us, but only thou, O God.*

*Officiant O God, make clean our hearts within us.*

*Choir And take not thy Holy Spirit from us.*

### ***The Collect of the Day***

*Almighty God, who seest that we have no power of ourselves to help ourselves: Keep us both outwardly in our bodies and inwardly in our souls, that we may be defended from all adversities which may happen to the body, and from all evil thoughts which may assault and hurt the soul; through Jesus Christ our Lord, who liveth and reigneth with thee and the Holy Spirit, one God, for ever and ever. Amen.*

### ***A Collect for Peace***

*O God, from whom all holy desires, all good counsels, and all just works do proceed: Give unto thy servants that peace which the world cannot give, that our hearts may be set to obey thy commandments, and also that by thee, we, being defended from the fear of all enemies, may pass our time in rest and quietness; through the merits of Jesus Christ our Savior. Amen.*

### ***A Collect for Aid against Perils***

*Lighten our darkness, we beseech thee, O Lord; and by thy great mercy defend us from all perils and dangers of this night; for the love of thy only Son, our Savior Jesus Christ. Amen.*

*All sit.*

**ANTHEM**

**AND AS MOSES LIFTED UP THE SERPENT**

*John Stainer*

*Soloist: Alan Rackley*

*And as Moses lifted up the serpent in the wilderness,  
even so must the Son of Man be lifted up;  
That whosoever believeth in Him should not perish,  
but have everlasting life.*

*God so loved the world,  
that he gave his only begotten Son,  
that whoso believeth in him should not perish,  
but have everlasting life.  
For God sent not his Son into the world  
to condemn the world;  
but that the world through him might be saved.*

*Text: John 3:14-17*

THE GENERAL THANKSGIVING

BCP 71

*Officiant and People*

**Almighty God, Father of all mercies, we thine unworthy servants do give thee most humble and hearty thanks for all thy goodness and loving-kindness to us and to all men. We bless thee for our creation, preservation, and all the blessings of this life; but above all for thine inestimable love in the redemption of the world by our Lord Jesus Christ; for the means of grace, and for the hope of glory. And, we beseech thee, give us that due sense of all thy mercies, that our hearts may be unfeignedly thankful; and that we show forth thy praise, not only with our lips, but in our lives, by giving up our selves to thy service, and by walking before thee in holiness and righteousness all our days; through Jesus Christ our Lord, to whom, with thee and the Holy Ghost, be all honor and glory, world without end. Amen.**

THE CONCLUDING SENTENCES FROM HOLY SCRIPTURE

BCP 72

HYMN 674

FORGIVE OUR SINS AS WE FORGIVE

*Detroit*

THE HOLY COMMUNION

THE OFFERTORY

HARMONIES DU SOIR, OP. 72, NO. 1

*Sigfrid Karg-Elert*

*For those who wish to receive the Bread and Wine of Holy Communion, come up to the choir pews as you are able during the Offertory.*

THE GENERAL THANKSGIVING

*Celebrant* The Lord be with you.

*People* **And with thy spirit.**

*Celebrant* Lift up your hearts.

*People* **We lift them up unto the Lord.**

*Celebrant* Let us give thanks unto our Lord God.

*People* **It is meet and right so to do.**

It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, holy Father, almighty, everlasting God...

...Therefore with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee, and saying,

## THE SANCTUS

**Holy, holy, holy, Lord God of Hosts:  
Heaven and earth are full of thy Glory.  
Glory be to thee, O Lord Most High.  
Blessed is he that cometh in the name of the Lord.  
Hosanna in the highest.**

*All stand or kneel.*

*Celebrant* All glory be to thee, O Lord our God, for that thou didst create heaven and earth, and didst make us in thine own image; and, of thy tender mercy, didst give thine only Son Jesus Christ to take our nature upon him, and to suffer death upon the cross for our redemption. He made there a full and perfect sacrifice for the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memory of that his precious death and sacrifice, until his coming again...

...By whom, and with whom, and in whom, in the unity of the Holy Ghost all honor and glory be unto thee, O Father Almighty, world without end. **AMEN.**

*Celebrant* And now as our Savior Christ hath taught us, we are bold to say,

*People and Celebrant*

**Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.**

## THE BREAKING OF THE BREAD

*A period of silence is kept.*

*Celebrant* O Lamb of God, that takest away the sins of the world,

*People* **have mercy upon us.**

*Celebrant* O Lamb of God, that takest away the sins of the world,

*People* **have mercy upon us.**

*Celebrant* O Lamb of God, that takest away the sins of the world,

*People* **grant us thy peace.**

**We do not presume to come to this thy Table, O merciful Lord, trusting in our own righteousness, but in thy manifold and great mercies. We are not worthy so much as to gather up the crumbs under thy Table. But thou art the same Lord whose property is always to have mercy. Grant us therefore, gracious Lord, so to eat the flesh of thy dear Son Jesus Christ and to drink his blood, that we may evermore dwell in him, and he in us. Amen.**

*Celebrant* The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

### **THE ADMINISTRATION OF HOLY COMMUNION**

*To receive the Bread and Wine of Holy Communion, please come forward and kneel or stand at the Altar rail. Gluten-free Bread is available upon request. If you prefer not to drink the Wine, please know that receiving only Bread is a “full Communion.” If you prefer to receive a blessing instead of the Bread and Wine, come forward to the rail and cross your arms over your chest. If, for whatever reason, you prefer to receive the Bread and Wine in your pew, let your usher know.*

### **THE POSTCOMMUNION PRAYER**

*Celebrant* Let us pray.

*Celebrant and People*

**Almighty and everliving God, we most heartily thank thee for that thou dost feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Savior Jesus Christ; and dost assure us thereby of thy favor and goodness towards us; and that we are very members incorporate in the mystical body of thy Son, the blessed company of all faithful people; and are also heirs, through hope, of thy everlasting kingdom. And we humbly beseech thee, O heavenly Father, so to assist us with thy grace, that we may continue in that holy fellowship, and do all such good works as thou hast prepared for us to walk in; through Jesus Christ our Lord, to whom with thee and the Holy Ghost, be all honor and glory, world without end. Amen.**

### **THE SOLEMN PRAYER OVER THE PEOPLE**

Look mercifully on this thy family, Almighty God, that, by thy great goodness, they may be governed and preserved evermore; through Christ our Lord. **Amen.**

### **THE DISMISSAL**

*Celebrant* Let us bless the Lord.

*People* **Thanks be to God.**

✧ ALTAR GIFTS ✧

TO THE GLORY OF GOD AND IN LOVING MEMORY OF  
MARY WORTHEN PENICK AND JAMES HENRY PENICK ,SR., EVELYN AND ED PENICK, SR.,  
AND ANA AND GEORGE WHITMORE  
BY THE ED PENICK FAMILY

**PARTICIPATING THIS EVENING**

*Officiant* The Very Rev. Andrea McMillin, *Dean and Rector*

*Lector* Jean Harper

*Music* Dr. Colin MacKnight, *Director of Music*

Katie Gunn, *Associate Director of Music*

Trinity Cathedral Choir

**Notes on the notes:** Today’s anthem concludes with Stainer’s beloved and ubiquitous God so loved the world. Less commonly, however, it includes the preceding bass recitative *And as Moses lifted up the serpent*. In addition to providing more musical context, the preceding recitative includes the theologically vital comparison between the lifting of the serpent and the lifting of the Son of Man.

**UPCOMING EVENTS**

**Trinity Connections**

The Transition Committee is planning a series of small gatherings around Little Rock to get to know the Very Reverend Andrea McMillin, our new Dean and Rector. The gatherings are scheduled in different parts of Little Rock and will involve food, conversations, and opportunities to connect. Scan the QR Code to see the schedule and sign up.



**Memorials for Easter**

*Due Friday, March 27 at 5:00 p.m.*

On Easter Sunday, the Cathedral is decorated with flowers given by parishioners in honor or in memory of loved ones, and these memorials are listed in the service booklets.



Donations of any amount are welcome. To arrange a memorial, contact Missy McCain, Parish Administrator ([missy@trinitylittlerock.org](mailto:missy@trinitylittlerock.org)) or use

this QR code no later than Friday, March 27 at 5:00 p.m.

**Lenten Intergenerational Service Project: Undie Sunday**

*Sunday, March 15*

*9:15 a.m., Morrison Hall*

The Matthew 25 Outreach group is asking your assistance to “Share our blessings, help our neighbor! Beginning in March, we are gathering supplies which we will collect, organize, and distribute during the Lenten Intergenerational Service Project on March 15.

Between March 1 - 15: Please bring your donations to the Cathedral or church office. All items must be new, please no used or worn donations. Men’s, women’s, and children’s sizes of the following:

- T-shirts
  - Socks
  - Underwear
  - Diapers
- March 15: Join us to sort and prepare gifts to be sent to St. Francis House and Dorcas House!

## Spring Seed Swap

*Sunday, March 15*

*11:30 a.m. to 12:30 p.m.*

Please join us in the Garth to swap seeds with each other. Bring any and all seeds that you would like to trade and hopefully we will have a wide selection to “swap” just in time for spring planting! Put on with love by the Broadway Community Garden.

## Palm Cross Making

*Saturday, March 28*

*9:00 - 12:00 p.m., Lounge*

Everyone is invited to come fold palm crosses on Palm Saturday! Even if you have never made one before, we are happy to teach you how and there are several methods. Each one is unique and a loving offering for our Palm Sunday celebrations the following day. Join us! For questions contact Dawn Howe (501-690-0997 or [howeow@aol.com](mailto:howeow@aol.com)).

## The Rite of Reconciliation

Those who wish to make a private confession are welcome to do so at any time in the Episcopal Church. The season of Lent is a good opportunity for newcomers to try out this practice. To make an appointment, please contact the Very Rev. Andrea McMillin ([andrea@trinitylittlerock.org](mailto:andrea@trinitylittlerock.org)), the Rev. Thomas Alexander ([thomas@trinitylittlerock.org](mailto:thomas@trinitylittlerock.org)), and the Rev. Peggy Cromwell ([cromwellpeggy@gmail.com](mailto:cromwellpeggy@gmail.com)).

## Wednesdays in Lent

At Trinity, every Wednesday in Lent will be full of opportunities to go deeper into a life with God. Every Wednesday follows the same schedule, including Community Dinner and Koinonia Eucharist each week.

11:00 a.m. – Bible Study: The Psalms as Prayer

12:15 p.m. – Organ Recital

*During Lent, the weekly lunchtime organ recitals will feature masterpieces which reflect the beauty and seriousness of Lent. There exists a rich repertoire of profound music appropriate to the season, so this group of recitals offers a moment to pause, listen, and reflect.*

5:30 p.m. – 6:30 p.m. – Community Dinner

5:30 p.m. – Healing Eucharist

6:00 p.m. – Koinonia Eucharist

6:30 p.m. – Book Club: Gary Anderson's *Sin: A History*

7:30 p.m. – Choral Compline

*The Trinity Schola will sing choral Complines every Wednesday in Lent. Compline, sometimes referred to as “Night Prayer,” takes its name from the Latin word “completorium,” meaning “complete.” As the name suggests, it is a short service of tranquil reflection at the end of the day. Traditionally, this service eschews musical instruments, so the music comes only from a cappella singers.*

## Men's Group in Lent

*Thursdays of Lent at 8:00 a.m., beginning February 19*

*Baker Parlor in Keller House*

Join men of the parish for fellowship, mutual support, and prayer in a small group setting. This Men's Group meets weekly instead of monthly during the season of Lent, often inviting guest speakers for conversation. To learn more, contact Bert Parker ([hjpparkerlr@gmail.com](mailto:hjpparkerlr@gmail.com)).

## Daytime Bible Study: The Psalms as Prayer

*Wednesdays in Lent, 11 a.m. (beginning February 25)*

*Baker Parlor in Keller House*

Join Thomas for this weekday, daytime Bible study during the Lenten season to develop prayer practices using the Psalms. Participants are more than welcome to bring their lunch with them. To learn more, contact the Rev. Thomas Alexander ([thomas@trinitylittlerock.org](mailto:thomas@trinitylittlerock.org)).

## Book Club: *Sin: A History* by Gary Anderson

*Wednesdays in Lent, 6:30 p.m. (beginning February 25)*

*Conference Room in Keller House*

What is sin? Spanning nearly two thousand years, the book brilliantly demonstrates how sin as a concept has evolved over history. This will be a wonderful class for the Lenten season. To sign up, contact the Rev. Thomas Alexander ([thomas@trinitylittlerock.org](mailto:thomas@trinitylittlerock.org)).

## CHILDREN & YOUTH ANNOUNCEMENTS

For all program questions contact Emma Mitchell, [emma@trinitylittlerock.org](mailto:emma@trinitylittlerock.org)

### **EKC/EYC Schedule in March:**

4:00-5:00 p.m. EKC

5:00 p.m. Shared Dinner

5:30-6:30 p.m. EYC

March 8: NO EKC/EYC (AYE Weekend)

March 15: EKC/EYC (Gym)

March 22: Spring Break Church Cleaning Day!

March 29 (Palm Sunday): EKC/EYC (Gym)

### **Koinonia Wednesdays**

Every Wednesday in Lent

4:00 p.m. Trinity Choristers

5:00 p.m. St. Cecilia Singers

5:30 p.m. Community Dinner (Morrison Hall)

6:00 p.m. Koinonia Eucharist (Cathedral)

Join us *every* Wednesday in Lent, beginning February 18, for children's choir, St. Cecilia Singers, Community Dinner, and family-friendly worship! We are looking for a few volunteers to host dinners and lead worship, please let Emma know if you can volunteer for one of these roles.