



# TRINITY

EPISCOPAL CATHEDRAL  
A house of prayer for all people

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The Fifth Sunday in Lent  
March 22, 2026, 4 p.m.

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***Welcome:** Whether you are a first-time visitor or a long-time member, we are honored to worship with you today. If you are searching for a church home, we would love to tell you more about this congregation and to learn more about you. Fill out a visitor card found in the back of the pew in front of you, drop it in the offering plate, and we'll be in conversation with you this week. Above all, please know that this is your Cathedral, and all are welcome.*

*Choral Evensong is a service of readings from the Bible and prayers for the evening, almost entirely led by the Trinity Choir on behalf of the congregation. A very brief service of Holy Communion is celebrated afterwards for those who wish to receive the Bread and Wine.*

## CHORAL EVENSONG WITH HOLY EUCHARIST

**THE PRELUDE**

JESUS CHRISTUS, UNSER HEILAND, BWV 689

*Johann Sebastian Bach*

*All stand.*

**THE OPENING SENTENCES FROM HOLY SCRIPTURE**

**BCP 61**

**THE CONFESSION OF SIN**

*The Officiant says to the people*

Dear friends in Christ, here in the presence of Almighty God, let us kneel in silence, and with penitent and obedient hearts confess our sins, so that we may obtain forgiveness by his infinite goodness and mercy.

*Silence may be kept.*

*Officiant and People together, all kneeling or standing*

**Almighty and most merciful Father, we have erred and strayed from thy ways like lost sheep, we have followed too much the devices and desires of our own hearts, we have offended against thy holy laws, we have left undone those things which we ought to have done, and we have done those things which we ought not to have done. But thou, O Lord, have mercy upon us, spare thou those who confess their faults, restore thou those who are penitent, according to thy promises declared unto mankind in Christ Jesus our Lord; and grant, O most merciful Father, for his sake, that we may hereafter live a godly, righteous, and sober life, to the glory of thy holy Name. Amen.**

*The Officiant alone stands and says*

The Almighty and merciful Lord grant you absolution and remission of all your sins, true repentance, amendment of life, and the grace and consolation of his Holy Spirit. **Amen.**

*All stand.*

**THE PRECES** *Sung by the Officiant and the choir*

*Kenneth Leighton*

*Officiant O Lord, open thou our lips.*

*Choir And our mouth shall shew forth thy praise.*

*Officiant O God, make speed to save us.*

*Choir O Lord, make haste to help us.*

*Officiant Glory be to the Father, and to the Son, and to the Holy Ghost;*

*Choir As it was in the beginning, is now, and ever shall be,  
world without end. Amen.*

*Officiant Praise ye the Lord.*

*Choir The Lord's name be praised.*

*All sit.*

**PSALM 145** *Exaltabo te, Deus*

*Plainsong (V.1)*

**I** will magnify thee, O God, my King \*  
and I will praise thy Name for ever and ever.

*Every day will I give thanks unto thee \* and praise thy Name for ever and ever.*

*Great is the LORD, and marvellous worthy to be praised \* there is no end of his greatness.*

*One generation shall praise thy works unto another \* and declare thy power.*

*As for me, I will be talking of thy worship \* thy glory, thy praise, and wondrous works;*

*So that men shall speak of the might of thy marvellous acts \* and I will also tell of thy greatness.*

*The memorial of thine abundant kindness shall be shewed \*  
and men shall sing of thy righteousness.*

*The LORD is gracious and merciful \* long-suffering and of great goodness.*

*The LORD is loving unto every man \* and his mercy is over all his works.*

*All thy works praise thee, O LORD \* and thy saints give thanks unto thee.*

*They shew the glory of thy kingdom \* and talk of thy power;*

*That thy power, thy glory, and mightiness of thy kingdom \* might be known unto men.*

*Thy kingdom is an everlasting kingdom \* and thy dominion endureth throughout all ages.*

*The LORD upholdeth all such as fall \* and lifteth up all those that are down.*

*The eyes of all wait upon thee, O LORD \* and thou givest them their meat in due season.*

*Thou openest thine hand \* and fillest all things living with plenteousness.*

*The LORD is righteous in all his ways \* and holy in all his works.*

*The LORD is nigh unto all them that call upon him \* yea, all such as call upon him faithfully.*

*He will fulfil the desire of them that fear him \* he also will hear their cry, and will help them.*

*The LORD preserveth all them that love him \* but scattereth abroad all the ungodly.*

*My mouth shall speak the praise of the LORD \**

*and let all flesh give thanks unto his holy Name for ever and ever.*

*Glory be to the Father, and to the Son, and to the Holy Ghost:*

*as it was in the beginning, is now, and ever shall be, world without end. Amen.*

## THE FIRST LESSON

EXODUS 3:16-4:12

**G**o and assemble the elders of Israel, and say to them, “The LORD, the God of your ancestors, the God of Abraham, of Isaac, and of Jacob, has appeared to me, saying: I have given heed to you and to what has been done to you in Egypt. I declare that I will bring you up out of the misery of Egypt, to the land of the Canaanites, the Hittites, the Amorites, the Perizzites, the Hivites, and the Jebusites, a land flowing with milk and honey.” They will listen to your voice; and you and the elders of Israel shall go to the king of Egypt and say to him, “The LORD, the God of the Hebrews, has met with us; let us now go a three days’ journey into the wilderness, so that we may sacrifice to the LORD our God.” I know, however, that the king of Egypt will not let you go unless compelled by a mighty hand.\* So I will stretch out my hand and strike Egypt with all my wonders that I will perform in it; after that he will let you go. I will bring this people into such favour with the Egyptians that, when you go, you will not go empty-handed; each woman shall ask her neighbour and any woman living in the neighbour’s house for jewellery of silver and of gold, and clothing, and you shall put them on your sons and on your daughters; and so you shall plunder the Egyptians.’

Then Moses answered, ‘But suppose they do not believe me or listen to me, but say, “The LORD did not appear to you.”’ The LORD said to him, ‘What is that in your hand?’ He said, ‘A staff.’ And he said, ‘Throw it on the ground.’ So he threw the staff on the ground, and it became a snake; and Moses drew back from it. Then the LORD said to Moses, ‘Reach out your hand, and seize it by the tail’—so he reached out his hand and grasped it, and it became a staff in his hand— ‘so that they may believe that the LORD, the God of their

ancestors, the God of Abraham, the God of Isaac, and the God of Jacob, has appeared to you.’

Again, the LORD said to him, ‘Put your hand inside your cloak.’ He put his hand into his cloak; and when he took it out, his hand was leprous, as white as snow. Then God said, ‘Put your hand back into your cloak’—so he put his hand back into his cloak, and when he took it out, it was restored like the rest of his body— ‘If they will not believe you or heed the first sign, they may believe the second sign. If they will not believe even these two signs or heed you, you shall take some water from the Nile and pour it on the dry ground; and the water that you shall take from the Nile will become blood on the dry ground.’

But Moses said to the LORD, ‘O my LORD, I have never been eloquent, neither in the past nor even now that you have spoken to your servant; but I am slow of speech and slow of tongue.’ Then the LORD said to him, ‘Who gives speech to mortals? Who makes them mute or deaf, seeing or blind? Is it not I, the LORD? Now go, and I will be with your mouth and teach you what you are to speak.’

*All stand.*

**HYMN 414**

GOD, MY KING, THY MIGHT CONFESSING

*Stuttgart*

*All sit.*

**MAGNIFICAT: THE GLOUCESTER SERVICE** *sung by the choir*

*Herbert Howells*

*My soul doth magnify the Lord, and my spirit hath rejoiced in God my Savior. For he hath regarded the lowliness of his handmaiden. For behold from henceforth all generations shall call me blessed. For he that is mighty hath magnified me, and holy is his Name. And his mercy is on them that fear him throughout all generations. He hath showed strength with his arm; he hath scattered the proud in the imagination of their hearts. He hath put down the mighty from their seat, and hath exalted the humble and meek. He hath filled the hungry with good things, and the rich he hath sent empty away. He remembering his mercy hath holpen his servant Israel, as he promised to our forefathers, Abraham and his seed for ever. Glory be to the Father, and to the Son, and to the Holy Ghost: as it was in the beginning, is now, and ever shall be, world without end. Amen.*

**W**hich of you convicts me of sin? If I tell the truth, why do you not believe me? Whoever is from God hears the words of God. The reason you do not hear them is that you are not from God.'

The Jews answered him, 'Are we not right in saying that you are a Samaritan and have a demon?' Jesus answered, 'I do not have a demon; but I honour my Father, and you dishonour me. Yet I do not seek my own glory; there is one who seeks it and he is the judge. Very truly, I tell you, whoever keeps my word will never see death.' The Jews said to him, 'Now we know that you have a demon. Abraham died, and so did the prophets; yet you say, "Whoever keeps my word will never taste death." Are you greater than our father Abraham, who died? The prophets also died. Who do you claim to be?' Jesus answered, 'If I glorify myself, my glory is nothing. It is my Father who glorifies me, he of whom you say, "He is our God", though you do not know him. But I know him; if I were to say that I do not know him, I would be a liar like you. But I do know him and I keep his word. Your ancestor Abraham rejoiced that he would see my day; he saw it and was glad.' Then the Jews said to him, 'You are not yet fifty years old, and have you seen Abraham?' Jesus said to them, 'Very truly, I tell you, before Abraham was, I am.' So they picked up stones to throw at him, but Jesus hid himself and went out of the temple.

**NUNC DIMITTIS: THE GLOUCESTER SERVICE** *sung by the choir*

*Herbert Howells*

*Lord, now lettest thou thy servant depart in peace, according to thy word; For mine eyes have seen thy salvation, which thou hast prepared before the face of all people, To be a light to lighten the Gentiles, and to be the glory of thy people Israel. Glory be to the Father, and to the Son, and to the Holy Ghost: as it was in the beginning, is now, and ever shall be, world without end. Amen.*

**THE APOSTLES' CREED** *intoned by the Officiant, sung by all, standing*

**I believe in God, the Father almighty, maker of heaven and earth; And in Jesus Christ his only Son our Lord; who was conceived by the Holy Ghost, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, dead, and buried. He descended into hell. The third day he rose again from the dead. He ascended into heaven, and sitteth on the right hand of God the Father almighty. From thence he shall come to judge the quick and the dead. I believe in the Holy Ghost, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.**

*All stand or kneel.*

*The following are sung by the Officiant and the choir.*

## **THE SALUTATION**

*Kenneth Leighton*

*Officiant The Lord be with you.*

*Choir And with thy spirit.*

*Officiant Let us pray.*

*Choir Lord, have mercy upon us.*

*Christ, have mercy upon us.*

*Lord, have mercy upon us.*

## **THE LORD'S PRAYER**

*Kenneth Leighton*

*Choir Our Father, which art in heaven, hallowed be thy Name. Thy kingdom come. Thy will be done in earth, as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive them that trespass against us. And lead us not into temptation, but deliver us from evil. Amen.*

## **SUFFRAGES AND COLLECTS**

*Kenneth Leighton*

*Officiant O Lord, shew thy mercy upon us.*

*Choir And grant us thy salvation.*

*Officiant O Lord, save the State.*

*Choir And mercifully hear us when we call upon thee.*

*Officiant Endue thy Ministers with righteousness.*

*Choir And make thy chosen people joyful.*

*Officiant O Lord, save thy people.*

*Choir And bless thine inheritance.*

*Officiant Give peace in our time, O Lord.*

*Choir Because there is none other that fighteth for us, but only thou, O God.*

*Officiant O God, make clean our hearts within us.*

*Choir And take not thy Holy Spirit from us.*

### ***The Collect of the Day***

*O Almighty God, who alone canst order the unruly wills and affections of sinful men: Grant unto thy people that they may love the thing which thou commandest, and desire that which thou dost promise; that so, among the sundry and manifold changes of the world, our hearts may surely there be fixed where true joys are to be found; through Jesus Christ our Lord, who liveth and reigneth with thee and the Holy Spirit, one God, now and for ever. Amen.*

### ***A Collect for Peace***

*O God, from whom all holy desires, all good counsels, and all just works do proceed: Give unto thy servants that peace which the world cannot give, that our hearts may be set to obey thy commandments, and also that by thee, we, being defended from the fear of all enemies, may pass our time in rest and quietness; through the merits of Jesus Christ our Savior. Amen.*

### ***A Collect for Aid against Perils***

*Lighten our darkness, we beseech thee, O Lord; and by thy great mercy defend us from all perils and dangers of this night; for the love of thy only Son, our Savior Jesus Christ. Amen.*

*All sit.*

**ANTHEM**

**LIKE AS THE HART**

*Herbert Howells*

*Soloist: Paige Cullins*

*Like as the hart desireth the waterbrooks:*

*so longeth my soul after thee, O God.*

*My soul is athirst for God, yea, even for the living God:*

*when shall I come to appear before the presence of God?*

*My tears have been my meat day and night:*

*while they daily say unto me, Where is now thy God?*

*Text: Psalm 42:1-3*

*All stand.*

**THE GENERAL THANKSGIVING**

**BCP 71**

*Officiant and People*

**Almighty God, Father of all mercies, we thine unworthy servants do give thee most humble and hearty thanks for all thy goodness and loving-kindness to us and to all men. We bless thee for our creation, preservation, and all the blessings of this life; but above all for thine inestimable love in the redemption of the world by our Lord Jesus Christ; for the means of grace, and for the hope of glory. And, we beseech thee, give us that due sense of all thy mercies, that our hearts may be unfeignedly thankful; and that we show forth thy praise, not only with our lips, but in our lives, by giving up our selves to thy service, and by walking before thee in holiness and righteousness all our days; through Jesus Christ our Lord, to whom, with thee and the Holy Ghost, be all honor and glory, world without end. Amen.**

**THE CONCLUDING SENTENCES FROM HOLY SCRIPTURE**

**BCP 72**

**HYMN 146**

**NOW LET US ALL WITH ONE ACCORD**

*Ex more docti mystico*

# THE HOLY COMMUNION

## THE OFFERTORY

'FIDDLE' FUGUE IN D MINOR, BWV 539.2

*Johann Sebastian Bach*

*For those who wish to receive the Bread and Wine of Holy Communion, come up to the choir pews as you are able during the Offertory.*

## THE GREAT THANKSGIVING

*Celebrant* The Lord be with you.

*People* **And with thy spirit.**

*Celebrant* Lift up your hearts.

*People* **We lift them up unto the Lord.**

*Celebrant* Let us give thanks unto our Lord God.

*People* **It is meet and right so to do.**

It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, holy Father, almighty, everlasting God...

...Therefore with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee, and saying,

## THE SANCTUS

**Holy, holy, holy, Lord God of Hosts:**

**Heaven and earth are full of thy Glory.**

**Glory be to thee, O Lord Most High.**

**Blessed is he that cometh in the name of the Lord.**

**Hosanna in the highest.**

*All stand or kneel.*

*Celebrant* All glory be to thee, O Lord our God, for that thou didst create heaven and earth, and didst make us in thine own image; and, of thy tender mercy, didst give thine only Son Jesus Christ to take our nature upon him, and to suffer death upon the cross for our redemption. He made there a full and perfect sacrifice for the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memory of that his precious death and sacrifice, until his coming again...

...By whom, and with whom, and in whom, in the unity of the Holy Ghost all honor and glory be unto thee, O Father Almighty, world without end. **AMEN.**

*Celebrant* And now as our Savior Christ hath taught us, we are bold to say,

*People and Celebrant*

**Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.**

## THE BREAKING OF THE BREAD

*A period of silence is kept.*

*Celebrant* O Lamb of God, that takest away the sins of the world,

*People* **have mercy upon us.**

*Celebrant* O Lamb of God, that takest away the sins of the world,

*People* **have mercy upon us.**

*Celebrant* O Lamb of God, that takest away the sins of the world,

*People* **grant us thy peace.**

*Celebrant and People*

**We do not presume to come to this thy Table, O merciful Lord, trusting in our own righteousness, but in thy manifold and great mercies. We are not worthy so much as to gather up the crumbs under thy Table. But thou art the same Lord whose property is always to have mercy. Grant us therefore, gracious Lord, so to eat the flesh of thy dear Son Jesus Christ and to drink his blood, that we may evermore dwell in him, and he in us. Amen.**

*Celebrant* The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

## THE ADMINISTRATION OF HOLY COMMUNION

*To receive the Bread and Wine of Holy Communion, please come forward and kneel or stand at the Altar rail. Gluten-free Bread is available upon request. If you prefer not to drink the Wine, please know that receiving only Bread is a "full Communion." If you prefer to receive a blessing instead of the Bread and Wine, come forward to the rail and cross your arms over your chest. If, for whatever reason, you prefer to receive the Bread and Wine in your pew, let your usher know.*

## THE POSTCOMMUNION PRAYER

*Celebrant* Let us pray.

*Celebrant and People*

**Almighty and everliving God, we most heartily thank thee for that thou dost feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Savior Jesus Christ; and dost assure us thereby of thy favor and goodness towards us; and that we are very members incorporate in the mystical body of thy Son, the blessed company of all faithful people; and are also heirs, through hope, of thy everlasting kingdom. And we humbly beseech thee, O heavenly Father, so to assist us with thy grace, that we may continue in that holy fellowship, and do all such good works as thou hast prepared for us to walk in; through Jesus Christ our Lord, to whom with thee and the Holy Ghost, be all honor and glory, world without end. Amen.**

## THE SOLEMN PRAYER OVER THE PEOPLE

Look with compassion, O Lord, upon this thy people, that, rightly observing this holy season, they may learn to know thee more fully and to serve thee with a more perfect will; through Christ our Lord. **Amen.**

## THE DISMISSAL

*Celebrant* Let us bless the Lord.

*People* **Thanks be to God.**

## PARTICIPATING THIS EVENING

*Officiant* The Very Rev. Andrea McMillin, *Dean and Rector*

*Lector* Barry Coplin

*Music* Dr. Colin MacKnight, *Director of Music*

Katie Gunn, *Associate Director of Music*

Trinity Cathedral Choir

**Notes on the notes:** The Gloucester Service is Howells' sixth setting of the evening canticles. The Magnificat begins with one of Howells' most striking textures: a swirling trio of two soprano lines accompanied by a soprano countermelody in the organ. The Gloucester Service must have held special significance for Howells because he was born and raised in Gloucestershire and studied with Herbert Brewer who, at the time, was Director of Music of Gloucester Cathedral.

Today's postlude is nicknamed the "Fiddle Fugue" because it is a transcription (made by Bach) of the fugue from his G minor violin sonata. Even though Bach goes to great lengths to adapt the piece for organ, it is clear to the player (and a discerning listener) that this piece was not originally written for the organ. Its idiosyncrasy, however, makes it a delightfully quirky and refreshing part of Bach's organ output.

## UPCOMING EVENTS

### Memorials for Easter

*Due Friday, March 27 at 5:00 p.m.*

On Easter Sunday, the Cathedral is decorated with flowers given by parishioners in honor or in memory of loved ones, and these memorials are listed in the service booklets. Donations of any amount are welcome. To arrange a memorial, contact Missy McCain, Parish Administrator ([missy@trinitylittlerock.org](mailto:missy@trinitylittlerock.org)) or use this QR code no later than Friday, March 27 at 5:00 p.m.



### Holy Eucharist with Prayers for the Nation

*Saturday, March 28, 2026 at 10 a.m.*

*Treadway Garden*

In this time of turbulence in our country and the world, we are called to come together and offer prayers for peace and healing. Please join us for this simple prayer service and Eucharist.

### Holy Week Meditation: François Couperin's *Leçons de ténèbres*

*Sunday, March 29 2026 at 4 pm*

In lieu of evensong on Palm Sunday, the sopranos of the Trinity Schola, Paige Cullins and Anna Squire, will sing François Couperin's three *Leçons de ténèbres*, or *Tenebrae Lessons*, with a chamber ensemble. François Couperin is one of the primary composers of the French Baroque. These substantial and poignant works take their text from the Lamentations of Jeremiah, in which Jeremiah mourns the Babylonian's destruction of Jerusalem.

## HOLY WEEK AT TRINITY

Join us at Trinity as we walk with our Lord toward the cross and resurrection. Regular attendance throughout Holy Week makes Easter Sunday all the more meaningful.

### **Palm Sunday - March 29, 2026**

Holy Eucharist Rite I with Liturgy of the Palms, spoken - 8 a.m. in the Cathedral

Holy Eucharist with Liturgy of the Palms, choral - 10:30 a.m. in the Cathedral

Holy Week Musical Meditation: *Leçons de ténèbres* by François Couperin - 4 p.m. in the Cathedral

### **Monday - March 30**

Morning Prayer - 8:30 a.m. in the Chapel

Holy Eucharist, spoken - 12 p.m. in the Chapel

### **Tuesday - March 31**

Morning Prayer - 8:30 a.m. in the Chapel

Holy Eucharist, Renewal of Clergy Vows and Blessing of Chrism Oil - 11 a.m. in the Cathedral - All welcome

### **Wednesday - April 1, 2026**

Morning Prayer - 8:30 a.m. in the Chapel

Holy Eucharist, spoken - 12 p.m. in the Chapel

Community Dinner - 5:30 in Morrison Hall

Koinonia Eucharist with Footwashing - 6 p.m. in the Garth

The Office of Tenebrae, choral - 7 p.m. in the Cathedral

### **Thursday - April 2, 2026**

Morning Prayer - 8:30 a.m. in the Chapel

Maundy Thursday Liturgy and Stripping of the Altar, choral - 7 p.m. In the Cathedral

### **Friday - April 3, 2026**

The Liturgy for Good Friday, choral - 12 p.m. In the Cathedral

### **Holy Saturday - April 4, 2026**

The Liturgy for Holy Saturday - 9 a.m. In the Treadway Garden

The Great Vigil of Easter with Lighting of the Fire, choral - 7 p.m. In the Cathedral - Champagne reception to follow. Bring your bell!

### **Easter Day, Sunday - April 5, 2026**

Holy Eucharist Rite II, with choir and strings. Children's sermon - 8 a.m. In the Cathedral

Eggstravaganza - 9:15 a.m.

Easter Egg Hunt in the Garth and Treadway Garden

Breakfast in Morrison Hall

Holy Eucharist Rite II, choral with strings. Children's chapel - 10:30 a.m. In the Cathedral  
(incense will be used at this service)