



TRINITY

EPISCOPAL CATHEDRAL
A house of prayer for all people

The Fifth Sunday after Pentecost
June 28, 2026, 8 a.m.

***Welcome:** Whether you are a first-time visitor or a long-time member, we are honored to worship with you today. If you are searching for a church home, we would love to tell you more about this congregation and to learn more about you. Fill out a visitor card found in the back of the pew in front of you, drop it in the offering plate, and we'll be in conversation with you this week. Above all, please know that this is your Cathedral, and all are welcome.*

THE HOLY EUCHARIST, RITE I

Celebrant Blessed be God: Father, Son, and Holy Spirit.

People **And blessed be his kingdom, now and for ever. Amen**

Celebrant Almighty God, unto whom all hearts are open, all desires known, and from whom no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of thy Holy Spirit, that we may perfectly love thee, and worthily magnify thy holy Name; through Christ our Lord. **Amen.**

Celebrant Hear what our Lord Jesus Christ saith: Thou shalt love the Lord thy God with all thy heart, and with all thy soul, and with all thy mind. This is the first and great commandment. And the second is like unto it: Thou shalt love thy neighbor as thyself. On these two commandments hang all the Law and the Prophets.

Celebrant Lord, have mercy upon us.

People **Christ, have mercy upon us.**

Celebrant Lord, have mercy upon us.

Celebrant and People **Glory be to God on high, and on earth peace, good will towards men. We praise thee, we bless thee, we worship thee, we glorify thee, we give thanks to thee for thy great glory, O Lord God, heavenly King, God the Father Almighty. O Lord, the only-begotten Son, Jesus Christ; O Lord God, Lamb of God, Son of the Father, that takest away the sins of the world, have mercy upon us. Thou that takest away the sins of the world, receive our prayer. Thou that sittest at the right hand of God the Father, have mercy upon us. For thou only art holy; thou only art the Lord; thou only, O Christ, with the Holy Ghost, art most high in the glory of God the Father. Amen.**

THE LITURGY OF THE WORD

THE COLLECT OF THE DAY

Celebrant The Lord be with you.

People **And with thy spirit.**

Celebrant Let us pray.

O Almighty God, who hast built thy Church upon the foundation of the apostles and prophets, Jesus Christ himself being the chief cornerstone: Grant us so to be joined together in unity of spirit by their doctrine, that we may be made an holy temple acceptable unto thee; through the same Jesus Christ our Lord, who liveth and reigneth with thee and the Holy Spirit, one God, for ever and ever. **Amen.**

All sit.

THE FIRST READING

GENESIS 22:1-14

God tested Abraham. He said to him, "Abraham!" And he said, "Here I am." He said, "Take your son, your only son Isaac, whom you love, and go to the land of Moriah, and offer him there as a burnt offering on one of the mountains that I shall show you." So Abraham rose early in the morning, saddled his donkey, and took two of his young men with him, and his son Isaac; he cut the wood for the burnt offering, and set out and went to the place in the distance that God had shown him. On the third day Abraham looked up and saw the place far away. Then Abraham said to his young men, "Stay here with the donkey; the boy and I will go over there; we will worship, and then we will come back to you." Abraham took the wood of the burnt offering and laid it on his son Isaac, and he himself carried the fire and the knife. So the two of them walked on together. Isaac said to his father Abraham, "Father!" And he said, "Here I am, my son." He said, "The fire and the wood are here, but where is the lamb for a burnt offering?" Abraham said, "God himself will provide the lamb for a burnt offering, my son." So the two of them walked on together.

When they came to the place that God had shown him, Abraham built an altar there and laid the wood in order. He bound his son Isaac, and laid him on the altar, on top of the wood. Then Abraham reached out his hand and took the knife to kill his son. But the angel of the LORD called to him from heaven, and said, "Abraham, Abraham!" And he said, "Here I am." He said, "Do not lay your hand on the boy or do anything to him; for now I know that you fear God, since you have not withheld your son, your only son, from me." And Abraham looked up and saw a ram, caught in a thicket by its horns. Abraham went and took the ram and offered it up as a burnt offering instead of his son. So Abraham called that place "The LORD will provide"; as it is said to this day, "On the mount of the LORD it shall be provided."

Lector The Word of the Lord.

People **Thanks be to God.**

How long, O LORD?
will you forget me for ever? *
how long will you hide your face from me?

How long shall I have perplexity in my mind,
and grief in my heart, day after day? *
how long shall my enemy triumph over me?

Look upon me and answer me, O LORD my God; *
give light to my eyes, lest I sleep in death;

Lest my enemy say, "I have prevailed over him," *
and my foes rejoice that I have fallen.

But I put my trust in your mercy; *
my heart is joyful because of your saving help.

I will sing to the LORD, for he has dealt with me richly; *
I will praise the Name of the LORD Most High.

THE SECOND READING

ROMANS 6:12-23

Do not let sin exercise dominion in your mortal bodies, to make you obey their passions. No longer present your members to sin as instruments of wickedness, but present yourselves to God as those who have been brought from death to life, and present your members to God as instruments of righteousness. For sin will have no dominion over you, since you are not under law but under grace.

What then? Should we sin because we are not under law but under grace? By no means! Do you not know that if you present yourselves to anyone as obedient slaves, you are slaves of the one whom you obey, either of sin, which leads to death, or of obedience, which leads to righteousness? But thanks be to God that you, having once been slaves of sin, have become obedient from the heart to the form of teaching to which you were entrusted, and that you, having been set free from sin, have become slaves of righteousness. I am speaking in human terms because of your natural limitations. For just as you once presented your members as slaves to impurity and to greater and greater iniquity, so now present your members as slaves to righteousness for sanctification.

When you were slaves of sin, you were free in regard to righteousness. So what advantage did you then get from the things of which you now are ashamed? The end of those things is death. But now that you have been freed from sin and enslaved to God,

the advantage you get is sanctification. The end is eternal life. For the wages of sin is death, but the free gift of God is eternal life in Christ Jesus our Lord.

Lector The Word of the Lord.

People **Thanks be to God.**

THE GOSPEL

MATTHEW 10:40-42

Deacon The Holy Gospel of our Lord Jesus Christ according to Matthew.

People **Glory be to thee, O Lord.**

Jesus said, “Whoever welcomes you welcomes me, and whoever welcomes me welcomes the one who sent me. Whoever welcomes a prophet in the name of a prophet will receive a prophet’s reward; and whoever welcomes a righteous person in the name of a righteous person will receive the reward of the righteous; and whoever gives even a cup of cold water to one of these little ones in the name of a disciple—truly I tell you, none of these will lose their reward.”

Deacon The Gospel of the Lord.

People **Praise be to thee, O Christ.**

THE SERMON

THE NICENE CREED

Said by all, standing

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

THE PRAYERS OF THE PEOPLE

Deacon Let us pray for the whole state of Christ's Church and the world.

Almighty and everliving God, who in thy holy Word hast taught us to make prayers, and supplications, and to give thanks for all men: Receive these our prayers which we offer unto thy divine Majesty, beseeching thee to inspire continually the Universal Church with the spirit of truth, unity, and concord; and grant that all those who do confess thy holy Name may agree in the truth of thy holy Word, and live in unity and godly love.

Give grace, O heavenly Father, to all bishops and other ministers, that they may, both by their life and doctrine, set forth thy true and lively Word, and rightly and duly administer thy holy Sacraments.

And to all thy people give thy heavenly grace, and especially to this congregation here present; that, with meek heart and due reverence, they may hear and receive thy holy Word, truly serving thee in holiness and righteousness all the days of their life.

We beseech thee also so to rule the hearts of those who bear the authority of government in this and every land, that they may be led to wise decisions and right actions for the welfare and peace of the world.

Open, O Lord, the eyes of all people to behold thy gracious hand in all thy works, that, rejoicing in thy whole creation, they may honor thee with their substance, and be faithful stewards of thy bounty.

And we most humbly beseech thee, of thy goodness, O Lord, to comfort and succor all those who in this transitory life, are in trouble, sorrow, need, sickness, or any other adversity.

And we also bless thy holy Name for all thy servants departed this life in thy faith and fear, beseeching thee to grant them continual growth in thy love and service; and to grant us grace so to follow the good examples of all thy saints, that with them we may be partakers of thy heavenly kingdom.

Grant these our prayers, O Father, for Jesus Christ's sake, our only Mediator and Advocate. **Amen.**

THE CONFESSION AND ABSOLUTION

Deacon Let us humbly confess our sins unto Almighty God.

Silence may be kept.

Deacon and People

Most merciful God, we confess that we have sinned against thee in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved thee with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of thy Son Jesus Christ, have mercy on us and forgive us; that we may delight in thy will, and walk in thy ways, to the glory of thy Name. Amen.

Celebrant Almighty God, our heavenly Father, who of his great mercy hath promised forgiveness of sins to all those who with hearty repentance and true faith turn unto him, have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and bring you to everlasting life; through Jesus Christ our Lord.
Amen.

The Celebrant then says one or more of the following sentences, first saying

Hear the Word of God to all who truly turn to him.

Come unto me, all ye that travail and are heavy laden, and I will refresh you.

Matthew 11:28

God so loved the world, that he gave his only-begotten Son, to the end that all that believe in him should not perish, but have everlasting life. *John 3:16*

This is a true saying, and worthy of all men to be received, that Christ Jesus came into the world to save sinners. *1 Timothy 1:15*

If any man sin, we have an Advocate with the Father, Jesus Christ the righteous; and he is the perfect offering for our sins, and not for ours only, but for the sins of the whole world. *1 John 2:1-2.*

THE PEACE

Celebrant The peace of the Lord be always with you.

People **And with thy spirit.**

Then all may greet one another in the name of the Lord.

THE HOLY COMMUNION

*At this time ushers collect an offering from the congregation.
Use the QR code to make a plate offering. On the fourth Sunday of the month
the loose plate offering goes to the Clergy Discretionary Fund.*



THE GREAT THANKSGIVING

All stand.

Celebrant The Lord be with you.

People **And with thy spirit.**

Celebrant Lift up your hearts.

People **We lift them up unto the Lord.**

Celebrant Let us give thanks unto our Lord God.

People **It is meet and right so to do.**

It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, holy Father, almighty, everlasting God...

...Therefore with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee, and saying,

THE SANCTUS

Holy, holy, holy, Lord God of Hosts:

Heaven and earth are full of thy Glory.

Glory be to thee, O Lord Most High.

Blessed is he that cometh in the name of the Lord.

Hosanna in the highest.

The Celebrant continues

All glory be to thee, O Lord our God, for that thou didst create heaven and earth, and didst make us in thine own image; and, of thy tender mercy, didst give thine only Son Jesus Christ to take our nature upon him, and to suffer death upon the cross for our redemption. He made there a full and perfect sacrifice for the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memory of that his precious death and sacrifice, until his coming again...

...By whom, and with whom, and in whom, in the unity of the Holy Ghost all honor and glory be unto thee, O Father Almighty, world without end. **AMEN.**

Celebrant And now, as our Savior Christ hath taught us, we are bold to say,

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

THE BREAKING OF THE BREAD

A period of silence is kept.

Celebrant Alleluia. Christ our Passover is sacrificed for us;

People **Therefore let us keep the feast. Alleluia.**

Celebrant The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

THE ADMINISTRATION OF HOLY COMMUNION

To receive the Bread and Wine of Holy Communion, please come forward and kneel or stand at the Altar rail. Gluten-free Bread is available upon request. If you prefer not to drink the Wine, please know that receiving only Bread is a "full Communion." If you prefer to receive a blessing instead of the Bread and Wine, come forward to the rail and cross your arms over your chest. If, for whatever reason, you prefer to receive the Bread and Wine in your pew, let your usher know.

THE POSTCOMMUNION PRAYER

Celebrant Let us pray.

Celebrant and People

Almighty and everliving God, we most heartily thank thee for that thou dost feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Savior Jesus Christ; and dost assure us thereby of thy favor and goodness towards us; and that we are very members incorporate in the mystical body of thy Son, the blessed company of all faithful people; and are also heirs, through hope, of thy everlasting kingdom. And we humbly beseech thee, O heavenly Father, so to assist us with thy grace, that we may continue in that holy fellowship, and do all such good works as thou hast prepared for us to walk in; through Jesus Christ our Lord, to whom with thee and the Holy Ghost, be all honor and glory, world without end. Amen.

THE BLESSING

THE DISMISSAL

Deacon Go in peace to love and serve the Lord.

People **Thanks be to God.**

✻ ALTAR GIFTS ✻

TO THE GLORY OF GOD AND IN GRATEFUL THANKSGIVING FOR OUR CLERGY:

THE VERY REVEREND ANDREA McMILLIN

THE REVEREND THOMAS ALEXANDER

THE REVEREND PEGGY CROMWELL

THE REVEREND DR. SUSAN LOY LYON

LITURGICAL LEADERS

Celebrant and Preacher

The Rev. Thomas Alexander, *Associate Rector*

Deacon

The Rev. Dr. Susan Loy Lyon

Seminarian

Emma Mitchell, *Director of Children, Youth, and Family Ministries*

Lector and Lay Eucharistic Minister

Judy Barger

ANNOUNCEMENTS

We'd love to connect with you about how to make this church your home. To do so, please fill out one of the pew cards in front of you and drop it in the offertory plate.

Please join us for coffee and continental breakfast after the service in Morrison Hall.

This week at and around the Cathedral

Monday	8:30 a.m. Morning Prayer	Friday	7 p.m. USA 250 Brass & Organ
Tuesday	8:30 a.m. Morning Prayer	Concert	
Wednesday	8:30 a.m. Morning Prayer	Saturday	1:50 p.m. Patriotic Ringing
	5 p.m. Trinity Ringing Society		
	5:30 p.m. Eucharist with Healing Prayers		
Thursday	8:30 a.m. Morning Prayer		
	4 p.m. Dorcas House Spa Night		
	5:15 p.m. Evening Prayer		

UPCOMING EVENTS

QR codes provided for additional information and registrations

USA 250 Brass and Organ Pops Concert

Trinity Episcopal Cathedral

Friday, July 3 at 7 pm

In celebration of the country's 250th birthday, Colin MacKnight and brass players from the Arkansas Symphony will present a family-friendly "pops" concert of patriotic music, concluding with a reception with patriotic desserts.

Patriotic Ringing

On July 4th bells and bell towers across America will ring out together on Independence Day, creating a canopy of sound over our nation. The Trinity Cathedral Ringing Society will join to celebrate our nation's 250th birthday. In the Central time zone ringing will begin at 1:50pm.

Daily Morning Prayer in Pierce Chapel

Monday–Thursday at 8:30 a.m.

Would you like to deepen your prayer life using the Book of Common Prayer? Each weekday, Monday through Thursday, parishioners and staff gather in Pierce Chapel for Morning Prayer, a simple 20-minute service of psalms, Scripture readings, and prayers. Whether you are new to the Prayer Book or have prayed it for years, you are warmly invited to join us. For more information, contact the Rev. Thomas Alexander (thomas@trinitylittlerock.org).

Give Someone a Happy Birthday

Trinity Cathedral Parish with Daughters of the King, have a birthday celebration each month for the residents of Dorcas House. They look forward to this event on the first day of each month.

We need your help to provide a birthday cake, napkins & plates for one of the parties. We are scheduling volunteers for the next few months. If you would like to volunteer please call or email Marti Thomas for additional information. 501-680-6707 or martinathomas44@outlook.com.

Refillable Water Bottles for St. Francis House

Saint Francis House needs donations of refillable water bottles to give their clients on hot summer days. Matthew 25 helped install a water bottle refill station in the client waiting area outside and these bottles will be a helpful addition this summer.

Bottles can be dropped off at the church office, or left on the table in the back of the church near the baptistry.

Summer Pick-Up Choir

This summer, Trinity is having a weekly “pick-up” choir on Sunday mornings. The choir meets on Sunday mornings at 9:30 a.m. to rehearse music for the 10:30 a.m. service. This allows people to try out choir without Thursday night rehearsals, evensongs, and with relatively simple music. If you can read music and are interested in participating, please reach out to Director of Music Colin MacKnight (colin@trinitylittlerock.org).

Community Garden Help



Help care for the Trinity’s Broadway Community Garden by signing up to adopt the garden for one week at a time! Stop by the garden two or three times during the week to check for ripe vegetables, check the water, and do a little weeding.

Participants will also need to coordinate a day during their adopted week with Denise Albert, who will meet them at the garden, show them around, and provide guidance on responsibilities and expectations. We truly appreciate your participation and support — thank you for helping care for the garden!

America250: A Christian Response

Sundays, May 31 – July 5 at 9:15 a.m.

Morrison Hall

As the United States recognizes its 250th anniversary, how might the Christian respond? This six-week class will explore the history and identity of our nation through the lens of Christian faith. Together, we will consider themes such as freedom, the role of the Church in American life, the responsibilities of civic participation, and the challenges posed by Christian nationalism. This is not a partisan conversation, but a theological one: rooted in Scripture, shaped by the tradition of the Church, and oriented toward faithful Christian living in our own time.

Come and join us, and bring a friend. To learn more, contact the Rev. Thomas Alexander (thomas@trinitylittlerock.org).

Back-to-School Sunday: August 9

Save-the-date for August 9, when we will officially begin the 2026-27 program year as well as honor ECEP, bless our backpacks, and kick off our fall formation programs and classes. Mark your calendars, we look forward to seeing you there.

During Sundays in the summer (May 24 - August 2) we will still offer Nursery care and an Adult Formation Class during the 9:15 a.m. hour. Children's Sunday School and Chapel (during the 10:30 a.m. service) will not meet. Check program calendars for special summer programs for children and youth including Playground Hangouts, EKC Outings, and Convocational Youth Events!

Coming Up For Children & Youth This Summer:

June

28: EKC Movie Night, Trinity Cathedral

July

11: Playground Hangout

28: EYC @ AR Skatium

August

9: Back-to-School Sunday

23: "Back 2 School" Bowling (Convocational Youth Event)

IN THE COMMUNITY

4th of July Brunch & Parasol Parade

Join the Downtown Little Rock Neighborhood Association this 4th of July for a joyful morning of food, neighbors, music, sunshine, and summertime tradition in the Governor's Mansion District!

BRUNCH AT THE EMPRESS | 9:00–10:30 AM

Kick off the morning with a community potluck brunch on the beautiful grounds and grand front porch of The Empress. Bring your favorite breakfast or brunch dish to share and enjoy coffee, water, Aretha's Strawberry Lemonade, and mimosas with neighbors and friends.

A huge thank you to our hosts James & Ben for opening up this incredible historic home for the community—and to Wendy Blair for graciously donating mimosas in honor of her parents. Please bring a lawn chair or blanket!

PARASOL PARADE | Begins at 11:00 AM

At 11 AM we'll gather at Charles Bussey Ave & Spring Street and parade our way to the Governor's Mansion gates—walking, biking, rolling, dancing, and celebrating together through downtown.

Bring your bike

Bring a parasol or umbrella

Dress festive or come exactly as you are

We'll even have a mounted patrol leading the way!

The Fire Department will revive a classic summertime tradition by opening up a nearby hydrant sprinkler on Center Street so kids (and adults!) can cool off and play in the water together. Bring clothes you don't mind getting wet in!