



TRINITY

EPISCOPAL CATHEDRAL
A house of prayer for all people

The Seventh Sunday after Pentecost
July 12, 2026, 10:30 a.m.

***Welcome:** Whether you are a first-time visitor or a long-time member, we are honored to worship with you today. If you are searching for a church home, we would love to tell you more about this congregation and to learn more about you. Fill out a visitor card found in the back of the pew in front of you, drop it in the offering plate, and we'll be in conversation with you this week. If you would like to know more about the cathedral, a tour of the building is available immediately following the service. A tour guide will meet you in the baptistry in the back of the church. Above all, please know that this is your Cathedral, and all are welcome.*

***Children in Worship:** We love the presence of children in our worship services here at Trinity. Engaging materials for children can be found near the bell tower doors in the back of the Cathedral. The bell tower has a speaker that allows you to hear the service if you need to step out with your child. Nursery care is also available for infants and toddlers up to 4 years old. If you need directions, our ushers and greeters would be happy to show you the way.*

Hymns are found in the red hymnal.

THE PRELUDE

ELEGY

*Hermann Ley
Trumpet: Luke Sargent*

HYMN 632

O CHRIST, THE WORD INCARNATE

Munich

THE HOLY EUCHARIST, RITE II

Celebrant Blessed be God: Father, Son, and Holy Spirit.

People **And blessed be his kingdom, now and forever. Amen.**

Celebrant Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

THE GLORIA

1. Glo - ry to God in the high - est, and
peace to his peo - ple on earth. 2. Lord God, heaven - ly
King, al - might - y God and Fa - ther, we wor - ship you, we
give you thanks, we praise you for your glo - ry. 3. Lord Je - sus
Christ, on - ly Son of the Fa - ther, Lord God, Lamb of God, 4. you
take a - way the sin of the world: have mer - cy
on us; 5. you are seat - ed at the right hand of the Fa - ther: re -
ceive our prayer. 6. For you a - lone are the Ho - ly One,
you a - lone are the Lord, 7. you a - lone are the Most
High, Je - sus Christ, with the Ho - ly Spi - rit, in the
glo - ry of God the Fa - ther. A - men.

THE LITURGY OF THE WORD

THE COLLECT OF THE DAY

Celebrant The Lord be with you.

People **And also with you.**

Celebrant Let us pray.

O Lord, mercifully receive the prayers of your people who call upon you, and grant that they may know and understand what things they ought to do, and also may have grace and power faithfully to accomplish them; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever.. **Amen.**

All sit.

THE FIRST READING

GENESIS 25:19-34

These are the descendants of Isaac, Abraham's son: Abraham was the father of Isaac, and Isaac was forty years old when he married Rebekah, daughter of Bethuel the Aramean of Paddan-aram, sister of Laban the Aramean. Isaac prayed to the LORD for his wife, because she was barren; and the LORD granted his prayer, and his wife Rebekah conceived. The children struggled together within her; and she said, "If it is to be this way, why do I live?" So she went to inquire of the LORD. And the LORD said to her,

"Two nations are in your womb,
and two peoples born of you shall be divided;
the one shall be stronger than the other,
the elder shall serve the younger."

When her time to give birth was at hand, there were twins in her womb. The first came out red, all his body like a hairy mantle; so they named him Esau. Afterward his brother came out, with his hand gripping Esau's heel; so he was named Jacob. Isaac was sixty years old when she bore them.

When the boys grew up, Esau was a skillful hunter, a man of the field, while Jacob was a quiet man, living in tents. Isaac loved Esau, because he was fond of game; but Rebekah loved Jacob.

Once when Jacob was cooking a stew, Esau came in from the field, and he was famished. Esau said to Jacob, "Let me eat some of that red stuff, for I am famished!" (Therefore he was called Edom.) Jacob said, "First sell me your birthright." Esau said, "I am about to die; of what use is a birthright to me?" Jacob said, "Swear to me first." So he swore to him, and sold his birthright to Jacob. Then Jacob gave Esau bread and lentil stew, and he ate and drank, and rose and went his way. Thus Esau despised his birthright.

Lector The Word of the Lord.

People **Thanks be to God.**

Your word is a lantern to my feet *
and a light upon my path.

I have sworn and am determined *
to keep your righteous judgments.

I am deeply troubled; *
preserve my life, O LORD, according to your word.

Accept, O LORD, the willing tribute of my lips, *
and teach me your judgments.

My life is always in my hand, *
yet I do not forget your law.

The wicked have set a trap for me, *
but I have not strayed from your commandments.

Your decrees are my inheritance for ever; *
truly, they are the joy of my heart.

I have applied my heart to fulfill your statutes *
for ever and to the end.

THE SECOND READING

ROMANS 8:1-11

There is no condemnation for those who are in Christ Jesus. For the law of the Spirit of life in Christ Jesus has set you free from the law of sin and of death. For God has done what the law, weakened by the flesh, could not do: by sending his own Son in the likeness of sinful flesh, and to deal with sin, he condemned sin in the flesh, so that the just requirement of the law might be fulfilled in us, who walk not according to the flesh but according to the Spirit. For those who live according to the flesh set their minds on the things of the flesh, but those who live according to the Spirit set their minds on the things of the Spirit. To set the mind on the flesh is death, but to set the mind on the Spirit is life and peace. For this reason the mind that is set on the flesh is hostile to God; it does not submit to God's law-- indeed it cannot, and those who are in the flesh cannot please God.

But you are not in the flesh; you are in the Spirit, since the Spirit of God dwells in you. Anyone who does not have the Spirit of Christ does not belong to him. But if Christ is in you, though the body is dead because of sin, the Spirit is life because of righteousness. If the Spirit of him who raised Jesus from the dead dwells in you, he who raised Christ from the dead will give life to your mortal bodies also through his Spirit that dwells in you.

Lector The Word of the Lord.

People **Thanks be to God.**

HYMN 302

FATHER, WE THANK THEE WHO HAST PLANTED

Rendez à Dieu

THE GOSPEL

MATTHEW 13:1-9,18-23

Deacon The Holy Gospel of our Lord Jesus Christ according to Matthew.

People **Glory to you, Lord Christ.**

Jesus went out of the house and sat beside the sea. Such great crowds gathered around him that he got into a boat and sat there, while the whole crowd stood on the beach. And he told them many things in parables, saying: "Listen! A sower went out to sow. And as he sowed, some seeds fell on the path, and the birds came and ate them up. Other seeds fell on rocky ground, where they did not have much soil, and they sprang up quickly, since they had no depth of soil. But when the sun rose, they were scorched; and since they had no root, they withered away. Other seeds fell among thorns, and the thorns grew up and choked them. Other seeds fell on good soil and brought forth grain, some a hundredfold, some sixty, some thirty. Let anyone with ears listen!"

"Hear then the parable of the sower. When anyone hears the word of the kingdom and does not understand it, the evil one comes and snatches away what is sown in the heart; this is what was sown on the path. As for what was sown on rocky ground, this is the one who hears the word and immediately receives it with joy; yet such a person has no root, but endures only for a while, and when trouble or persecution arises on account of the word, that person immediately falls away. As for what was sown among thorns, this is the one who hears the word, but the cares of the world and the lure of wealth choke the word, and it yields nothing. But as for what was sown on good soil, this is the one who hears the word and understands it, who indeed bears fruit and yields, in one case a hundredfold, in another sixty, and in another thirty."

Deacon The Gospel of the Lord.

People **Praise to you, Lord Christ.**

THE SERMON

THE NICENE CREED

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

ANNIVERSARY OF A MARRIAGE

All stand, and the Presider addresses the congregation with these words

Friends in Christ, we are gathered together with Fred and Valerie, who have come today to give thanks to God for his blessing upon their marriage, and to reaffirm their marriage covenant.

The Presider then asks each spouse

N., do you here, in the presence of God and of this congregation, renew the promises you made when you bound yourself to *N.* in holy matrimony?

The Spouse answers

I do.

The Couple, kneeling or standing, say together

We thank you, most gracious God, for consecrating our marriage in Christ's Name and presence. Lead us further in companionship with each other and with you. Give us grace to live together in love and fidelity, with care for one another. Strengthen us all our days, and bring us to that holy table where, with those we love, we will feast for ever in our heavenly home; through Jesus Christ our Lord. **Amen.**

The Presider then blesses them, saying

May God the Father, who ordained that it is good for two people to live in the covenant of marriage. **Amen.**

May God the Son, who adorned this manner of life by his first miracle, at the wedding in Cana of Galilee, be present with you always. **Amen.**

May God the Holy Spirit, who has given you the will to persevere in your love and in your covenant with each other, strengthen your bond. **Amen.**

And may God the Holy Trinity, the source of all unity, bless you this day and for ever. **Amen.**

THE PRAYERS OF THE PEOPLE

The Intercessor and People pray responsively

In peace, we pray to you, Lord God.

Silence

For all people in their daily life and work;

For our families, friends, and neighbors, and for those who are alone.

For this community, the nation, and the world;

For all who work for justice, freedom, and peace.

For the just and proper use of your creation;

For the victims of hunger, fear, injustice, and oppression.

For all who are in danger, sorrow, or any kind of trouble;

For those who minister to the sick, the friendless, and the needy.

For the peace and unity of the Church of God;

For all who proclaim the Gospel, and all who seek the Truth.

For Sean, our Presiding Bishop, and John our Bishop; and for all bishops and other ministers;

For all who serve God in his Church.

For the special needs and concerns of this congregation.

Silence

The People may add their own petitions.

Hear us, Lord;

For your mercy is great.

We thank you, Lord, for all the blessings of this life.

Silence

The People may add their own thanksgivings.

We will exalt you, O God our King;
And praise your Name for ever and ever.

We pray for all who have died, that they may have a place in your eternal kingdom.

Silence

The People may add their own petitions.

Lord, let your loving-kindness be upon them;
Who put their trust in you.

We pray to you also for the forgiveness of our sins.

Silence may be kept.

Intercessor and People

Have mercy upon us, most merciful Father; in your compassion forgive us our sins, known and unknown, things done and left undone; and so uphold us by your Spirit that we may live and serve you in newness of life, to the honor and glory of your Name; through Jesus Christ our Lord. Amen.

The Celebrant says

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

THE PEACE

Celebrant The peace of the Lord be always with you.

People **And also with you.**

Then all may greet one another in the name of the Lord.

ANNOUNCEMENTS

THE HOLY COMMUNION

All stand.

HYMN 627

LAMP OF OUR FEET, WHEREBY WE TRACE

Nun danket all und bringet Ehr

During the Offertory Hymn, representatives of the congregation bring the people's offerings of bread, wine, money, and other gifts to the Celebrant. The people stand during the singing of the hymn.



THE GREAT THANKSGIVING

Celebrant The Lord be with you.

People **And also with you.**

Celebrant Lift up your hearts.

People **We lift them to the Lord.**

Celebrant Let us give thanks to the Lord our God.

People **It is right to give him thanks and praise.**

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth...

...Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

THE SANCTUS *sung by all*

Ho - ly, ho - ly, ho - ly Lord, God of pow - er and
might, hea - ven and earth are full of your glo - ry. Ho -
san - na in the high - est. Bless - ed is he who
comes in the name of the Lord. Ho - san - na in the high - est. _____

All stand or kneel.

Celebrant We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son...
...Therefore, according to his command, O Father,

Celebrant and People

**We remember his death,
We proclaim his resurrection,
We await his coming in glory;**

The Celebrant continues

And we offer our sacrifice of praise and thanksgiving to you, ...

...By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **AMEN.**

And now, as our Savior Christ has taught us, we are bold to say,

People and Celebrant

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

THE FRACTION ANTHEM *sung by all*

Al - le - lu - ia, al - le - lu - ia, al - le - lu - ia.
Christ our Pass - o - ver is sac - ri - ficed for us;
there - fore let us keep the feast.
Al - le - lu - ia, al - le - lu - ia, al - le - lu - ia.

Celebrant The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

THE ADMINISTRATION OF HOLY COMMUNION

To receive the Bread and Wine of Holy Communion, please come forward and kneel or stand at the Altar rail. Gluten-free Bread is available upon request. If you prefer not to drink the Wine, please know that receiving only Bread is a "full Communion." If you prefer to receive a blessing instead of the Bread and Wine, come forward to the rail and cross your arms over your chest. If, for whatever reason, you prefer to receive the Bread and Wine in your pew, let your usher know.

MUSIC AT HOLY COMMUNION

MOTET

THY WORD IS A LANTERN

Henry Purcell

Soloists: Stephanie Smittle, Tomas Baxter, Josiah Wheeler

*Thy word is a lantern unto my feet,
and a light unto my paths.
I have sworn, and am steadfastly purposed:
to keep thy righteous judgments.
I am troubled above measure:
Quicken me, O Lord, according to thy word.
Let the free will offerings of my mouth
please thee, O Lord:
and teach me thy judgments.
The ungodly have laid a snare for me:
but yet I swerved not from thy commandments.
Thy testimonies have I claimed as mine heritage forever.
And why? They are the very joy of my heart. Hallelujah.
Text: Psalm 119:105-8,110-111*

HYMN 593

LORD, MAKE US SERVANTS OF YOUR PEACE

Dickinson College

THE POSTCOMMUNION PRAYER

Celebrant Let us pray.

Celebrant and People

Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.

If people are being sent to take the Bread and Wine to those who are absent, the Deacon says

Deacon In the name of this congregation, we send you forth bearing these holy gifts, that those to whom you go may share with us in the communion of Christ's body and blood.

People **We who are many are one, because we all share one bread and one cup. Amen.**

THE BLESSING

THE DISMISSAL

Deacon Go in peace to love and serve the Lord.

People **Thanks be to God.**

HYMN 530

SPREAD, O SPREAD, THOU MIGHTY WORD

Gott sei Dank

THE POSTLUDE

FUGUE IN C, BWV 564

Johann Sebastian Bach

✧ ALTAR GIFTS ✧

TO THE GLORY OF GOD AND IN LOVING MEMORY OF
CARLTON McMULLIN
BY JANE McMULLIN

TO THE GLORY OF GOD AND IN GRATEFUL THANKSGIVING FOR
MARY ELEANOR FELTON ON HER BIRTHDAY
BY HER FAMILY JOSIE, DANIEL AND JOSEPHINE FELTON

TO THE GLORY OF GOD AND IN GRATEFUL THANKSGIVING FOR
OUR MARRIAGE OF SIXTY-FIVE YEARS
BY FRED AND VALERIE SMITH

Notes on the Notes: Today's anthem, Purcell's *Thy word is a lantern*, takes its text from today's appointed psalm. It is in the form of a verse anthem, an English form that was prominent from the late Renaissance. Verse anthems alternate between "verses" for a soloist or group of soloists and passages for full choir.

LITURGICAL LEADERS

<i>Celebrant</i>	The Very Rev. Andrea McMillin, <i>Dean and Rector</i>
<i>Preacher</i>	The Rev. Thomas Alexander, <i>Associate Rector</i>
<i>Assisting Clergy</i>	The Rev. Peggy Cromwell, <i>Priest Associate for Pastoral Care</i>
<i>Lectors</i>	Valerie Smith, Diane Turner
<i>Acolytes</i>	
<i>Intercessor</i>	Herschel Cast
<i>Lay Eucharistic Ministers</i>	Emma Mitchell, Jane McMullin Christy-Kalder Jameson, Sally Fittsizer
<i>Music</i>	Dr. Colin MacKnight, <i>Director of Music</i> Katie Gunn, <i>Associate Director of Music</i> Luke Sargent, <i>Trumpet</i> Trinity Cathedral Pick-up Choir Trinity Cathedral Ringing Society
<i>Ushers</i>	Herschel Cast, Barry Coplin, Tom Fennell, Tommy Jameson, Grady McCoy
<i>Tour Guide</i>	Scott Whitfield

ANNOUNCEMENTS

This week at and around the Cathedral

Monday	8:30 a.m. Morning Prayer	Thursday	8:30 a.m. Morning Prayer
Tuesday	8:30 a.m. Morning Prayer		
Wednesday	8:30 a.m. Morning Prayer 5 p.m. Trinity Ringing Society 5:30 p.m. Eucharist with Healing Prayers		

UPCOMING EVENTS

QR codes provided for additional information and registrations

Studying the Gospel of Matthew

Sundays, 9:15 am – 10:15 am (July 12 – August 2)

Morrison Hall

Join the Cathedral clergy for a four-week study of the Gospel of Matthew on Sunday mornings. The Gospel of Matthew features prominently in the Sunday morning lectionary this year, and this study will afford us a chance to linger with Matthew a bit longer. We encourage participants to bring a Bible with them to each session. The reading schedule is found below. To learn more or to sign up, contact the Rev. Thomas Alexander (thomas@trinitylittlerock.org).

July 12: Matthew 1–2

July 19: Matthew 3–10

July 26: Matthew 11–18

August 2: Matthew 19–28

Community Garden Help



Help care for the Trinity's Broadway Community Garden by signing up to adopt the garden for one week at a time! Stop by the garden two or three times during the week to check for ripe vegetables, check the water, and do a little weeding.

Participants will also need to coordinate a day during their adopted week with Denise Albert, who will meet them at the garden, show them around, and provide guidance on responsibilities and expectations. We truly appreciate your participation and support — thank you for helping care for the garden!

Back-to-School Sunday: August 9

Save-the-date for August 9, when we will officially begin the 2026-27 program year as well as honor ECEP, bless our backpacks, and kick off our fall formation programs and classes. Mark your calendars, we look forward to seeing you there.

During Sundays in the summer (May 24 - August 2) we will still offer Nursery care and an Adult

Formation Class during the 9:15 a.m. hour. Children's Sunday School and Chapel (during the 10:30 a.m. service) will not meet. Check program calendars for special summer programs for children and youth including Playground Hangouts, EKC Outings, and Convocational Youth Events!

Coming Up For Children & Youth This Summer:

July

11: Playground Hangout

28: EYC @ AR Skatium

August

9: Back-to-School Sunday

23: "Back 2 School" Bowling (Convocational Youth Event)

