



TRINITY

EPISCOPAL CATHEDRAL
A house of prayer for all people

The Twelfth Sunday after Pentecost
August 16, 2026, 10:30 a.m.

Welcome: *Whether you are a first-time visitor or a long-time member, we are honored to worship with you today. If you are searching for a church home, we would love to tell you more about this congregation and to learn more about you. Fill out a visitor card found in the back of the pew in front of you, drop it in the offering plate, and we'll be in conversation with you this week. If you would like to know more about the cathedral, a tour of the building is available immediately following the service. A tour guide will meet you in the baptistery in the back of the church. Above all, please know that this is your Cathedral, and all are welcome.*

Children in Worship: *We love the presence of children in our worship services here at Trinity. Engaging materials for children can be found near the bell tower doors in the back of the Cathedral. The bell tower has a speaker that allows you to hear the service if you need to step out with your child. Nursery care is also available for infants and toddlers up to 4 years old. If you need directions, our ushers and greeters would be happy to show you the way.*

Hymns are found in the red hymnal.

THE PRELUDE

KOMM, HEILIGER GEIST, BUXWV 199

Dieterich Buxtehude

HYMN 410

PRAISE, MY SOUL, THE KING OF HEAVEN

Lauda anima

THE HOLY EUCHARIST, RITE II

Celebrant Blessed be God: Father, Son, and Holy Spirit.

People **And blessed be his kingdom, now and forever. Amen.**

Celebrant Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

THE GLORIA

1. Glo - ry to God in the high - est, and
 peace to his peo - ple on earth. 2. Lord God, heaven - ly
 King, al - might - y God and Fa - ther, we wor - ship you, we
 give you thanks, we praise you for your glo - ry. 3. Lord Je - sus
 Christ, on - ly Son of the Fa - ther, Lord God, Lamb of God, 4. you
 take a - way the sin of the world: have mer - cy
 on us; 5. you are seat - ed at the right hand of the Fa - ther: re -
 ceive our prayer. 6. For you a - lone are the Ho - ly One,
 you a - lone are the Lord, 7. you a - lone are the Most
 High, Je - sus Christ, with the Ho - ly Spi - rit, in the
 glo - ry of God the Fa - ther. A - men.

THE LITURGY OF THE WORD

THE COLLECT OF THE DAY

Celebrant The Lord be with you.

People **And also with you.**

Celebrant Let us pray.

Almighty God, you have given your only Son to be for us a sacrifice for sin, and also an example of godly life: Give us grace to receive thankfully the fruits of his redeeming work, and to follow daily in the blessed steps of his most holy life; through Jesus Christ your Son our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

All sit.

THE FIRST READING

GENESIS 45:1-15

Joseph could no longer control himself before all those who stood by him, and he cried out, “Send everyone away from me.” So no one stayed with him when Joseph made himself known to his brothers. And he wept so loudly that the Egyptians heard it, and the household of Pharaoh heard it. Joseph said to his brothers, “I am Joseph. Is my father still alive?” But his brothers could not answer him, so dismayed were they at his presence.

Then Joseph said to his brothers, “Come closer to me.” And they came closer. He said, “I am your brother, Joseph, whom you sold into Egypt. And now do not be distressed, or angry with yourselves, because you sold me here; for God sent me before you to preserve life. For the famine has been in the land these two years; and there are five more years in which there will be neither plowing nor harvest. God sent me before you to preserve for you a remnant on earth, and to keep alive for you many survivors. So it was not you who sent me here, but God; he has made me a father to Pharaoh, and lord of all his house and ruler over all the land of Egypt. Hurry and go up to my father and say to him, ‘Thus says your son Joseph, God has made me lord of all Egypt; come down to me, do not delay. You shall settle in the land of Goshen, and you shall be near me, you and your children and your children’s children, as well as your flocks, your herds, and all that you have. I will provide for you there—since there are five more years of famine to come—so that you and your household, and all that you have, will not come to poverty.’ And now your eyes and the eyes of my brother Benjamin see that it is my own mouth that speaks to you. You must tell my father how greatly I am honored in Egypt, and all that you have seen. Hurry and bring my father down here.” Then he fell upon his brother Benjamin’s neck and wept, while Benjamin wept upon his neck. And he kissed all his brothers and wept upon them; and after that his brothers talked with him.

Lector The Word of the Lord.

People **Thanks be to God.**

O*h, how good and pleasant it is, **
when brethren live together in unity!

*It is like fine oil upon the head **
that runs down upon the beard,

*Upon the beard of Aaron, **
and runs down upon the collar of his robe.

*It is like the dew of Hermon **
that falls upon the hills of Zion.

*For there the Lord has ordained the blessing: **
life for evermore.

THE SECOND READING

ROMANS 11:1-2A, 29-32

Iask, then, has God rejected his people? By no means! I myself am an Israelite, a descendant of Abraham, a member of the tribe of Benjamin. God has not rejected his people whom he foreknew.

For the gifts and the calling of God are irrevocable. Just as you were once disobedient to God but have now received mercy because of their disobedience, so they have now been disobedient in order that, by the mercy shown to you, they too may now receive mercy. For God has imprisoned all in disobedience so that he may be merciful to all.

Lector The Word of the Lord.

People **Thanks be to God.**

HYMN 539

O ZION, HASTE, THY MISSION HIGH FULFILLING

Tidings

THE GOSPEL

MATTHEW 15:21-28

Deacon The Holy Gospel of our Lord Jesus Christ according to Matthew.

People **Glory to you, Lord Christ.**

Jesus left that place and went away to the district of Tyre and Sidon. Just then a Canaanite woman from that region came out and started shouting, "Have mercy on me, Lord, Son of David; my daughter is tormented by a demon." But he did not answer her at all. And his disciples came and urged him, saying, "Send her away, for she keeps shouting after us." He answered, "I was sent only to the lost sheep of the house of Israel." But she came and knelt before him, saying, "Lord, help me." He answered, "It is not fair to take the children's food and throw it to the dogs." She said, "Yes, Lord, yet

even the dogs eat the crumbs that fall from their masters' table." Then Jesus answered her, "Woman, great is your faith! Let it be done for you as you wish." And her daughter was healed instantly.

Deacon The Gospel of the Lord.
People **Praise to you, Lord Christ.**

THE SERMON

THE NICENE CREED

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

THE PRAYERS OF THE PEOPLE

The Intercessor and People pray responsively

In peace, we pray to you, Lord God.

Silence

For all people in their daily life and work;

For our families, friends, and neighbors, and for those who are alone.

For this community, the nation, and the world;

For all who work for justice, freedom, and peace.

For the just and proper use of your creation;

For the victims of hunger, fear, injustice, and oppression.

For all who are in danger, sorrow, or any kind of trouble;

For those who minister to the sick, the friendless, and the needy.

For the peace and unity of the Church of God;
For all who proclaim the Gospel, and all who seek the Truth.

For Sean, our Presiding Bishop, and John our Bishop; and for all bishops and other ministers;

For all who serve God in his Church.

For the special needs and concerns of this congregation.

Silence

The People may add their own petitions.

Hear us, Lord;
For your mercy is great.

We thank you, Lord, for all the blessings of this life.

Silence

The People may add their own thanksgivings.

We will exalt you, O God our King;
And praise your Name for ever and ever.

We pray for all who have died, that they may have a place in your eternal kingdom.

Silence

The People may add their own petitions.

Lord, let your loving-kindness be upon them;
Who put their trust in you.

We pray to you also for the forgiveness of our sins.

Silence may be kept.

Intercessor and People

Have mercy upon us, most merciful Father; in your compassion forgive us our sins, known and unknown, things done and left undone; and so uphold us by your Spirit that we may live and serve you in newness of life, to the honor and glory of your Name; through Jesus Christ our Lord. Amen.

The Celebrant says

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

THE PEACE

Celebrant The peace of the Lord be always with you.

People **And also with you.**

Then all may greet one another in the name of the Lord.

ANNOUNCEMENTS

THE HOLY COMMUNION

OFFERTORY ANTHEM

GIVE US THE WINGS OF FAITH

Ernest Bullock

*Give us the wings of faith to rise
Within the veil, and see
The saints above, how great their joys,
How bright their glories be.*

*We ask them whence their victory came,
They, with one united breath,
Ascribe the conquest to the Lamb,
Their triumph to his death.*

*They marked the footsteps that he trod,
His zeal inspired their breast,
And, following their incarnate God,
They reached their promised rest.*

Text by Isaac Watts

During the Offertory Anthem, representatives of the congregation bring the people's offerings of bread, wine, money, and other gifts to the Celebrant. The people stand while the offerings are brought forward and placed on the Altar.



THE GREAT THANKSGIVING

Celebrant The Lord be with you.

People **And also with you.**

Celebrant Lift up your hearts.

People **We lift them to the Lord.**

Celebrant Let us give thanks to the Lord our God.

People **It is right to give him thanks and praise.**

It is right, and a good and joyful thing, always and every-where to give thanks to you, Father Almighty, Creator of heaven and earth...

...Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

THE SANCTUS *sung by all*

Ho - ly, ho - ly, ho - ly Lord, God of pow - er and
might, hea - ven and earth are full of your glo - ry. Ho -
san - na in the high - est. Bless - ed is he who
comes in the name of the Lord. Ho - san - na in the high - est. ____

All stand or kneel.

Celebrant Holy and gracious Father: In your infinite love you made us for yourself; and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all...

...Therefore we proclaim the mystery of faith:

**Christ has died.
Christ is risen.
Christ will come again.**

The Celebrant continues

We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts...
...By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **AMEN.**

And now, as our Savior Christ has taught us, we are bold to say,

People and Celebrant

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

THE FRACTION ANTHEM *sung by all*

Al - le - lu - ia, al - le - lu - ia, al - le - lu - ia.

Christ our Pass - o - ver is sac - ri - ficed for us;

there - fore let us keep the feast.

Al - le - lu - ia, al - le - lu - ia, al - le - lu - ia.

Celebrant The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

THE ADMINISTRATION OF HOLY COMMUNION

To receive the Bread and Wine of Holy Communion, please come forward and kneel or stand at the Altar rail. Gluten-free Bread is available upon request. If you prefer not to drink the Wine, please know that receiving only Bread is a “full Communion.” If you prefer to receive a blessing instead of the Bread and Wine, come forward to the rail and cross your arms over your chest. If, for whatever reason, you prefer to receive the Bread and Wine in your pew, let your usher know.

MUSIC AT HOLY COMMUNION

MOTET

O LORD, INCREASE MY FAITH

Henry Loosemore

*O Lord, increase my faith;
strengthen me and confirm me in thy true faith.
Endue me with wisdom, charity, and patience;
in all my adversity, teach me to say Amen.*

HYMN 470

THERE'S A WIDENESS IN GOD'S MERCY

Beecher

THE POSTCOMMUNION PRAYER

Celebrant Let us pray.

Celebrant and People

Almighty and everliving God, we thank you for feeding us with the spiritual food of the most precious Body and Blood of your Son our Savior Jesus Christ; and for assuring us in these holy mysteries that we are living members of the Body of your Son, and heirs of your eternal kingdom. And now, Father, send us out to do the work you have given us to do, to love and serve you as faithful witnesses of Christ our Lord. To him, to you, and to the Holy Spirit, be honor and glory, now and for ever. Amen.

If people are being sent to take the Bread and Wine to those who are absent, the Deacon says

Deacon In the name of this congregation, we send you forth bearing these holy gifts, that those to whom you go may share with us in the communion of Christ's body and blood.

People **We who are many are one, because we all share one bread and one cup. Amen.**

THE BLESSING

THE DISMISSAL

Deacon Go in peace to love and serve the Lord.

People **Thanks be to God.**

HYMN 408

SING PRAISE TO GOD WHO REIGNS ABOVE

Mit Freuden zart

THE POSTLUDE

VII. GIGUE FROM SUITE IN D MAJOR, TWV 55:D6

*Georg Philipp Telemann
(arr. Glaser)*

✧ ALTAR GIFTS ✧

TO THE GLORY OF GOD AND IN LOVING MEMORY OF
DOROTHY BRITTAIN TANNER AND FRED TANNER SR
BY SYDNEY, FRED, JR, AND JILL TANNER.

LITURGICAL LEADERS

<i>Celebrant</i>	The Very Rev. Andrea McMillin, <i>Dean and Rector</i>
<i>Preacher</i>	The Rev. Thomas Alexander, <i>Associate Rector</i>
<i>Assisting Clergy</i>	Peggy Cromwell, <i>Priest Associate for Pastoral Care</i>
<i>Lectors</i>	Missy McCain, Valerie Smith
<i>Intercessor</i>	Melissa Whitfield
<i>Lay Eucharistic Ministers</i>	Christoph Keller, Christy Kalder-Jameson, Sally Fittsizer, Mike Schmidt
<i>Children's Chapel</i>	Frances Mitchell
<i>Acolytes</i>	Will Brock, Clara Brock, Rachel Brock, Kate Faulkner, Meg Faulkner, Margaret Grobmyer, Alex Wayland
<i>Music</i>	Katie Gunn, <i>Associate Director of Music</i> Luke Sargent, <i>Trumpet</i> Trinity Cathedral Choir
<i>Ushers</i>	Susan Borné, Herschel Cast, Josh Hill, Rettina Hill, Lisa McNeir
<i>Tour Guide</i>	Michael McNeely

ANNOUNCEMENTS

This week at and around the Cathedral

Today	5 p.m.	EKC/EYC		5:15 p.m.	Eucharist with Healing Prayers
Monday	8:30 a.m.	Morning Prayer			Community Dinner
	6 p.m.	Newcomers Gathering		6 p.m.	Koinonia Eucharist
Tuesday	8:30 a.m.	Morning Prayer		6:30 p.m.	Book Club
	5:30 p.m.	Vestry Meeting	Thursday	8:30 a.m.	Morning Prayer
Wednesday	8:30 a.m.	Morning Prayer		5:15 p.m.	Evening Prayer
	4 p.m.	Chorister Rehearsal		7 p.m.	Choir Rehearsal
	5 p.m.	St. Cecilia Choir Rehearsal			
		Trinity Ringing Society			

SUNDAYS AT TRINITY

8:45 a.m.	Continental Breakfast and Conversation (Morrison Hall Foyer)
9:15 a.m.	Children and Youth Sunday School
	Nursery: Ages 4 and under (Room 103)
	Wonder Class: PreK - 1st grade (Room 105)
	Discover Class: 2nd - 5th grade (Room 106)
	Explore Class: 6th - 12th grade (Room 204)
	Adult Sunday School (Morrison Hall, Room 101)
10:15 a.m.	Acolytes (Dean's Hall, Vesting Room)
4 p.m.	Choral Evensong (Starting September 13)
5 p.m.	EKC/EYC (Chancellors Hall, Youth Room)

WEDNESDAYS AT TRINITY

Every Wednesday of the program year, the Cathedral gathers for an evening of worship, fellowship, learning, and music across a variety of options. Whether you join us for Community Dinner, one of our weekly Eucharists, Book Club, or chorister rehearsals, Wednesdays offer an opportunity to pause in the middle of the week and be renewed in faith and community. We hope you'll make Wednesdays at Trinity a part of your weekly rhythm.

4:00 p.m.	Trinity Chorister Rehearsal (Parish House, Room 201)
5:00 p.m.	St. Cecilia Choir Rehearsal (Parish House, Room 203)
	Trinity Ringing Society Rehearsal (Cathedral Bell Tower)
5:15 p.m.	Community Dinner (Morrison Hall)
	Healing Eucharist (Pierce Chapel)
6:00	Koinonia Eucharist (Cathedral)
6:30	Book Club (Parish House, Room 101)

UPCOMING EVENTS

QR codes provided for additional information and registrations

Young Adults' Group

Saturday, August 22 at 6:00 p.m.

Home of Thomas Alexander and Lillian Hardaway

Join fellow parishioners in their 20s and 30s for a time of dinner and fellowship. This group gathers monthly at one of the member's homes. The first gathering is on Saturday, August 22 at 6:00 p.m. at the home of Thomas Alexander and Lillian Hardaway. To RSVP and receive the address, contact the Rev. Thomas Alexander at thomas@trinitylittlerock.org.



The Cathedral Forum: Artificial Intelligence and the Christian Life

Sundays, 9:15 a.m., Morrison Hall

The Cathedral Forum is Trinity's principal adult education gathering each Sunday morning, bringing together clergy, parishioners, and guest speakers for engaging presentations and discussions. Our first series will be "Artificial Intelligence and the Christian Life," a chance for us to respond faithfully to the rise of AI in society and in the workplace today. All are welcome. To learn more, contact the Rev. Thomas Alexander at thomas@trinitylittlerock.org.

The Trinity Book Club: A Wrinkle in Time

Wednesdays, 6:30 p.m. (beginning August 12)

Parish House Room 101

Join us each Wednesday evening as we read and discuss classic and contemporary books that deepen our understanding of the Christian life. Our conversations are thoughtful, welcoming, and open to anyone who enjoys reading alongside others. We begin with *A Wrinkle in Time* by Madeleine L'Engle (ISBN: 0312367546), the beloved Newbery Medal-winning novel that has captivated generations of readers. L'Engle, a faithful Episcopalian, once remarked that if readers wanted to understand her theology, they should read *A Wrinkle in Time*. The discussion will be led by the Rev. Peggy Cromwell. To sign up, contact the Rev. Thomas Alexander at thomas@trinitylittlerock.org.

August 12: Chapters 1–3

August 19: Chapters 4–6

August 26: Chapters 7–9

September 2: Chapters 10–12

Walking the Mourner's Path

Wednesday, September 9 – Wednesday, October 28,

6:30 p.m.. Baker Parlor, Keller House

Walking the Mourner's Path is an 8-week grief group for anyone who has suffered a significant loss and would like to process it in a group setting. The purpose is to transform grief into joyful living by offering the outstretched hand of Christ during bereavement. Loss due to a death is always difficult. The support group invites those who have faced death and suffered the loss of a loved one to come into God's loving presence in community with others. Walking the Mourner's Path is not group therapy, but is spiritually directed. Through the eight-week program, complete with workbook, mourners learn ways in which they may honor their loved ones, seek spiritual direction, and discover God's promise of comfort in community.

The fee is \$80 for the program, and the group will be limited to 10 participants. Scholarships are available. This Fall's group will be co-facilitated by the Rev. Peggy Cromwell and Trinity parishioner John Williams. To register, please fill out the form found in the QR Code and send payment to Trinity Cathedral with "Mourner's Path" in the memo line. To learn more, contact the Rev. Peggy Cromwell at peggy@trinitylittlerock.org.



The Inquirers' Class: *Your Faith, Your Life* by Jennifer Gamber

Sundays, 9:15 am (beginning September 13)

Parish House Room 101

Led by members of the Cathedral clergy, our Inquirers' Class is a welcoming introduction to the Episcopal Church for newcomers and a refresher for longtime Episcopalians. Together, we'll explore the beliefs, worship, history, and practices of the Episcopal Church, while getting to know one another in a relaxed setting. Our textbook is *Your Faith, Your Life: An Invitation to the Episcopal Church* by Jennifer Gamber. To register or learn more, contact the Rev. Thomas Alexander at thomas@trinitylittlerock.org.

Note: This class is designed as an introduction to the Episcopal Church. Those desiring Baptism, Confirmation, Reception, or Reaffirmation are encouraged to participate in the Catechumenate in the Spring, a more extensive course of preparation.

Choral Evensong Resumes

Sundays at 4 p.m. beginning September 13

Fresh off their successful week as choir in residence at Canterbury Cathedral, the Trinity Cathedral Choir is preparing to return to offering weekly Choral Evensongs.

Choral Evensong is a contemplative service of music, readings, and prayers that takes place in the late afternoon or early evening. It allows listeners time to meditate and transition from the busyness of the day to the peace and quiet of the evening. Evensong's distinguishing feature is that it consists primarily of music. Trinity Cathedral is one of only a handful of parishes in the country to offer this moving service every week.

Sunday Evening Youth Groups

EKC (4th-5th) & EYC (6th-12th)

Sundays, 5:00 p.m. – 6:30 p.m.

Youth Room, Chancellors Hall

Every Sunday evening, our youth gather for food and fellowship. Our two communities share dinner together for the first 30 minutes, and then gather separately for 1 hour of programming, including faith formation, games, and service projects. This is a weekly opportunity to grow as disciples in a joyful and welcoming community. We invite parents and other volunteers to help provide weekly dinner for our youth, sign up here: <https://bit.ly/tclrsundaydinners>



To learn more, contact Emma Mitchell at emma@trinitylittlerock.org.

August Schedule

Aug 16: EKC&EYC (Trinity Gym)

Aug 23: Back-to-School Bowling @ Professor Bowl

3:00 p.m. EKC; 4:00 p.m. EYC

Aug 30: EKC/EYC Cooking Night (Trinity)

Love Thy Neighbor: Awakening Hearts and Minds

Thursday, September 3, 2026

6:00 PM 8:00 PM

Saint Mark's Episcopal Church

1000 North Mississippi Street

Love Thy Neighbor is an annual interfaith service that brings central Arkansas faith communities together for an evening of music, shared wisdom, and reflection. This year's theme, "Awakening Hearts and Minds," invites participants to (re)awaken to one another and renew our shared spirit.

Speakers from various religious backgrounds will share stories, poems, and prayers from their faith traditions, and local ensembles and musicians will invite participants into times of quiet reflection and collective harmony.

This year's speaker is Khentrul Lodrö Thayé Rinpoche, a Tibetan Buddhist monk and teacher. Khentrul Rinpoche is director of Katog Choling, a nonprofit organization based in the United States, and he oversees more than twenty practice groups across North America and in China, Australia, and South Africa, as well as a large retreat center in the mountains of northwest Arkansas.

The Interfaith Food Festival will follow the service in the parish hall at Saint Mark's with delicious vegetarian dishes prepared by local caterers and faith communities.

The event is free and open to the public. While no childcare will be provided, children are welcome at this event.

