

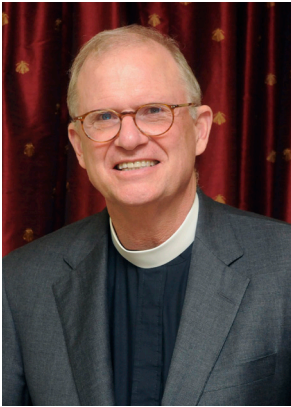
THE MESSAGE

The Newsletter of **Trinity Episcopal Cathedral**
A House of Prayer for All People • May 2017



Seven Towers Festival
May 5-7, 2017

Sundays at Trinity



Dean's Sunday Breakfast Class Spring 2017

Sundays 10:15 a.m. to 11:05 a.m. in Morrison Hall

Apr. 30: Author Hope Norman Coulter of Hendrix College: "Poems for the Pilgrimage"

May 7: Mercedes Clements will talk about Education for Ministry (EFM) and why you may want to sign up.

May 14 (Mother's Day): No Class, Just Brunch.

May 21: The Rev. Amber Carswell: "Meeting Christ in the Panhandler"

May 28: The Rev. Lisa Hass of St. Michael's will tell us about plans for starting a Magdalene House in Little Rock, and how we can help.

Living the Questions

Living the Questions meets 10:15 – 11:10 a.m. in the Library/Lounge of Cathedral House (except when joining the Dean's Class). Led by Dr. Robert Johnston, the class is a quick-moving discussion in which each person is invited, but not required, to participate. Bring your brunch.

Apr. 30: Join the Dean's Class, then adjourn to the Lounge for 10 minutes of discussion

May 7: "_____? Lives Matter?"

May 14: "6 Things Calvin Got Wrong"

May 21: Join Dean's Class

May 28: "RPE= Religion/Politics/ Economics = Separation of Church and State in US 2017/ Israel 2017/ 33 CE/ 500 BCE"

Confirmation Class

Bishop Benfield will be at Trinity for confirmation at the Feast of Pentecost, June 4. Classes for adults began on March 5 during the Sunday morning formation hour. The adult class is for those preparing for baptism, confirmation, or renewal of their baptismal vows, and also for those who would like a tune-up or refresher in the basic beliefs and practices of Christians in the Anglican tradition. Taught by the Cathedral clergy, it meets in the Conference Room Sundays at 10:15 a.m.

Parents' Group

Looking for a place to share the joys and trials of parenting? Join us each Sunday at 10:15 a.m. in Lower Mitchell House to share knowledge, be creative, and exchange ideas and strategies for parenting. This is a time to network, socialize, and encourage one another. Babies welcome! Feel free to join us anytime. Questions? Contact Mercedes Clements - mercedes.clements@gmail.com.

Inwardly Digest

Have you ever wondered if there was some kind of guide to living a deeper, richer spiritual life that seamlessly incorporated scripture alongside the wisdom of the Church? There is – and you can find it in a pew rack near you! *The Book of Common Prayer* is more than a service book; it is a map to a deeper relationship with God, a framework for developing a more intentional and rewarding life of faith.

Join Randy Irwin and the Rev. Deb Cooper in the Bishop's Conference Room of Cathedral House Sundays at 10:15 a.m. as they explore how *The Book of Common Prayer* can be used as a guide to the spiritual life, so that we might connect back to the God who calls each of us by name and that we might love as God loves us.

Evensong Service

Evensong is Sundays at 4:00 p.m. This sung service of Evening Prayer offers music in praise of God by the Cathedral Schola choir. It begins with an organ prelude (there is no sermon) and ends with an elegant tea in Baker Parlor.

Full Breakfast Every Sunday Morning and Supper Every Wednesday Night

We will serve breakfast from 8:30 a.m. to 11:00 a.m. on Sunday mornings in Morrison Hall and supper on Wednesday evenings from 5:15 p.m. to 6:15 p.m. The price per person is \$7.00 for adults and \$4.00 for children under 12. The maximum charge for a family is \$20. You can purchase tickets with cash, check, or credit/debit card.

Wednesdays at Trinity

The Cathedral has started a formation evening for all ages. This is a time to stop; to come together as a parish and as a community; to worship, socialize, learn, and go forth in peace.

The schedule is as follows:

- 4:30 - 5:15 p.m. Cherub Choir (Choir Room, Ages 4-7)
- 5:05 p.m. Service with Healing Unction in the Cathedral
- 5:15 - 6:15 p.m. Dinner in Morrison Hall (for those attending the service, there is still plenty of time to eat)
- 6:15 - 7:15 p.m. Classes for all ages
- 6:15 - 7:15 p.m. Seraphim Choir (Choir Room, Grades 3-7)

Sign up for a class by going to www.trinitylittlerock.org/wednesdays. Classes you may choose from are:

- A Study of the First Epistle of St. John (Conference Room)
- Pilgrimage Preparation Class (Morrison Hall)
- Education for Ministry (EfM) (Staff Lounge)

A Study of the First Epistle of St. John (Baker Parlor)

April 19 - May 24

Are you interested in knowing more about what is meant by being “born again,” the origin of “God is love,” or the identity of the “antichrist”? These are some of the topics we’ll be discussing during a six-week study of the First Epistle of St. John. Facilitated by George Harper.

Pilgrimage Preparation Class (Morrison Hall)

April 26 - May 31

In this six-week series, those who will participate in our 2017 pilgrimage to England will receive both logistical details of our travels and also an orientation to the sites we will be visiting. Others are welcome to attend.

Opportunities for Service in May

Interested in helping at the Cathedral, but don’t know who to ask? Here are some ways that you can help this month:

1. Volunteer to supply food or help set up for Evensong Tea Sundays at 4:00 p.m.
Contact Lenora Steinkamp, steinkamp.lr@gmail.com
2. Volunteer to be a greeter at Evensong.
Contact Russ Snapp, rsnapp@trinitylittlerock.org
3. Help fold, seal, and label the Message on May 26.
Contact Josiah Wheeler, josiab@trinitylittlerock.org
4. Join the committee organizing our annual Parish Picnic which will be held Sunday, June 11, at Lake Nixon.
Contact Christy Kalder-Jameson, christykalderjameson@gmail.com

Coming in June: Dr. Lisa Corry as Director of Ministries to Children and Youth

We are very excited to welcome a new clergy member to our team, to build and expand our programs for children and youth at the Cathedral.

As Director of Ministries to Children and Youth, Dr. Lisa Corry will oversee programs ranging from birth through high school. One of Lisa's first tasks will be to recruit one or two full or part time youth ministers for middle and high school students.



Under her direction, our goals are to:

- Create a deep, positive and lasting impression on the faith, spiritual growth and development of Trinity Cathedral youth and children.
- Increase involvement and engagement by children and youth in all programs
- Begin a new and active Episcopal Kids Community for children before middle school
- Create separate well rounded and active EYC programs for middle and high school
- Deepen involvement in the parish by parents and children in the ECEP program

Dr. Corry is well suited to lead in these areas. A 1983 graduate of Michigan State University, she holds a Master of Arts in Christian Education from Gordon Conwell Seminary and a Doctorate in Educational Studies from Biola University. She is now finishing her year of Anglican Studies in the School of Theology at Sewanee. She will be ordained transitional deacon at the Cathedral on June 15, with ordination to the priesthood to follow some months later.

Lisa begins work at Trinity June 1, meaning her first Sunday will be the Feast of Pentecost.

Welcome Dr. Corry!

Ascension Day and the Rogation Days

The Book of Common Prayer (p. 15) lists Ascension Day as one of the seven Principal Feasts of the Church year. Few Episcopalians observe it, however, mainly because it always falls on a Thursday, forty days after Easter Day. St. Luke, in the sequel to his gospel known as the Acts of the Apostles, tells us that the risen Christ ascended into heaven forty days after the Resurrection, after he had appeared to the disciples numerous times in his glorified body, showing them his hands and his side. The Church has always seen this transition as a victory in which embodied humanity was joined with divinity, without the limitations of earthly life. As one Ascension hymn puts it, "Thou hast raised our human nature on the clouds to God's right hand: there we sit in heavenly places, there with thee in glory stand. Jesus reigns, adored by angels; Man with God is on the throne; mighty Lord, in thine ascension, we by faith behold our own." (Hymnal 1982, #215, verse 3)

This year, the feast of the Ascension falls on Thursday, May 25. We will celebrate it on Wednesday, May 24, at the 5:05 service, on the eve of the feast. By the way, the Monday, Tuesday, and Wednesday leading up to Ascension Day are known as Rogation days, from the Latin *rogare*, which means "to ask" or "to pray." These are days when the risen Christ is especially invoked to bless the world around us, including newly planted crops and all institutions that serve human needs.

Russ Snapp

Please remember Trinity Cathedral in your will.

Sunday, July 9 at 4 o'clock: An Invitation from the Dean

Dear People of Trinity,

Another year brings another Keller summer wedding. Last June, our son Christoph married Laura Porter. This July, our daughter Mary Olive will marry John Stephens. For Julie and me, this is a wonderfully happy two-chapter season in our lives.

As you may recall from chapter one, I grew up with a clergy custom that when a parish rector (or Dean's) child marries in the church, the whole parish is invited to the wedding. In a Cathedral like ours with something like a thousand members, honoring this tradition requires a little creativity.

Last summer's idea was "Rock the Block."

For this summer, a different approach: "A Trinity Cathedral Afternoon with Patty Griffin."

It will be Sunday afternoon, July 9, at 4:00, and it will start with choral evensong. The service will include marriage prayers for Mary Olive and John, and the beautiful anthem "Set Me as a Seal." If you haven't yet been to choral evensong, this will be an eye and ear-opening experience.

At 4:30, the service will conclude and all will remain in their seats as Patty Griffin comes to the front of the church, guitar in hand. If you don't know her music, I would describe it as a blend of Ryman Auditorium and Austin City Limits. Her range extends from rock to country gospel. One of my favorite songs of hers is "Long Ride Home."

Following an hour or so of Patty, we will adjourn to Morrison Hall where the Kellers and Stephens will host a champagne reception to honor and thank our parish family and toast the bride and groom.

These July 9 events will open the wedding week for Mary Olive and John, culminating with a smaller service for their friends and family Saturday night at Trinity.

The afternoon with Patty Griffin is especially and exclusively for Trinity. All who work and pray at the Cathedral are warmly invited. We so hope you can join us and fill the church!

With thanksgiving for a growing family,

Chris

Youth Sunday May 14

Youth Sunday will be held on Sunday, May 14 at 9:00 a.m. Our preacher will be Adam Whitfield. Adam is a senior at Central High and is the son of Melissa & Scott Whitfield. Our youth will also serve as lectors, ushers, and intercessors. We will be joined by the children's choirs, and attendance award winners will be announced. We will also present the Cross & Crown Attendance awards for participation in the Sunday morning formation programs, and recognize catechists and children's program volunteers.



Music at Trinity



Choir Rehearsal Times

Wednesdays:

Cherub Choir: 4:30 p.m. to 5:15 p.m.
Seraphim Choir: 6:15 p.m. to 7:15 p.m.
Ringing Society: 6:00 p.m. to 7:30 p.m.

Thursdays:

Hand Bell Choir: 5:15 p.m. to 6:15 p.m.
Cathedral Choir: 6:30 p.m. to 7:45 p.m.

Music Notes from Victoria



CHAMBER CONCERT

On Tuesday night, May 2 at 7:00 p.m., we will hold the last of our Chamber Concerts in the Cathedral. This one will feature our beautiful Steinway piano played by a master, Tatiana Mann, as she presents her own selections and accompanies three of our sopranos. Anna Squire, our Cathedral Choir section leader, Stephanie Smittle, one of our Schola sopranos, and Rosella Ewing, a frequent singer in the Cathedral Choir will offer Art Songs in this intimate setting. You may purchase tickets online (trinitylittlerock.org/pianoandsopranos), at the door (\$20) or, if you have a student ID, your admission is free. A fun-filled reception to meet and greet the singers, hosted by Doug and Mary Smith, will follow the concert in Morrison Hall.

EASTER

What a glorious Easter Day Celebration we had at Trinity! The Seraphim Choir joining with the Cathedral Choir on Samuel Sebastian Wesley's "Blessed Be The God" brought me (and I hope you) very close to heaven. Thanks so much to all who participated and to all who transported and waited on the Seraphim Singers. Thanks also to the Cathedral Choir for their very hard work which made so much music happen during Holy Week.

Easter Evensong was a glorious and beautiful service. Usually everyone is exhausted by Easter afternoon, but if that were so, I couldn't tell. The Schola Choir's singing, Jason's playing, Amber's chanting... all was so beautiful and inspiring. Thanks so much to all of them.

And thanks to all of you who have voiced your feelings and observations. It helps us here in the music program to strive to do our very best in praise of God.

ORGAN UPDATE

We are almost finished with Phase I of our organ refurbishment and each day brings more beauty and joy from our instrument. The Organ Fund has surpassed our original goal as there is now more than \$72,000 pledged. We will wait until all pledges have been received before we print our donor plaque so all donor names and those honored or memorialized can be included. The vestry will be taken on a 'tour of the organ' at the end of their next meeting, if time allows. If you are not on the vestry but would like a 'tour', just send us an e-mail.

CHILDREN'S CHOIRS

On May 14, both Children's Choirs will sing at the 9:00 service only. Our attendance award winners will be acknowledged, and the children will present some beautiful music. The last rehearsal for this semester will be May 17.

CHILDREN'S THEATRE OUTREACH

Choir rehearsals will soon be over but our summer Children's Musical Theatre Outreach camp will start July 31 for a week and will culminate with the production of Disney Jr's "The Jungle Book" on August 4th in Morrison Hall. Mark your calendars. This free camp is for kids who have completed the 3rd grade through the 7th grade. Everyone is welcomed, but the number accepted will have to be limited because of space so it's first come, first serve.

IN CLOSING

This year has been flying by and flying high. There are so many who have generously given of their time and talent to make all this music happen, our Evensongs, and the many other music related events. I would like especially to thank Lenora Steinkamp, Charliss Russ, Judy Barger, the Vergers, and the Cathedral Staff for all their help, assistance, and caring that they have lavished on us here in the music department. This is a wonderful congregation.

In His Service,
Victoria

Are you interested in Education for Ministry (EfM)?



Are you interested in learning more about EfM? The Trinity Cathedral group will be taking new members starting next August. If you'd like to learn more, please contact Mercedes Clements for more information or if you have any questions - mercedes.clements@gmail.com. Meetings will be on Wednesday evenings from 6:00-8:30 p.m. at Trinity.

Education for Ministry (EfM) is a unique four-year distance learning certificate program in theological education based upon small-group study and practice. Since its founding in 1975, this international program has assisted more than 80,000 participants in discovering and nurturing their call to Christian service. EfM helps the faithful encounter the breadth and depth of the Christian tradition and bring it into conversation with their experiences of the world as they study, worship, and engage in theological reflection together. For more information, please visit the EfM website.

This is a four year program administered by the School of Theology at Sewanee. In each year you take a deep dive into a particular area - Old Testament, New Testament, Christian History, and Personal Theology. We meet weekly on Wednesday evenings from August to May, and there is a significant bit of reading each week. There is also an annual cost of \$350 that covers your reading materials.

Our meeting time is spent with some fellowship time, a brief discussion of the readings, and then a facilitated discussion called a theological reflection. Our focus as a group is going to be on theological reflection. The reading is important to build your knowledge of Christian tradition to feed these discussions, but it is not as overwhelming as many might think. If you're too busy to read on some weeks, you'll still want to attend for the discussions.

Email Addresses Needed: Can't wait for The Message to arrive? Want to know what is happening at Trinity? Make sure we have your email address so you receive the weekly Trinity Update. It contains a brief look at the many events on the block. Send your email address to dhowe@trinitylittlerock.org and we'll make sure you are added to the update list.

EYC in May

EYC Events

April 30 – EYC will meet – watch your newsletter for details.

May 7 – **Convocation Cookout May 7** - It's the Spring Convocation Cookout at Murray Park. We will meet from 4-6:30 p.m. at Pavilion #8 for food, fellowship and fun with other Little Rock area Episcopal youth. Watch the newsletter for additional details.

May 14 – Youth Sunday – 9:00 a.m. Please join us as our youth lead us in worship.

Children and Family Information

Cross & Crown Awards

Cross & Crown Awards will be awarded to the following children on Sunday, May 14 at the 9:00 a.m. service. Cross & Crown awards are a long standing tradition at Trinity and are awarded for participation in the Sunday morning Children's Formation Program.

Lily McGarrah, Evelyn Pittman, James Wayland, Mary Eleanor Felton, Cameron Albert, Virginia Milwee, Michael Wayland, Allison Tuite, Oliver Wippo, Will Brock, Marion Milwee, Marshall Pittman, Ellis Tucker, Alex Wayland, Maggie Wippo, Grace Albert, Harper Bennings, Emma Chiles, Kate Faulkner, Kieran Shelton, Evie Tuite, Mari Francis Tucker, Sydney Clements, Yogi Jacobs



Cathedral Camp – The Great Escape

Join us June 12-16 for our Vacation Bible School program. We will meet from 9-noon. This is year 3 of our 6 year cycle through the Old Testament. This year we will escape from slavery in Egypt and begin our journey to the Promised Land. We'll sing, hear stories, play, and create during the week. Visit www.trinitylittlerock.org/cathedralcamp2017 to register. Volunteers are also needed. Please contact Dawn at dhowe@trinitylittlerock.org or 372-0294 if you can help.



BIG Kid Program This Summer

Looking for fun, hands-on learning experiences for your elementary aged child this summer? ECEP will again offer its BIG Kid program this summer. The program is designed to serve elementary school-age children during holidays and summer break. Parents love the convenience of being able to sign-up for the weeks they need care, and children have a blast as they receive lessons that take them from the center of the earth to the edge of the galaxy! Visit www.trinitylittlerock.org/ecep to register. Please contact Christy Poindexter at ecep@trinitylittlerock.org or 501-588-3659 for more information.

Online Church Directory

We are excited to announce that the church directory will be available online and on a free mobile app starting May 1. This will allow our members to have access to the most up-to-date contact information instantly. You will also be able to upload a family photo for the photo directory from the app or any internet browser. Please visit www.instantchurchdirectory.com for more information or call the church office. Look for an email explaining how to access our new online directory. If you would prefer not to be listed in this online directory, simply call the office or email communications@trinitylittlerock.org to be added to the opt-out list.

Spotlight on Service

Spotlight on Service is a way for us to acknowledge individuals that work diligently behind the scenes to make a difference in the lives of others, both within Trinity Cathedral and in our community.

This month, we are recognizing our Tower Bell Ringing Society under the direction of Mary Wilson. Here's what they have to say about their service to Trinity:

1. *How long have you been part of the Ringing Society?* Participation varies from several months to almost 30 years. We will be celebrating the 30th anniversary of the casting of our bells during the Seven Towers Festival, May 4-7.

2. *How do you serve Trinity and the community?* Besides ringing before services most Sundays as well as for weddings and funerals, many of our group have served as members of the Vestry as well as within other Trinity committees and groups.

3. *Why do you serve?* Certainly, we enjoy the challenge of properly rung changes. We believe it enhances the worship experience.

Next time you see any of our change ringers, please thank them for everything they do at Trinity.



Left to right:

Philip Buck, Porter Brownlee, Linnie Lyle, Scott Stricker, Thomas Campbell, Doug Smith, Scott Whitfield, Adam Whitfield, Mary Wilson and William Hronas.

Not pictured:

Maggie Dearnley, Dick Dearnley, Kay Shurgar, Jane Thompson, and Bobby Reynolds.

Seven Towers Festival

The Trinity Cathedral Ringing Society will host the annual Seven Towers Festival May 4-7, 2017. This festival is held every year and rotates between the bell towers in Texarkana, Shreveport, Dallas and Houston. During this year's festival we will be celebrating a very important event in the life of Trinity Cathedral - the 30th anniversary of the casting of our bells by the White Chapel Foundry in London. A special dedication dinner will be held honoring the individuals or family members for whom the bells are named. The Bell Tower Ringers are very excited about this celebration. If you would like to know more about this event or how to become involved, perhaps by providing drinks, snacks or housing for our out-of-town ringers, please contact Tower Captain Mary Wilson at mfcwilson@yahoo.com or 912-8451.

Men's Weekend at Camp Mitchell

Men of the Episcopal Church, save the first weekend in May (May 5, 6, and 7) for an Episcopal Men's Retreat, the first in many, many years. A time for rest, relaxation, re-creation, and renewal. Leave your day job and weekend chores behind, they will be there on Monday. Arrive anytime after lunch Friday and enjoy the beauty and serenity of Camp Mitchell. Check in anytime after 3 p.m. Dinner at 6 p.m., Friday evening program starts at 7 p.m. Bishop Benfield will speak and visit with us Saturday morning. Reverend Roger Joslin will share his experience of Walking the Camino de Santiago. There will be ample time for meditation, hiking, or simply being. Let's make this the first of many.

For reservations contact the Director at Camp Mitchell by phone 501-727-5451 or e-mail: programdirector@campmitchell.org. Cost is \$190 for two nights lodging, 6 meals, the fellowship and the program. For further information contact hhdhedges3@gmail.com or 501 951-7639.

“Walking the Mourner’s Path” Registration is Open

Walking the Mourner’s Path is an 8-week grief group for anyone who has suffered a loss due to the death of a loved one and would like to process it in a group setting. This is a Christ-centered bereavement support program started in the Episcopal Church.

The sessions will begin July 11 and run through August 29. Group meetings are tentatively set for Tuesday afternoons at 2:00 pm. Facilitators for the group will be Dr. Ann Hedge-Carruthers and Dr. Linda Brown. The cost is \$80 for materials, payable to Trinity Cathedral; scholarships are available.

If this is something in which you might be interested, please call the church office (501-372-0294) and speak to Fr. Russ Snapp or Rev. Deb Cooper. You may also email or call Linda Brown for any further clarification (lgbparkview@gmail.com or 501-590-0631).

Kneeler Dedication

On Sunday, May 7 we will dedicate 63 kneelers at the 11:15 a.m. service. The Needlepoint Guild has completed 370 kneelers since September 2005 (12 years of stitching). They have 67 more kneelers to complete (Approx 3 more years to complete the project). All kneelers have now been gifted to the Cathedral, 100% funded by donation gifts in memory of loved ones and in celebration for many special occasions, family and friendships. 38 kneelers were provided through the generous support of the needlepoint guild fund raisers.

Mark your calendars for Sunday, June 11 for the Trinity Parish Picnic!



The picnic will be held at Lake Nixon (about 15-20 minutes southwest of town) from 11:30 – 3:30. Lake Nixon, a ministry of Second Baptist Church Downtown Little Rock, is a beautiful recreational area with a 35 acre lake. Plan on plenty of good picnic food, swimming, paddle-boating, fishing, hiking and fellowship. More details to come!



WEDNESDAYS AT THE CATHEDRAL
SUMMER '17

farmer's market | the Bow Tangles
cookout | games | *and more*

Every summer Wednesday beginning June 14.





310 W. 17th Street
Little Rock, AR 72206-1492
Office: 501-372-0294
Fax: 501-372-0416
www.trinitylittlerock.org

Weekly Worship Schedule:
Sunday - 7:30 a.m., 9:00 a.m.,
11:15 a.m., Evensong 4:00 p.m.
Monday - Friday
Morning Prayer at 8:30 a.m.
(9:00 a.m. Friday)
Wednesday
Healing Eucharist at 5:05 p.m.

The Cathedral is open for visitation, prayer, and
meditation weekdays from 9:00 a.m. to 5:00 p.m.

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INSIGHTS Lecture Series: Rachel Held Evans

Saturday, June 3
6:30 p.m.

\$25 General Admission

**\$100 Patron Ticket (includes reserved
seating and pre-reception with Rachel)**

Reserve tickets at
www.trinitylittlerock.org/insights

