

# THE MESSAGE

The Newsletter of **Trinity Episcopal Cathedral**  
*A House of Prayer for All People • July 2017*



*Patty Griffin*  
*July 9, 2017*

## Sundays at Trinity

### Dean's Sunday Breakfast Class Summer 2017



**Sundays 10:15 a.m. to 11:05 a.m. in Morrison Hall**

July 2: Dr. Keller presents John F. Kennedy's Inaugural Address

July 9: Dr. Robert Johnston presents "Jesus was a Syrian Refugee," which includes "4.1 Miles," a documentary on the crisis of Syrian refugees

July 16: Just Breakfast. Enjoy!

July 23: Canon Carswell: Theological Improvisations

July 30: Dr. Keller: "The Wonderfulest Place on Earth" –the Arkansas of Donald Harrington

### Living the Questions

Living the Questions meets 10:15 – 11:10 a.m. in the Library/Lounge of Cathedral House (except when joining the Dean's Class). Led by Dr. Robert Johnston, the class is a quick-

moving discussion in which each person is invited, but not required, to participate. Bring your brunch.

July 2: Joins Dean's Class

July 9: Join the Dean's Class

July 16: RPE= Religion/ Politics/ Economics/ Killing Kids/ Syrian Refugees

July 23: Joins Dean's Class

July 30: Joins Dean's Class

### Parents' Group

Looking for a place to share the joys and trials of parenting? Join us each Sunday at 10:15 a.m. in Lower Mitchell House to share knowledge, be creative, and exchange ideas and strategies for parenting. This is a time to network, socialize, and encourage one another. Babies welcome! Feel free to join us anytime. Questions? Contact Mercedes Clements - mercedes.clements@gmail.com.

### Evensong Service

Evensong is Sundays at 4:00 p.m. This sung service of Evening Prayer offers music in praise of God by the Cathedral Schola choir. It begins with an organ prelude (there is no sermon) and ends with an elegant tea in Baker Parlor.

### Full Breakfast Every Sunday Morning and Supper Every Wednesday Night

We will serve breakfast from 8:30 a.m. to 11:00 a.m. on Sunday mornings in Morrison Hall and supper on Wednesday evenings from 5:15 p.m. to 6:15 p.m. The price per person is \$7.00 for adults and \$4.00 for children under 12. The maximum charge for a family is \$20. You can purchase tickets with cash, check, or credit/debit card.

## Wednesdays at Trinity

Wednesday evenings are going to be a little different this summer:

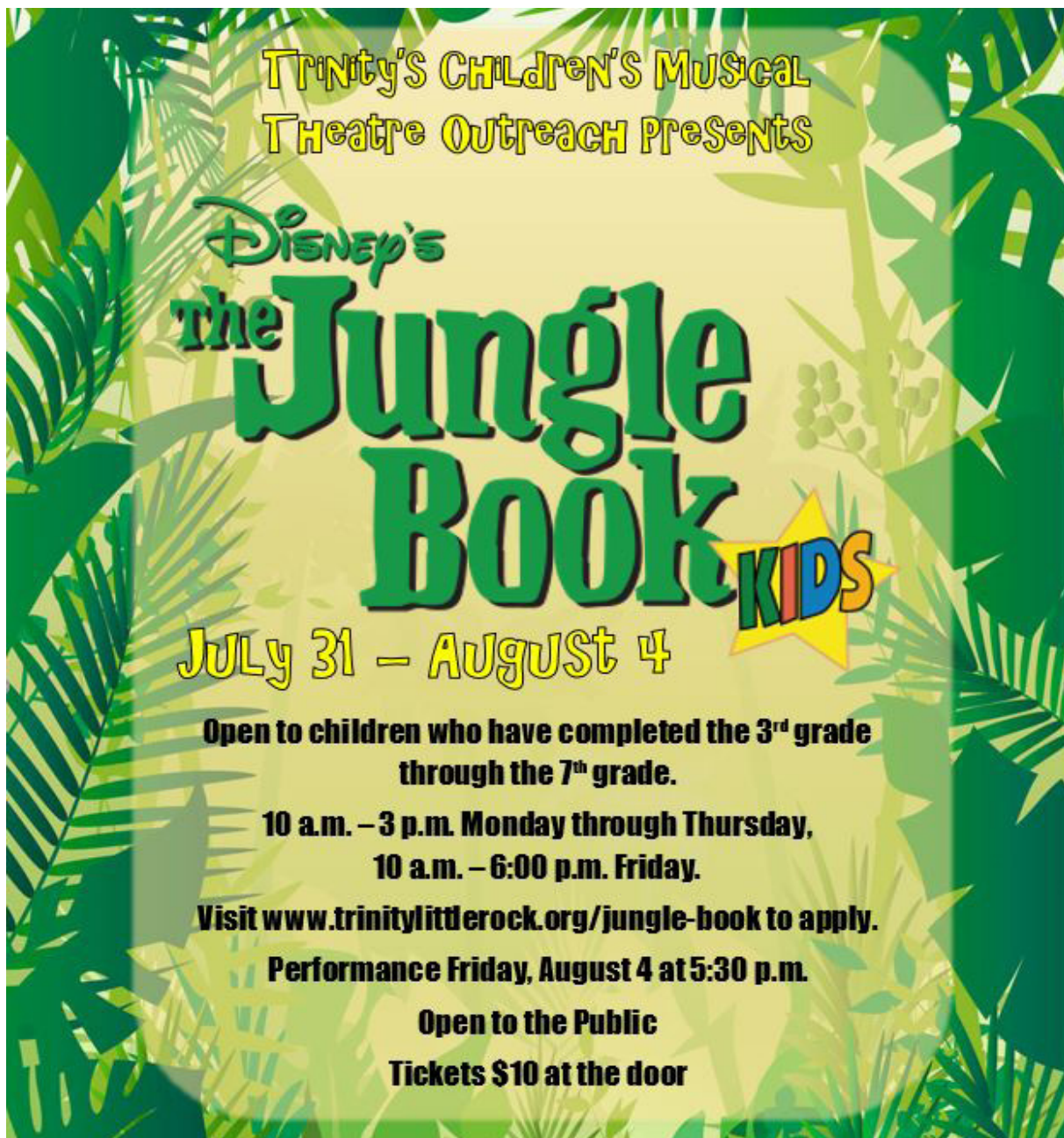
- **Eucharist** begins at 5:05 p.m.
- **Dinner** is served from 5:00 - 6:15 p.m. with Scott Johnson at the grill (prices listed above). A **farmer's market** will have various foods and goods for sale during the evening.
- **The Bow Tangles**, a banjo and fiddle duo, will play.
- **Games**, ranging from board games to pick-up ultimate frisbee, will be going on.
- **June 14 - July 19 (6 weeks) - Holy Spokes!** Bike the trails of Little Rock in a relaxed, no-drop ride. We'll set off promptly at 6:15 p.m., so arrive a little early and be sure to bring a water bottle.
- **July 26 - August 30 (6 weeks) - Drawing Basics with Melissa Wilkinson.** There will be a supply list issued for participants for this introductory course in drawing.

## “Walking the Mourner’s Path” Registration is Open

Walking the Mourner’s Path is an 8-week grief group for anyone who has suffered a loss due to the death of a loved one and would like to process it in a group setting. This is a Christ-centered bereavement support program that started in the Episcopal Church.

Facilitators for the group will be Dr. Ann Hedge-Carruthers and The Rev. Dr. Linda Brown. The cost is \$80 for materials, payable to Trinity Cathedral. Scholarships are available.

We will begin the group when we have enough participants. The time of meetings will be determined after talking to those interested in joining. If this is something in which you might be interested, please call the church office (501-372-0294) and speak to The Rev. Canon Dr. Russ Snapp or The Rev. Deb Cooper.



TRINITY'S CHILDREN'S MUSICAL  
Theatre Outreach PRESENTS

Disney's  
**The Jungle Book** KIDS

**JULY 31 – AUGUST 4**

**Open to children who have completed the 3<sup>rd</sup> grade  
through the 7<sup>th</sup> grade.**

**10 a.m. – 3 p.m. Monday through Thursday,  
10 a.m. – 6:00 p.m. Friday.**

**Visit [www.trinitylittlerock.org/jungle-book](http://www.trinitylittlerock.org/jungle-book) to apply.**

**Performance Friday, August 4 at 5:30 p.m.**

**Open to the Public**

**Tickets \$10 at the door**



## Children and Family Information

Children & Family Ministry Sponsored Events

### Family Friendly Evenings

**Wednesday, July 26 - Family Game Night** - come eat dinner and bring your favorite board game. Let the competitions begin.



**Wednesday, August 2 - Sprinklers in the Garth** - come eat dinner and watch the little ones play in the sprinklers. We'll end the night with freeze pops.

**Friday, August 4 - The Jungle Book** - presented by our children. Followed by a watermelon reception.

**Sunday, August 20 - Family Gospel Sing** - we had so much fun last year - we want to do it again. Come sing and end the night with ice cream sundaes.

### Trinity Treasures

As you start gathering your donations for the rummage sale, please contact Christy Poindexter at 501-588-3659 or [cpoindexter@trinitylittlerock.org](mailto:cpoindexter@trinitylittlerock.org) to set-up a time to meet her at our storage unit to drop off the 'treasures' you want to donate. The sale is August 4 and 5, with a special early bird event on August 3. All donations are tax-deductible. Proceeds from the sale go toward equipment for ECEP and grounds improvement.

### Opportunities for Service in July

Interested in helping at the Cathedral, but don't know who to ask? Here are some ways that you can help this month:

1. Volunteer to supply food or help set up for Evensong Tea Sundays at 4:00 p.m.  
*Contact Lenora Steinkamp, [steinkamp.lr@gmail.com](mailto:steinkamp.lr@gmail.com)*
2. Volunteer to help set up, reset, or be a greeter at Evensong.  
*Contact Russ Snapp, [rsnapp@trinitylittlerock.org](mailto:rsnapp@trinitylittlerock.org)*
3. Give someone a ride to church.  
*Contact Russ Snapp, 870-664-6404*
4. Help fold, seal, and label the Message on July 27.  
*Contact Josiah Wheeler, [josiab@trinitylittlerock.org](mailto:josiab@trinitylittlerock.org)*
5. The Jungle Book camp, July 31 – August 4, 10:00 – 3:00: we need shepherds, (older teens and adults) to help with games, costumers and set builders, props procurers, stage managers, ushers for the production on August 4, publicity distributors the week before, and assistants to the directors. If you have already volunteered, accept our thanks and choose your job from the above list and e-mail [victoria@trinitylittlerock.org](mailto:victoria@trinitylittlerock.org). If you have not volunteered and have any questions, please e-mail or call 870-918-7178 for more information.

**Email Addresses Needed:** Can't wait for The Message to arrive? Want to know what is happening at Trinity? Make sure we have your email address so you receive the weekly Trinity Update. It contains a brief look at the many events on the block. Send your email address to [dhowe@trinitylittlerock.org](mailto:dhowe@trinitylittlerock.org) and we'll make sure you are added to the update list.

**Please remember Trinity Cathedral in your will.**

## Music at Trinity Choir Rehearsal Times



### **Wednesdays:**

Ringin' Society: 6:00 p.m. to 7:30 p.m.

### **Thursdays:**

Cathedral Choir: 6:30 p.m. to 7:45 p.m.

## Music Notes from Victoria

Aren't summers supposed to slow down???? With the weddings and graduations, our summer musical theatre camp, evensongs, work on the organ, and regular services, it doesn't seem to.



The work on the organ progresses even as I write this. Phase I is complete. You should be able to tell a big difference in hymn accompaniment and overall volume. We are very happy with everything that has been done and are so grateful to all of you for your continued support of this project.

The musical theatre outreach camp runs from July 31 to August 4. It's free but limited to the first 25 who sign up (you can do this on our web site). Lunch will be provided each day. It's for campers who have completed the 3rd grade through 7th grade. The only requirement is that you must attend each day and be able to stay for the Friday evening performance. No acting or singing experience is required. Our camp will culminate with a production of Disney's "The Jungle Book KIDS" on August 4 at 5:30 p.m. Tickets will be \$10 to help

cover the costs of the production. And if you would like to be a sponsor or volunteer to help, it would be wonderful. Just e-mail me at [victoria@trinitylittlerock.org](mailto:victoria@trinitylittlerock.org).

Another update is that we are going to put Cathedral Choir rehearsals back on Wednesday nights. This way our choir members can come and eat with everyone, attend a class, and then attend choir rehearsal. So the music schedule for fall will be changed for almost everyone. Here's our projected evening schedule (most of this will start the week after Labor Day):

### **Wednesdays**

3:15 – 4:00 Cherub Choir (ages 4 – 7)  
4:15 – 5:15 Seraphim Singers (grades 2 – 6)  
5:15 – 7:15 Dinner and classes  
6:00 – 7:30 Tower Bells  
7:15 – 8:45 Cathedral Choir

### **Thursdays**

6:00 – 7:00 Hand Bells

The series of recitals to celebrate our organ renovation will begin in January. Keep an eye out for the dates as we plan to present 3 organ recitals in the spring along with the Arkansas Symphony Intimate Concert on March 8 and the Little Rock Chamber Music Society concert on March 15.

Other dates to keep in mind include our Gospel Hymn Sing-a-long on August 20, Rally Day on September 10, (Razorbacks on September 2), Chamber Concerts on October 2 and November 2, a Hymn Fest with Bethel AME on October 8, Pageant Rehearsal Workshop on November 20 and 21, the Pageant on December 10, and Lessons and Carols on December 17. We are already working on Christmas Eve, when we'll offer Benjamin Britten's Ceremony of Carols with the women of the Cathedral Choir and harpist Alisa Coffey.

It is an honor to be planning all this as we will worship together.



## YOU ARE INVITED!

Sunday, July 9, 2017, from 4:00 to 7:00: An afternoon to celebrate a wedding

For all adults and children who work or pray at Trinity Cathedral.

4:00 Choral Evensong, with marriage prayers for Mary Olive Keller and John Stephens.

4:30 Music in the Cathedral by Patty Griffin.

5:30 Reception in Morrison Hall to thank the Cathedral Parish for the blessings of our life together and to toast the bride and groom (hosted by the Kellers and Stephens).

\*\*\*Come early: Cathedral doors will close at 4:00\*\*\*

Attire: "Business Casual"

Nursery Provided

## Are you interested in Education for Ministry (EfM)?



Are you interested in learning more about EfM? The Trinity Cathedral group will be taking new members starting in August. Meetings will be on Wednesday evenings from 6:00-8:30 p.m. at Trinity.

Education for Ministry (EfM) is a unique four-year distance learning certificate program in theological education based upon small-group study and practice. Since its founding in 1975, this international program has assisted more than 80,000 participants in discovering and nurturing their call to Christian service. EfM helps the faithful encounter the breadth and depth of the Christian tradition and bring it into conversation with their experiences of the world as they study, worship, and engage in theological reflection together. For more information, please visit the EfM website.

This is a four year program administered by the School of Theology at Sewanee. In each year you take a deep dive into a particular area - Old Testament, New Testament, Christian History, and Personal Theology. We meet weekly on Wednesday evenings from August to May, and there is a significant bit of reading each week. There is also an annual cost of \$350 that covers your reading materials.

Our meeting time is spent with some fellowship time, a brief discussion of the readings, and then a facilitated discussion called a theological reflection. The reading is important to build your knowledge of Christian tradition to feed these discussions, but it is not as overwhelming as many might think. If you're too busy to read on some weeks, you'll still want to attend for the discussions.

Please contact Mercedes Clements if you have questions or would like more information - [mercedes.clements@gmail.com](mailto:mercedes.clements@gmail.com).

## Introducing Canon Carswell!



**We are very pleased to announce that, as of July 1,  
The Rev. Amber Carswell will be a Canon of  
Trinity Cathedral.**





310 W. 17th Street  
Little Rock, AR 72206-1492  
Office: 501-372-0294  
Fax: 501-372-0416  
[www.trinitylittlerock.org](http://www.trinitylittlerock.org)

Weekly Worship Schedule:  
Sunday - 7:30 a.m., 9:00 a.m.,  
11:15 a.m., Evensong 4:00 p.m.  
Monday - Friday  
Morning Prayer at 9:00 a.m.  
Wednesday  
Healing Eucharist at 5:05 p.m.

The Cathedral is open for visitation, prayer, and  
meditation weekdays from 9:00 a.m. to 5:00 p.m.

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## Trinity Cathedral's Musical Theatre Outreach Presents:



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through the 7th grade.

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through Thursday,  
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Visit [www.trinitylittlerock.org/  
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The performance on Friday, August 4 at 5:30 p.m. is open to the public.  
Tickets \$10 at the door.