

THE MESSAGE

The Newsletter of Trinity Episcopal Cathedral
A House of Prayer for All People • December 2017



The Trinity Advent Event, December 3
Lessons & Carols, December 10
The Cathedral Christmas Pageant, December 17
(see inside for details)

2017

Advent and Christmas at the Cathedral

Dec. 3 Sunday

Advent I

Holy Eucharist 7:30 a.m. (spoken)

Holy Eucharist 9:00 a.m. and 11:15 a.m.*

The Cathedral Choir with Kiril Laskarov, violin
The Rev. Canon Amber Carswell preaching

Alternative Market from 10:15 a.m. to 11:30 a.m.*

Choral Evensong 4:00 p.m.

Advent Event 5:00 p.m.

Dec. 10 Sunday

Advent II

Holy Eucharist 7:30 a.m. (spoken)

Holy Eucharist 9:00 a.m.*

Seraphim Singers and Cherub Choir

Holy Eucharist 11:15 a.m.*

Cathedral Choir

The Rev. Dr. Lisa Corry preaching

Lessons and Carols 4:00 p.m.*

featuring Vaughan-Williams' *Magnificat*

Dec. 16 Saturday

Ordination of The Rev. Dr. Lisa Corry 11:00 a.m.

Seraphim Singers, Cathedral Choir and guests
Reception to follow.

Dec. 17 Sunday

Advent III

Holy Eucharist 7:30 a.m. (spoken)

Holy Eucharist 9:00 a.m. and 11:15 a.m.*

The Cathedral Choir

The Very Rev. Dr. Christoph Keller, III preaching

Christmas Pageant 4:00 p.m.*

Dec. 24 Sunday

Advent IV

Holy Eucharist 7:30 a.m. (spoken)

Holy Eucharist 10:00 a.m.*

The Rev. Deb Cooper preaching

Christmas Eve

Holy Eucharist 4:00 p.m.*

The Cathedral Choir

The Bishop of Arkansas preaching & presiding

Musical Prelude 10:00 p.m.

Britten's Ceremony of Cards with
Alisa Coffey, harp

Choral Eucharist 10:30 p.m.

Cathedral Choir, Mozart's Coronation Mass

with members of the Arkansas Symphony

The Bishop of Arkansas preaching & presiding

Dec. 25 Monday

Christmas Day

Holy Eucharist 10:00 a.m.

The Cathedral Schola Choir

The Rev. Canon Dr. J Russell Snapp preaching

Dec. 31 Sunday

First Sunday After Christmas

Holy Eucharist 7:30 a.m. (spoken)

Holy Eucharist 9:00 a.m. and 11:15 a.m.*

The Cathedral Choir

The Rev. Canon Dr. J Russell Snapp preaching

Evening Prayer 4:00 p.m.

Jan. 6 Saturday

Epiphany service at St. Mark's 6:30 p.m.

*Childcare will be provided for these events



Trinity Episcopal Cathedral

310 West 17th Street | Little Rock, AR 72206

501-372-0294 | www.trinitylittlerock.org
communications@trinitylittlerock.org

Sundays at Trinity

Dean's Sunday Breakfast Class Winter 2017



Sundays 10:15 a.m. to 11:05 a.m. in Morrison Hall

Sunday, Dec. 3: Alternative Market

Sunday, Dec. 10: Learn about “Magdalene Coming Home” with Denise Chai

Sunday, Dec. 17: Walter Hussman, publisher of the Arkansas Democrat-Gazette:
“St. Augustine: His Message for Modern America”

Sunday, Dec. 24: Breakfast at 9:00 a.m. and Service at 10:00 a.m.

Sunday, Dec. 31: The Organ Part II (meet in the Cathedral)

Living the Questions

Living the Questions meets 10:15 – 11:10 a.m. in the Library/Lounge of Cathedral House (except when joining the Dean's Class). This class is a quick-moving discussion in which each person is invited, but not required, to participate. Bring your brunch.

Parents' Group

Looking for a place to share the joys and trials of parenting? Join us each Sunday at 10:15 a.m. in Lower Mitchell House to share knowledge, be creative, and exchange ideas and strategies for parenting. This is a time to network, socialize, and encourage one another. Babies welcome! Feel free to join us anytime. Questions? Contact Mercedes Clements - mercedes.clements@gmail.com.

Pilgrim's Progress Continues

Our group delves deeper into what we do as Episcopalians. This fall, we are starting “Conversations with Scripture - The Parables.” What did Jesus mean with all of those stories he told crowds at every opportunity? Join us in the Conference Room for some great conversations. Led by Randy Irwin and Shep Miers.

Evensong Service

Evensong is suspended during December and will resume January 7, 2018. Evensong on January 21 will be followed by the first Organ Rededication Recital.

Baptism Preparation

As we prepare for baptism on January 7, preparation classes will be offered on December 3, 10, 17 at 10:10 a.m. in Baker Parlor. This 3 session class is for parents and godparents of those preparing for baptism. Anyone is welcome to attend.

Full Breakfast Every Sunday Morning and Supper Every Wednesday Night

We will serve breakfast from 8:30 a.m. to 11:00 a.m. on Sunday mornings in Morrison Hall and supper on Wednesday evenings from 5:15 p.m. to 6:15 p.m. The price per person is \$7.00 for adults and \$4.00 for children under 12. The maximum charge for a family is \$20. You can purchase tickets with cash, check, or credit/debit card.

Wednesdays at Trinity

The Cathedral has started a new formation evening for all ages. This is a time to stop; to come together as a parish and as a community; to worship, socialize, learn, and go forth in peace.

The schedule is as follows:

3:30 - 4:15 p.m. Cherub Choir (Choir Room, Ages 4-7)

4:30 - 5:30 p.m. Seraphim Choir (Choir Room, Grades 3-7)

5:05 p.m. Service with Healing Unction in the Cathedral

5:15 - 6:15 p.m. Dinner in Morrison Hall (for those attending the service, there is still plenty of time to eat!)

6:00 - 7:00 p.m. Cathedral Hand Bell Choir

6:15 - 7:15 p.m. Classes for all ages

7:15 - 8:45 p.m. Cathedral Choir (Choir Room, Ages 14 -114)

Sign up for a class by going to www.trinitylittlerock.org/wednesdays. Classes you may choose from are:

- Christian Faith and Modern Science (Morrison Hall) 6:15 - 7:15 p.m. through December 20
- A Winter Inquirer's Class with the Dean (Morrison Hall) 6:15 - 7:15 p.m. January 3 through February 7

Christian Faith and Modern Science Continues

Wednesday nights (6:15 to 7:15) in the Conference Room Leaders: Dr. Keller and Dr. Stefanie Leacock

Part II: Through December 20

Wednesday, December 6: What does it mean to edit a genome? (Dr. Leacock)

Wednesday, December 13: God's creation, Our creations (Dr. Leacock)

Wednesday, December 20: About God: In Christian Understanding (Dr. Keller)

The classes are in the Conference Room at Trinity Episcopal Cathedral, 310 West 17th Street in Little Rock. Classes are free and open to the public, including clergy, youth leaders, science teachers, and students. Dinner, served at 5:15, is \$7 for adults. Students with ID may eat for free.

A Winter Inquirer's Class with the Dean

About God, a Question I have is . . .

Wednesday nights (6:15 to 7:15) in Morrison Hall

Leader: The Very Rev. Dr. Christoph Keller, III, Dean and Rector

January 3, 10, 17 and 24

January 31 (with the Rev. Dr. Lisa Corry)

February 7

Supper is offered from 5:15 in Morrison Hall (\$7 for adults, \$4 for children under 12) Free Child care in the nursery.

Send your questions in advance to: ckeller@trinitylittlerock.org. In subject line say: "About God, a question I have is"
Come and bring a friend!

Natural Spirituality Book Study

This 7-week study group is a prerequisite for those who are interested in becoming a committed member of our Dream Group at Trinity. The series is based on the book *Natural Spirituality: A Handbook for Jungian Inner Work in Spiritual Community* by Joyce Rockwood Hudson, Revised Edition, 2016. Dates and times to be determined based on interest. Please contact Deb Cooper, dcooper@trinitylittlerock.org.

Music at Trinity

Music Notes from Victoria

December is a full month of music. There are so many wonderful things coming that I'd like to highlight just a few so you know what to expect.

The Ordination

One of the most exciting events will happen on Saturday, December 16th at 11:00 a.m. when the Rev. Dr. Lisa Corry will be ordained into the priesthood at our Cathedral. The Rev. Dr. Corry has invited the Seraphim Singers (our older children's choir) to sing for that ordination service. The children are so excited and honored to be included in this momentous occasion. It would be so wonderful if we filled our Cathedral.

Lessons and Carols

On Sunday evening, December 10th, our Cathedral Choir will present a service of Lessons and Carols. The early December scheduling of this service might seem to point towards an Advent service but we've produced a blended service which will include the story of Christmas which we will be anticipating. Familiar carols, exciting anthems, and readings from both the Old and New Testaments will be presented. A highlight of our Lessons and Carols will be the singing of Ralph Vaughan-Williams' "Magnificat." This eleven minute work is a mezzo-soprano solo with women's choir. It will be accompanied with our beautiful Steinway piano played by Associate Organist Jason Pennington-Saughey and on flute by Kayla Copeland. The solo will be sung by Susan Schafer, a Stuttgart native and Henderson State University graduate who spent 19 years on the New York City Opera roster and who now resides and teaches in New York City.

The Pageant

Because I've been working with director Susan Allen on this year's Christmas Pageant (December 17th at 4:00 p.m.), I can tell you that this year's production will be very special. The children are practicing very hard, acting and singing their hearts out, and are anxiously awaiting that special day when they can perform for you. For both Lessons & Carols and the Pageant, you might want to consider coming early to get a great seat towards the front.

Christmas Eve

Christmas Eve falls on Sunday. It also happens to be the fourth Sunday of Advent. This presents many musical challenges. If the choir started at 8:30 a.m. (their regular Sunday morning time) to finish at midnight after the last Christmas Eve Service, they would have a very long day and probably no voice at all. Therefore, they will take the morning off and you, the congregation, will sing the hymns and service music for our service at 10:00 a.m. The 4:00 p.m. Christmas Eucharist will feature the Cathedral Choir and soloist Rosella Ewing. Then at 10:00 p.m., the treble voices of the Cathedral Choir will present Benjamin Britten's "Ceremony of Carols" with Alyssa Coffey on harp. Sung Choral Eucharist will begin at 10:30 p.m. and it will include Mozart's "Coronation Mass" sung by the choir accompanied by members of the Arkansas Symphony. Soloists for the Mozart will be Anna Squire, Hayley Conghlin, Adam Baldwin, and Josiah Wheeler. Music at Communion will include the beloved "A Spotless Rose" by Herbert Howells.

In conclusion

Our prayer is that this music provides a blessed and holy setting for our Advent and Christmas Seasons. Peace to you and yours.

Choir Rehearsal Times

Wednesdays:

Cherub Choir: 3:30 p.m. to 4:15 p.m.

Seraphim Choir: 4:30 p.m. to 5:30 p.m.

Cathedral Choir: 7:15 p.m. to 8:45 p.m.

Handbell Choirs:

Cathedral Handbell Choir:

Wednesdays, 6:00 p.m. to 7:00 p.m.



The Trinity Advent Event

The parish family is invited to enjoy a pasta dinner followed by an opportunity to experience the peace and warmth of the Advent spiral as, together, we embark upon our wait for the Christ Child.

Sunday, December 3 5 p.m. Morrison Hall



STEWARDSHIP GOALS UPDATE

The ministry taking place here is only possible because of your support. We are well on our way toward our \$1.1 million goal and \$1.2 million stretch goal. We will continue accepting pledges through the end of the year.



OPPORTUNITIES FOR SERVICE IN DECEMBER

Interested in helping at the Cathedral, but don't know who to ask? Here are some ways that you can help this month:

1. Give someone a ride to church.
Contact Russ Snapp, 870-664-6404
2. Help fold, seal, and label the Message on December 21.
Contact Riley Matheny, riley@trinitylittlerock.org

ALTERNATIVE MARKET

It is that time of year! Christmas is in the air! Trinity's Alternative Market will be held Sunday, December 3, 2017 10:00 a.m. until 11:30 a.m. in Morrison Hall.

Please join us for a complimentary breakfast. Advent wreaths and candles for the home will be available. There will be opportunities to purchase gifts that keep on giving throughout the year.

Our vendors this year are Harmony Clinic, Heifer International, EYC, Mount Holly Cemetery, Flower Guild, Our House, Arkansas Children's Hospital, Rice Depot, Saint Francis House, Stewpot, Beatitudes, Feline Rescue and Rehome and more!

ORDINATION

Join us Saturday, December 16 for the ordination of The Rev. Dr. Lisa Corry. The service will take place at 11:00 a.m. and include music presented by the Seraphim Singers, Cathedral Choir and guests. A reception will follow in Morrison Hall.



CHRISTMAS ALTAR FLOWER MEMORIALS

If you would like to have a memorial or thanksgiving included in the Christmas Eve bulletin, please send that information to Mary Hodges and make the check payable to Trinity with 'Christmas Altar Flower Memorial' noted on the check. The deadline for memorials is Monday, December 18.

CHRISTMAS DAY SERVICE

Join us on Christmas Day, Monday, December 25 for Holy Eucharist at 10:00 a.m. with the Rev. Canon Dr. J. Russell Snapp preaching.

THEOLOGY 501 - DECEMBER 12

Bring a friend, grab a beverage, and join other young adults for this month's pub theology discussion led by The Rev. Canon Amber Carswell. We meet monthly at Cregeen's Irish Pub in North Little Rock at 7:00pm.

Please remember Trinity Cathedral in your will.

EYC News

During our latest youth retreat at Camp Mitchell, our youth reflected on “voices” (specifically how some voices are lost). During the past few months at Trinity Cathedral, I have felt joy in being a part of a place that gives opportunity for youth voices to be heard: through choir, morning Formation, EYC, etc. I look forward to the New Year as we continue to grow and celebrate the talented, passionate, and unique community of young people. Below is a reflection on our Arkansas Youth Event retreat by one of our youths. –Olivia Goza, Youth Ministry Coordinator



Arkansas Youth Event

Our weekend at AYE was awesome! The theme of the weekend was “Voices” and how some voices aren’t heard or how some people might not speak up. For “God Stuff” (which are activities to help us get closer to God and understand Him) we played a communication game. In this game, we placed a die somewhere in the room, blindfolded a selected person, and directed them to the die with our voices. The first time we all yelled at the person and it got chaotic. Then we worked as a group to direct them (for example: only certain people could talk) and it wasn’t as loud. It taught us that when we are all speaking, it is hard to hear all voices. We ended the weekend with a celebratory dance: loud music, cookies, and tired kids. It was a great time with friends and I can’t wait for our next weekend together on the mountain!

–Evelyn Pittman, 6th Grade

EYC in December

Dec 3: In the morning EYC will join the Alternative Market to sell t-shirts. In the evening, we will meet in Morrison Hall for dinner and the Advent Event.

Dec 10: Grades 6-12 are invited for the annual EYC Christmas Party. We will have food, Christmas Edition Trivia, prizes, and more. Bring a gift (no more than \$10) for our White Elephant Gift Exchange.

Dec 21: Christmas Basket Delivery for St. Francis House. Central Convocation Youth are invited to meet at Christ Church on Thursday, December 21 at 8:45am for donuts and juice. Then groups will split up to deliver baskets. RSVP to ogoza@trinitylittlerock.org.

Spring 2018 Dates

Jan 7 – EYC “Restart”

Jan 15 – MLK Service Monday

Feb 4 – EYC Super Bowl Party

Feb 13 – Shrove Tuesday

Feb 24 – Service Saturday @ Camp Mitchell

Mar 9-11 – Winterstar @ Camp Mitchell

Mar 20-22 – Spring Break in the Rock

Apr 6-8 – Happening #39

Apr 22 – Central Convocation Picnic

Apr 28 – Service Saturday @ Heifer Ranch

May 6 – Youth Sunday

May 20 – Confirmation & End of Year Party

Confirmation Classes

We will begin our Confirmation Classes for youth on January 21st. Classes will be held during the Sunday Formation Hour (10:15am) in the Iona Room. All youth are welcome to attend. Confirmation Sunday is May 20th.

Jan 21: “Scripture & Intro to the Episcopal ‘3-Legged Stool’”

Feb 11: “Lent & Prayer”

Mar 4: “Tradition”

Apr 8: “Resurrection: Service & Ministry”

Apr 22: “Reason”

May 6: “Bringing it all Together”

Email Addresses Needed: Can't wait for The Message to arrive? Want to know what is happening at Trinity? Make sure we have your email address so you receive the weekly Trinity Update. It contains a brief look at the many events on the block. Send your email address to dhowe@trinitylittlerock.org and we'll make sure you are added to the update list.

CATECHESIS OF THE GOOD SHEPHERD – CHILDREN’S FORMATION



December is a busy month for families at Trinity. We have several events we invite you to participate in, even if you do not have children. We welcome all ages.

Alternative Gift Market – Sunday, December 3 at 10:15 a.m. – we will have materials available for you to use to celebrate Advent and Christmas in your home. Advent Calendars, Advent Wreaths, and suggestions for many other activities.

The Advent Event – Sunday, December 3 at 5:00 p.m. We invite the parish family to join us as we decorate our advent wreaths, create several different seasonal crafts, share a meal together (Chicken alfredo pasta) and conclude our evening with a spiritual Advent Spiral in the Garth. We also encourage you to attend Evensong at 4:00 p.m. in the Cathedral.

The Christmas Pageant – Sunday, December 17 at 4:00 p.m. This is the 60th Presentation of the Cathedral Pageant. This is the story of the birth of Christ in lessons and carols as told by our children. The pageant will be followed by a reception in Morrison Hall to celebrate 60 years. Please join us for this special event.

Oblations – you may have noticed families presenting the oblations (Bread & Wine before Communion) with the ushers. If you would like to participate in this ministry, please contact Dawn at dhowe@trinitylittlerock.org or 372-0294.

THE TOWNSEND AND BROOKS WOLFE HEARING CHARITABLE TRUST

The Townsend and Brooks Wolfe Hearing Charitable Trust was established with the Arkansas Community Foundation by Brooks Wolfe to honor the memory and philanthropic spirit of her late husband Townsend. The Community Foundation will partner with Trinity in the distribution of these funds to needy and deserving recipients. The trust has already supplied hearing aids for adults with limited fixed income; it has installed sound-field systems in the kindergarten classrooms of Little Rock Preparatory Academy and fitted nursing home residents with assistive listening devices. If you know of someone who could benefit from such services, contact Brooks Wolfe at 501-410-4455 to inquire further. If you would like to contribute to the fund, contact the Arkansas Community Foundation and ask how to contribute to the Townsend and Brooks Wolfe Hearing Charitable Trust.

We need to hear from you: Please let the church office know if you are sick or hospitalized and would like prayers or a clergy visit. Due to HIPPA regulations hospitals cannot release patient information unless you also sign in as an Episcopalian at Trinity Cathedral. Office number is 501-372-0294 and email is riley@trinitylittlerock.org.



You are invited to

The Cathedral Christmas Pageant

Sunday, December 17, 2017

4 p.m.

Trinity Episcopal Cathedral

310 W. 17th Street Little Rock, Arkansas

Reception immediately following

In Morrison Hall

In celebration of the Pageant's

60th Anniversary

Nursery care provided



310 W. 17th Street
Little Rock, AR 72206-1492
Office: 501-372-0294
Fax: 501-372-0416
www.trinitylittlerock.org

Weekly Worship Schedule:
Sunday - 7:30 a.m., 9:00 a.m.,
11:15 a.m., Evensong 4:00 p.m.
Monday - Friday
Morning Prayer at 9:00 a.m.
Wednesday
Healing Eucharist at 5:05 p.m.

The Cathedral is open for visitation, prayer, and meditation weekdays from 9:00 a.m. to 5:00 p.m.

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Bob Goff

February 8, 2018

What goals and dreams have you been putting off out of fear or the thought that you can't do it, that it's too hard? Chances are, Bob could talk you out of those thoughts and send you charging into your next adventure. Take it from a guy who had the audacity to put his cell number in the back of his



book: there's a huge power in just being present, being available, to those around you. What if you took time for the people in your life? What if you made some audacious plans to rock their lives? Try it and see what happens.

Tickets are \$25 for general seating or \$100 for patron tickets (which include an invitation to the Sponsors & Patrons reception and reserved seating).

The lecture will begin at 6:30 p.m. in the Cathedral, with a reception following in Morrison Hall. Books will be available to purchase and have signed. There will be a Sponsors & Patrons reception prior to the lecture at 5:30 p.m. in Morrison Hall.

For more information and to purchase tickets visit <https://www.trinitylittlerock.org/insights/>

For more information on sponsorships, please contact The Rev. Amber Carswell at acarswell@trinitylittlerock.org