

THE MESSAGE

The Newsletter of Trinity Episcopal Cathedral
A House of Prayer for All People • February 2018



THE **Insights** **Bob Goff** LECTURE SERIES

February 8, 2018

“Do you want to be known for your opinions or do you want to be remembered for your love?” This is the question that Bob Goff poses as he engages in conversations with Christian communities all over the world. His personal mission is to remind us of the simplicity of God’s love and how we can bring that love to fruition. Bob has worked as a lawyer but is now known for his work as an author, motivator and all around joyous guy. A guy whose was willing to put his personal cell phone number on the back of his bestselling book in order to be present and available to whomever may need it. Bob is making himself available to us on Thursday, February 8 and we are delighted to host him for what promises to be an engaging conversation on his work and philosophy of “Love Does.” His openness and availability to the world is as surprising as it is inspiring and an evening spent with him promises to bring with it lively conversation and discussion. We hope you will join us! Tickets are available for \$25, \$10 for students. \$100 for patron tickets (which include an invitation to the Sponsors & Patrons reception and reserved seating). The lecture will begin at 6:30 p.m., with a reception and book signing to follow. Books will be available to purchase and have signed. The Sponsors & Patrons reception will take place prior to the lecture at 5:30 p.m. in large Conference Room of the Cathedral House. For more information and to purchase tickets visit <https://www.trinitylittlerock.org/insights/>

For more information or questions about the event please contact Emma Mitchell, Director of Programs at emitchell@trinitylittlerock.org.

Sundays at Trinity

The Dean's Class

Sundays 10:15 a.m. to 11:05 a.m. in Morrison Hall

Your Questions About God

Feb. 4 through 25 (excluding the 11th) will be "Your Questions about God" led by Dr. Keller
For example:

"Why do bad things happen to good people?"
· "Is Gandhi in Hell?" · "Can Hitler get to heaven?" ·
"Does salvation require belief in Christ?" · "Why do Episcopalians stand, sit, and kneel?" — And many more.

Camp Mitchell Presentation

Feb. 11 will be a presentation on Camp Mitchell with the Rev. Robert Wetherington and the Rev. Betsy Baumgarten, Co-Executive Directors of Camp Mitchell.

· See back page for more details ·

Living the Questions

Living the Questions meets 10:15 – 11:10 a.m. in the Library/Lounge of Cathedral House. This class is a quick-moving discussion in which each person is invited, but not required, to participate. Bring your brunch.

Feb. 4. Join the Dean's Class for "Your Questions about God"

Feb. 11 "The 13 Disciples" Staff lounge/Library. Led by George Harper

Feb. 18 and 25 Join the Dean's Class

Coming in March: "Love Wins-A Book About Heaven and Hell and the Fate of Every Person Who Ever Lived" by Rob Bell led by George Harper.

Parents' Group

Looking for a place to share the joys and trials of parenting? Join us each Sunday at 10:15 a.m. in Lower Mitchell House to share knowledge, be creative, and exchange ideas and strategies for parenting. This is a time to network, socialize, and encourage one another. Babies welcome! Feel free to join us anytime. Questions? Contact Mercedes Clements - mercedes.clements@gmail.com.

Full Breakfast Every Sunday Morning and Supper Every Wednesday Night

We will serve breakfast from 8:30 a.m. to 11:00 a.m. on Sunday mornings in Morrison Hall and supper on Wednesday evenings from 5:15 p.m. to 6:15 p.m. The price per person is \$7.00 for adults and \$4.00 for children under 12. The maximum charge for a family is \$20. You can purchase tickets with cash, check, or credit/debit card.

Pilgrim's Progress Continues

On February 11 we plan on joining other Episcopalians and reading for Lent - The Gospel of Luke followed by The book of ACTS - through the Lenten season. Following the Lenten season we plan on starting "A Journey with John." Join us for some great conversation. Led by Randy Irwin and Shep Miers.

Evensong

Evensong is every Sunday at 4:00 p.m. This sung service of Evening Prayer offers music in praise of God by the Cathedral Schola. It begins with an organ prelude (there is no sermon) and ends with an elegant tea in Baker Parlor.

Wednesdays at Trinity

The Cathedral has started a new formation evening for all ages. This is a time to stop; to come together as a parish and as a community; to worship, socialize, learn, and go forth in peace.

The schedule is as follows:

3:30 - 4:15 p.m. Cherub Choir (Choir Room, Ages 4-7)

4:30 - 5:30 p.m. Seraphim Choir (Choir Room, Grades 3-7)

5:05 p.m. Service with Healing Unction in the Cathedral

5:15 - 6:15 p.m. Dinner in Morrison Hall (for those attending the service, there is still plenty of time to eat!)

6:00 - 7:00 p.m. Cathedral Hand Bell Choir

6:15 - 7:15 p.m. Classes for all ages

7:15 - 8:45 p.m. Cathedral Choir (Choir Room, Ages 14 -114)

Sign up for a class by going to www.trinitylittlerock.org/wednesdays. Classes you may choose from are:

- A Winter Inquirer's Class with the Dean (Morrison Hall) 6:15 - 7:15 p.m. February 7
- Adult Confirmation Class with Dr. Snapp (Conference Room) 6:15 - 7:15 p.m. February 21 through May 16

A Winter Inquirer's Class with the Dean

About God, a Question I have is . . .

Wednesday, February 7 (6:15 to 7:15) in Morrison Hall

Leader: The Very Rev. Dr. Christoph Keller, III, Dean and Rector

Ash Wednesday Services

Ash Wednesday Services will be held on Wednesday, February 14 at 7:30 a.m., 12:15 p.m., and 6:30 p.m. There will be no Wednesday night classes or music rehearsals meeting on this day.

Ash Wednesday marks the beginning of Lent. According to the Book of Common Prayer, Ash Wednesday is a special day of devotion that may be observed by special acts of devotion or self-denial. As we mark this special day, we are offering services with the imposition of ashes throughout the day. This provides accessibility before work/school, at lunch, or in the evening.

At the 6:30 p.m. service (the only service of the day with music), the Cathedral Choir will sing Allegri's famous "Miserere". It was composed during the reign of Pope Urban VIII during the 1630s for use in the Sistine Chapel as part of the Ash Wednesday service. The text is Psalm 51 "Have mercy on me O Lord". The anthem is written for double choir and is an excellent example of late Renaissance polyphony.

The major aspect of Ash Wednesday is to help us call to mind our mortality and be confronted with both the shortness and the uncertainty of this life: "Remember that you are dust, and to dust you shall return" (Genesis 3:19-20).

Trinity - Bethel Readings

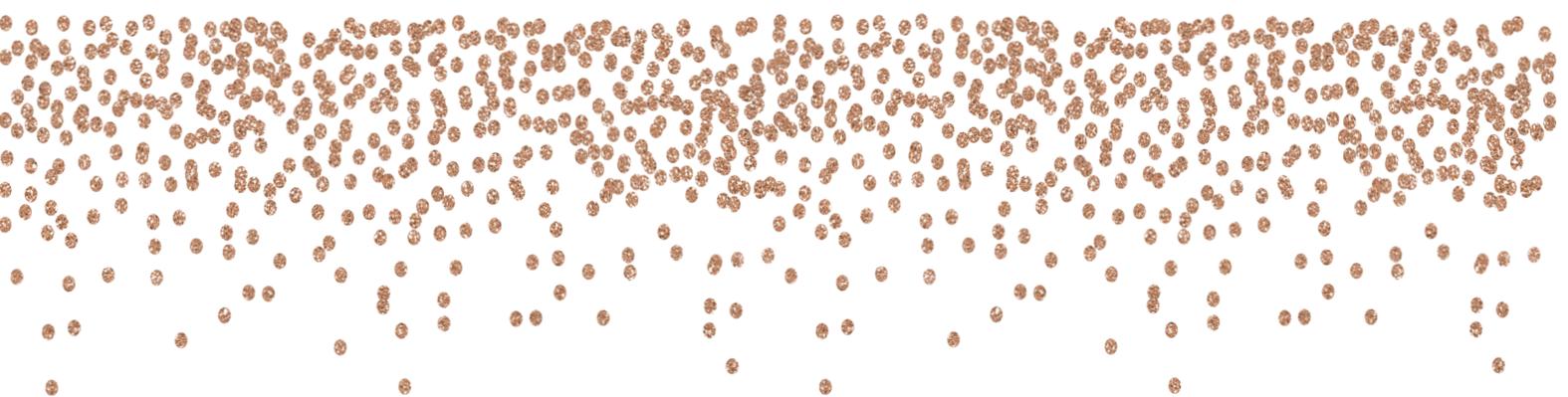
On February 21 and 28 Dr. Keller will lead readings on Dr. Martin Luther King Jr. in Morrison Hall from 6:15 to 7:15 p.m.

Adult Confirmation Class to Begin February 21

Trinity's annual adult Confirmation Class will meet on Wednesdays in Lent and Eastertide this year from 6:15 to 7:15 p.m. in the Conference Room. Sessions will run from February 21 through May 16, with the exception of the Wednesday in Holy Week, which is March 28.

This class, led by the Rev. Canon Dr. Russ Snapp with assistance from other leaders of Trinity, both clergy and lay, is primarily intended for 1) baptized adults considering membership in the Episcopal Church; 2) baptized adult members who have not yet been confirmed or received by the Bishop as members of the Episcopal Church; and 3) adults desiring to be baptized, as well as confirmed, in the Episcopal Church. The class is also open to those already baptized and confirmed who wish to join others in strengthening their knowledge of the Christian faith and of our Anglican tradition, with the possibility of reaffirming their faith before the Bishop. We will celebrate Confirmation, Reception, and Reaffirmation at the Bishop Benfield's visitation on the Day of Pentecost, which falls this year on May 20.

If you would like to participate in this class and/or if you have questions, please contact Dr. Snapp at rsnapp@trinitylittlerock.org or 870-664-6404.



Festivities • Fat • Frandangle

JOIN US ON SHROVE TUESDAY

• FEBRUARY 13 •



FOR OUR ANNUAL
MARDI GRAS CELEBRATION & GUMBO COOK-OFF

5:00 – 7:00 P.M.

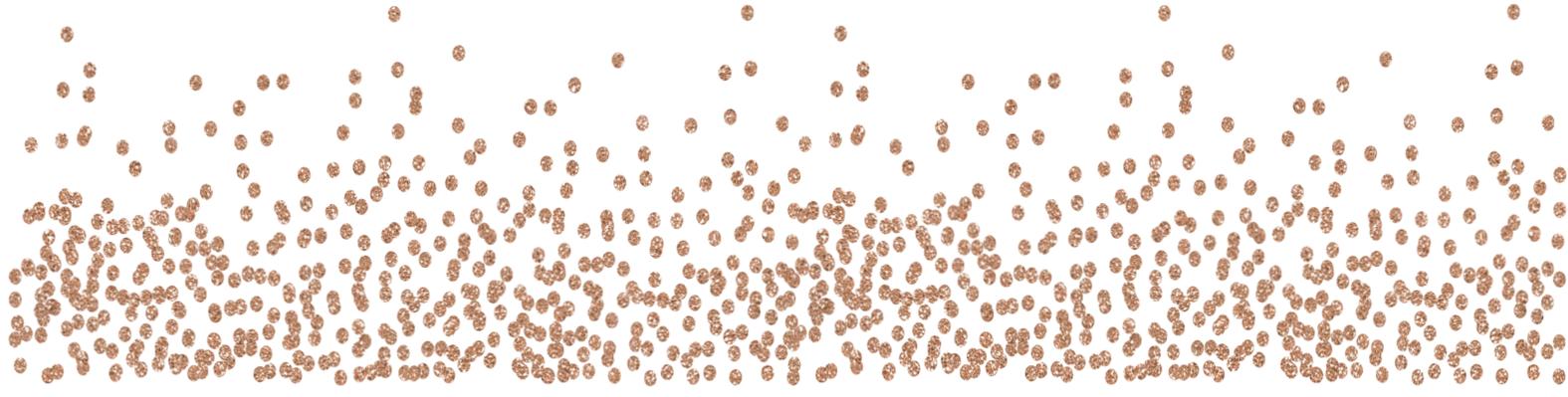
(FOLLOWED BY THE BURNING OF THE PALMS)

CHANCELLORS' HALL

FOOD, FUN, FELLOWSHIP, & MUSIC

FESTIVITIES INCLUDE:

MUSIC BY THE DAVE ROSEN BAND, PANCAKES, GUMBO, FACE PAINTING, COTTON CANDY, AND MORE...



Laissez Les Bon Temps Rouler! Mardi Gras Gumbo Cook Off



It's Gumbo Time

Trinity Cathedral and the Trinity ECEP invite you and your Krewe to dish up your best gumbo recipe for the Mardi Gras/Shrove Tuesday Celebration at Trinity Episcopal Cathedral on Tuesday, February 13 at 5:00 p.m.

Below is the sign-up sheet that needs to be filled out and returned to the receptionist at Trinity Episcopal Cathedral by February 10. Hurry - spots in the Gumbo cooking "parade" are limited and going fast. Each Krewe is encouraged to have a Krewe name, and decorate their assigned table. An informal competition for best gumbo and for the most spirited Krewe will be held.

Most preparation will need to be done off site. The gym will be open to Krewes for set up and decorate at 1:30 p.m. on Tuesday, Feb. 13. Power cords will be provided to each Krewe so that gumbo can be served warm. All Krewes must be in place and ready to serve by 5:00 p.m.

Gumbo Krewes are encouraged to decorate their assigned tables. Krewes may arrive any time after 1:30 p.m. to decorate and set up tables. All Krewes should be ready to serve at 5:00 p.m. Spoons, serving bowls, rice, and napkins will be provided. Judging for best gumbo and most spirited will be held at 5:30 p.m.

Name of Krewe: _____

Members of krewe: _____

Organization or Parish: _____

Krewe Boss: _____

Contact Info: _____ phone(s)

_____ (email)

**Laissez Les Bon
Temps Rouler!**



Music at Trinity

Music Notes from Victoria

Words cannot adequately thank you, the congregation who attended, and everyone who 'staffed' Daniel Beckwith's recital and our Evensong on Sunday January 21. But let me try. THANK YOU ALL SO VERY VERY MUCH.

Our beautiful Cathedral was filled with the exquisite organ playing by our recitalist, magnificent cantoring by Jason Pennington-Saughey, Anna Squire's gorgeous solo work in the Magnificat, John Bangert's lovely Nunc Dimittis, and the glorious singing by the Cathedral Choir. To top off the evening, Doug and Mary Smith served a fabulous reception we will long remember.

So many made all of this possible but we are grateful to our donors, Dean and Vestry for their support of the renovations, to Jack Harvey who chaired the organ project, to all the committees who helped fund it, to Burton Tidwell and Reggie Hulsey who designed and executed the work, to Judith Barger who created much of the art and signage for the project, and to the amazing Cathedral Staff who all have contributed.

Now we look forward to our next organ recitalist, Rob Lehman, on February 23. This one is sponsored by the Central Arkansas Chapter of the American Guild of Organists and will be held on Friday night at 8:00 p.m. Many members of the chapter were in attendance at Danny's recital.

Dr. Lehman will also be leading a choral workshop in our Cathedral on February 24th, the Saturday morning following the concert. If any of you are interested in attending this workshop or know musicians from other churches or schools who might be interested, all are invited to this free event. We will be reading through anthems, many composed by Rob, with some choral teaching and conducting mixed in!

So much is happening and space is so limited that I'll just urge you to watch for the many events happening at Trinity during the next few months and to contact me if you have questions, concerns, and especially suggestions.

Rejoice in the Lord always!
Victoria



Choir Rehearsal Times

Wednesdays:

Cherub Choir: 3:30 p.m. to 4:15 p.m.
Seraphim Choir: 4:30 p.m. to 5:30 p.m.
Cathedral Choir: 7:15 p.m. to 8:45 p.m.

Handbell Choirs:

Cathedral Handbell Choir:
Wednesdays, 6:00 p.m. to 7:00 p.m.



Email Addresses Needed: Can't wait for The Message to arrive? Want to know what is happening at Trinity? Make sure we have your email address so you receive the weekly Trinity Update. It contains a brief look at the many events on the block. Send your email address to dhowe@trinitylittlerock.org and we'll make sure you are added to the update list.



SACRED THREADS LENTEN RETREAT

CAMP MITCHELL
RETREAT PROGRAM



FEBRUARY 23 - FEBRUARY 25
CAMP MITCHELL RETREAT CENTER
PETIT JEAN MOUNTAIN

PRAY
STITCH
WORSHIP
KNIT
COMMUNE
QUILT

TO FIND OUT MORE OR TO REGISTER GO TO:
WWW.CAMPMITCHELL.ORG
501-727-5451

We need to hear from you: Please let the church office know if you are sick or hospitalized and would like prayers or a clergy visit. Due to HIPPA regulations hospitals cannot release patient information unless you also sign in as an Episcopalian at Trinity Cathedral. Office number is 501-372-0294 and email is riley@trinitylittlerock.org.

FORGIVENESS RETREAT

Saint Mark's Episcopal Church, 1000 N. Mississippi, Little Rock, will offer a one-day Forgiveness Retreat on Saturday, February 10 from 8:15 a.m. to 3:00 p.m., led by Mary Dwyer of Contemplative Outreach. The cost of the workshop is \$30, which includes lunch. Register at lovesaintmarks.eventbrite.com or call 501-225-4203.

DIOCESAN CONVENTION 2018

The Episcopal Church in Arkansas will hold its 146th annual convention Friday, February 16 and Saturday, February 17, in Little Rock. Register to attend at <http://episcopalarkansas.org/convention/>

Trinity's delegates to the Convention are George Harper, Jean Harper, Megan McCain, and Michael McNeely. Coralie Maxwell will stand ready as the first alternate.

Nominations for Diocesan Committees'

We will elect representatives to several committees at this year's convention. Anyone may nominate him- or herself, or another person. We ask, however, that if you are nominating someone else, you contact that person first.

Online nominations will remain open through Friday, February 9. Nominations will then be accepted from the floor of convention on Saturday, February 17.

All elections will take place during the business session on Saturday, Feb. 17, except for the convocational elections for Executive Council, which will take place by convocation before the main business session. Nominate someone for a position at <http://episcopalarkansas.org/convention/nominations/>

Second Annual Episcopal Men's Retreat and Camp Mitchell Volunteers

Plans are being made for the Second Annual Episcopal Men's Retreat to be held at Camp Mitchell, Friday, April 6 through noon Sunday, April 8th. I would appreciate someone (or several) from your Parish help promote this retreat locally. Those participating in 2017 felt strongly that we should make this an annual affair.

Secondly, I lead a group, (Camp Mitchell Volunteer Corp) made up of men, women, and teens that meet at 9:00 a.m. the second Saturday of each month at Camp Mitchell to help with camp maintenance. We scrape, paint, repair, build, fell and cut up trees, wash windows, maintain the trails, work in the gardens... anything Camp Mitchell needs done. Over the last 2 years we have given roughly 2000 hours of volunteer work. We don't expect anyone to work every month, some do but others may work one, two or three a year. Lunch is provided. No experience is needed. We usually are finished between 3:00-4:00 p.m.

Anyone interested in one or both of these projects, call Dr. Harold Hedges at 501-951-7639 or email him at hbhedges3@gmail.com.

OPPORTUNITIES FOR SERVICE IN FEBRUARY

Interested in helping at the Cathedral, but don't know who to ask? Here are some ways that you can help this month:

1. Give someone a ride to church.
Contact Russ Snapp, 870-664-6404
2. Help fold, seal, and label the Message on February 26.
Contact Riley Matheny, riley@trinitylittlerock.org

STEWARDSHIP FINAL REPORT

The 2018 Every Member Canvas Stewardship Committee includes Lara Schock (Chair) & Ethan Schock, Katherine & Blair Allen, Neal & Nat Lea, Josie & Daniel Felton, and Sheffield & David Duke.

The Stewardship Campaign began in October with a goal of \$1.1million, and a stretch goal of \$1.2million. Currently, pledges for 2018 total \$1,078,761.00, including an encouraging 28 new pledges! Every pledge is gratefully received. There is still time to meet the goal for 2018, and ensure that the quality programming Trinity Cathedral offers will continue.

Thank you to all who pledged their support to Trinity Cathedral for 2018.

Thank you those who served in the Stewardship Campaign: Coralie Maxwell, Elizabeth & Tom Clark, Elizabeth Smith, Mercedes Clements, Steve Bethel, and Scott Tabor.

Thank you to Stewardship Speakers Neal Lea, Ken Dick, Timo Anderson, Chris Piazza, Dan Cook, John Milwee, and Mike Mayton.

Special thanks to Dean Chris Keller and Sherry Stafford for their guidance and support.

VOLUNTEER FOR ARTS OUTREACH

The Arts Outreach is a ministry in partnership with Little Rock Preparatory Academy. Volunteers participate in a one-hour class on Wednesday afternoons in order to teach kids about the arts, from traditional art lessons and music to yoga and cooking classes. Volunteers may also volunteer on an as-needed basis as chaperones for field trips to see the Arkansas Symphony Orchestra, the ballet, the Arts Center, and more.

We need your ideas, expertise, and time. Even if you've never considered yourself particularly artistic, you can come and make a difference to a group of students. If interested, please contact Emma at emitchell@trinitylittlerock.org

THE TOWNSEND AND BROOKS WOLFE HEARING CHARITABLE TRUST

The Townsend and Brooks Wolfe Hearing Charitable Trust was established with the Arkansas Community Foundation by Brooks Wolfe to honor the memory and philanthropic spirit of her late husband Townsend. The Community Foundation will partner with Trinity in the distribution of these funds to needy and deserving recipients. The trust has already supplied hearing aids for adults with limited fixed income; it has installed sound-field systems in the kindergarten classrooms of Little Rock Preparatory Academy and fitted nursing home residents with assistive listening devices. If you know of someone who could benefit from such services, contact Brooks Wolfe at 501-410-4455 to inquire further. If you would like to contribute to the fund, contact the Arkansas Community Foundation and ask how to contribute to the Townsend and Brooks Wolfe Hearing Charitable Trust.

THEOLOGY 501 - MARDI GRAS!

This month in lieu of our Cregeen's meet up, we'll be joining the parish in our annual Mardi Gras festivities. Tuesday, February 13 at 5:00 p.m. in the gym.

Next month, we'll meet again at Cregeen's on March 13 at 7:00 p.m. The topic for discussion is TBD; if you're interested in leading a discussion on a particular subject please reach out to Emma emitchell@trinitylittlerock.org

Please remember Trinity Cathedral in your will.

EYC News



The youth were busy this last month participating in our different “service days.” Trinity EYC worked with St. Francis House and the Salvation Army. Thank you to all who gave their helping hands! For more information on how you can be involved with service and other youth events, contact Olivia Goza, Youth Ministry Coordinator: ogoz@trinitylittlerock.org.

EYC Spring Calendar:

February

4: “Super Bowling” Sunday

EYC will meet at Professor Bowl (901 Towne Oaks Drive) from 3 - 5:00 p.m. \$10/person plus any extra money for snacks and games. Scholarships are available.

11: House of Prayer

EYC is joining St. Margaret’s Youth at the House of Prayer. We will meet at St. Margaret’s at 4 - 6:00 p.m. (dinner included).

13: Shrove Tuesday

Youth and families are invited to the Mardi Gras celebration in the Cathedral Gym. We will have gumbo, pancakes, music, dancing, and more! Join us at 5:00 p.m. Burning of the palms will follow.

18: Dine Out

Our first “dine out” night of the semester will be held at Buffalo Grill (bottom of Cantrell Hill). Bring money for dinner and join us for food and fellowship! See you there at 5:00 p.m.!

24: Service Saturday at Camp Mitchell

EYC will journey to Camp Mitchell for a day of service projects (trail and garden work, leaf raking, etc). This is an opportunity to give back to our Camp, while also having a day of fun on the mountain! We will carpool in the van to and from the church (leaving at 8:30 a.m. and returning around 3:00 p.m.). Lunch will be included in our day. RSVP to Olivia: ogoz@trinitylittlerock.org

25: EYC Olympics

In honor of the 2018 Winter Olympics, youth are invited to Christ Church for an EYC Olympics! Games and dinner will take place from 4 - 6 p.m. Come support Team Trinity!

March

4: EYC 5 - 6:30 p.m. (Trinity Gym)

9-11: Winterstar @ Camp Mitchell

11: No EYC (Winterstar)

18: No EYC (Spring Break)

20-22: Spring Break in the Rock

25: EYC 5 - 6:30 p.m. (Trinity Gym)

April

1: No EYC (Easter)

6-8: Happening @ Camp Mitchell

8: EYC 5 - 6:30 p.m. (Dine Out)

15: EYC 5 - 6:30 p.m. (Trinity Gym)

22: Central Convocation EYC Picnic

28: Service Saturday @ Heifer Ranch

29: EYC 5 - 6:30 p.m. (Trinity Gym)

May

6: EYC 5 - 6:30 p.m. (Dine Out)

13: No EYC (Mother’s Day)

20: End of Year Party

Confirmation Classes

Classes will be held during the Formation Hour (10:15 a.m.) in the Iona Room. All youth are invited to attend. Confirmation Sunday is May 20th.

Feb 11: “Lent & Prayer”

Mar 4: “Tradition”

Apr 8: “Resurrection: Service & Ministry”

Apr 22: “Reason”

May 6: “Bringing it all together”

May 20: Confirmation Sunday

Trinity
Episcopal
Cathedral

presents

Robert Lehman, Organist

the second recital in the

Cathedral Organ Rededication series



Robert Lehman, organist-choirmaster at The Church of St. Michael & St. George in St. Louis, MO, will present an organ recital at Trinity Episcopal Cathedral on the newly renovated Trinity organ. The recital, sponsored by the Central Arkansas Chapter of the American Guild of Organist will take place in the Cathedral at 8:00 p.m. on February 23rd and is free and open to the public. A gala reception will follow in Morrison Hall.

Mr. Lehman, a widely published composer and highly celebrated choirmaster, will lead a choral workshop for area church choirs the following morning at 10:00 a.m. Saturday February 24th also in the Cathedral. This workshop will focus on learning choral literature (choral packets will be provided and offered for sale at the workshop). The workshop will be free of charge.

Organ Recital - Friday, February 23 at 8:00 p.m.
Choral Workshop - Saturday, February 24 at 10:00 a.m.

Please contact Victoria Mathis Harden, music director and organist,
at Trinity Episcopal Cathedral for more information at victoria@trinitylittlerock.org.



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Weekly Worship Schedule:
Sunday
7:30 a.m., 9:00 a.m., 11:15 a.m.,
Evensong 4:00 p.m.
Monday - Friday
Morning Prayer at 9:00 a.m.
Wednesday
Healing Eucharist at 5:05 p.m.

The Cathedral is open for visitation, prayer, and meditation weekdays from 9:00 a.m. to 5:00 p.m.

Inspiring Transformation: How the transforming power of God changes lives at Camp Mitchell

Sunday, February 11 at 10:15 a.m.

You're invited to a presentation and discussion with the Rev. Robert Wetherington and the Rev. Betsy Baumgarten, Co-Executive Directors of Camp Mitchell. Robert and Betsy arrived at camp almost one year ago after serving as priests in Mississippi. They bring their passion for the church along with their love of nature to Petit Jean Mountain and are excited to share it with us.

Maybe you send your kid every summer to camp, maybe you've attended a retreat or wedding there recently, or perhaps you haven't been to camp in a while. Come join us and hear "why we still do camp." Summer camp applications will be available as well as more information on retreat programs and other non-camp offerings of this ever-changing ministry of the Diocese of Arkansas.

