310 W. 17th Street Little Rock, AR 72206-1492 Office: 501-372-0294 Fax: 501-372-0416 www.trinitylittlerock.org



Sunday

7:30 a.m., 9:00 a.m., 11:15 a.m., Evensong 5:00 p.m. Wednesday Healing Eucharist at 5:15 p.m.

Monday - Friday Morning Prayer at 9:00 a.m.

THE MESSAGE

The Newsletter of Trinity Episcopal Cathedral A House of Prayer for All People • February 2019



JOIN US ON SHROVE TUESDAY

· MARCH 5 ·



FOR OUR ANNUAL

MARDI GRAS CELEBRATION & GUMBO COOK-OFF



5:30 – 7:00 P.M.
(FOLLOWED BY THE BURNING OF THE PALMS)

CHANCELLORS' HALL

FOOD, FUN, FELLOWSHIP, & MUSIC

FESTIVITIES INCLUDE:
MUSIC, PANCAKES, GUMBO, FACE PAINTING, COTTON CANDY, AND MORE...

SUNDAY MORNING FORMATION

10:15 a.m. to 11:00 a.m.

Complimentary Sunday Breakfast

Enjoy before or during formation hour 10:00 to 11:00 a.m. on Sunday mornings in Morrison Hall.

The Dean's Class

Morrison Hall | 10:30 - 11:05 a.m.

February

- 3 Martin Luther King, Jr., led by Dr. Keller
- 10 The Search for a Dean (Introduction of Committee), led by Dean Keller and the Senior Warden
- 17 Report on Diocesan Convention, led by the Convention Delegates
- 24 Evensong, led by Dr. Snapp and Victoria Harden

March

3 - No Class/ Cheer from Here for the Little Rock Marathon

Living The Questions

Conference R<u>oom</u>

February

- 3 Breathing Underwater
- 10 Breathing Underwater
- 17 Breathing Underwater

Beginning on February 24 through April 14 (Palm Sunday) LTQ will host a study entitled "Embracing the Prophets in Contemporary Culture" based on the work of Dr. Walter Brueggemann, America's foremost Old Testament scholar and theologian. This study, facilitated by George Harper, provides an opportunity to see these mysterious Old Testament characters in a new light.

Pilgrims' Progress

Lounge

We will continue reading the book of Romans during Epiphany 2019.

Romans shares Paul's attempt to explain how this new expression of faith is rooted in Judaism but is available to all of humanity. As Paul writes to the new community of Christians in Rome, he explores the concepts of salvation, the power of God, and grace. Many biblical scholars consider Romans to be Paul's most important theological treatise.

Childrens' Formation

Atria

Good Shepherd Atrium

Age 3 through 1st Grade Downstairs in Parish House

True Vine Atrium

2nd & 3rd Grades Upstairs in Parish House, Blue Classroom

The Covenant Atrium

4th & 5th Grades Upstairs in Parish House, Yellow Classroom



Youth Formation

Mitchell House

Formation class for youth (6th-12th grade) begins at 10:30 a.m. in Mitchell House. Join us for free breakfast in Morrison Hall prior to our lesson. Mitchell House

Parents' Group

Iona Room

All parents welcome to come share knowledge, exchange ideas and strategies for parenting, network, socialize, and encourage one another. Babies welcome! Led by Marcia Wayland. Contact Marcia Wayland at marcia.wayland@gmail.com.

SUNDAY EVENING

5:00 p.m.

Evensong

Cathedral

This sung service of Evening Prayer offers music in praise of God by the Cathedral Schola. It begins with an organ prelude (there is no sermon) and ends with an elegant tea in Baker Parlor.

WEDNESDAY EVENINGS

Wednesday evenings are a time to stop during our busy week, come together as a parish, and worship, socialize, and learn, as a community.

The schedule is as follows:

- Cherub Choir: 3:30 4:15 p.m.
- Seraphim Singers: 4:30 5:30 p.m.
- Service with Healing Unction in the Cathedral: 5:15 p.m.
- Tower Bell Practice 5:30 7:30 p.m.
- Cathedral Handbell Choir 6:00 6:55 p.m.
- Cathedral Choir 7:15 8:45 p.m.

Iane Wilson Girls Choir Schedule

February/March 2019

Regular rehearsals February 4 & 18 7:00 – 8:00 p.m. SING Evensong February 24 Regular rehearsal March 11 & 25 7:00 – 8:00 p.m. SING Evensong March 31

Spring Confirmation Class WITH DEAN KELLER

The Conference Room in Cathedral House

On Wednesday evenings from 6:00 to 7:15, beginning February 13, through May 15.

An introduction in depth to Christian faith in the Anglican tradition, with Dean Keller. For whom? For any adults who are preparing for baptism, confirmation or reception, or are curious about God, or are puzzled by faith, or are new to Trinity, or just want to come. What do I need? Just come. There is no homework. The only text is the Book of Common Prayer, which will be provided.

Scheduled Topics:

May **February** 13: Human Nature 1: The Sacraments 20: God 8: Baptism and Eucharist 27: Old Covenant **15:** Hope

March

The Feast of Pentecost, June 9th is the Sunday for **6:** No class (Ash Wednesday) Confirmation. 20: New Covenant 27: The Creeds

April

3: The Bible 10: The Church April 17: The Ministry **April 24:** Prayer and Worship

THURSDAY EVENINGS

RECLAIMING JESUS: A CONFESSION OF FAITH IN A

TIME OF CRISIS

Library at Bethel A.M.E.

Thursday evenings at 6:00 p.m.

An eleven week Bible study and discussion program based on Jim Wallis's curriculum. Led by Dr. Sybil Hampton.

Schedule:

Feb. 7

COMING UP SOON

WHY I LOVE THE BIBLE

A lenten series led by the Rev. Russ Snapp and Mr. George Harper.

Dates: Wednesdays in Lent (March 6 - April 17)

Time: 6:00 p.m.

Location: Morrison Hall

This series is intended to increase participants' enthusiasm for Bible reading and study. Leaders will discuss reasons for their own enthusiasm and different ways of making Bible reading a regular, fruitful part of their lives as Christians.

OTHER OPPORTUNITIES

Men's Breakfast

We meet the third Thursday of every month at 7:00 a.m. We have an hour of Christian fellowship and breakfast. All men of Trinity are invited.

Location: Homer's West

Contact: George Morledge at gbmorledge@ sbcglobal.net



FEBRUARY 2019



*M-F Morning Prayer 9:00 a.m. Pierce Chapel **MWF Alanon 12:05 p.m. Lower Mitchell House

SUNDAY	MONDAY	DAY TUESDAY WEDN	1 =	SDAY THURSDAY FRIE	FRIDAY	SATURDAY
					1	2
Cheer From Here 7:00 - 12:00 α.m. Commissioning of Vestry 9:00 α.m. Excerpts from Elijah 5:00 p.m.	4 Jane Wilson Girls Choir Practice 7:15 p.m.	5	9	7 Reclaiming Jesus Library at Bethel A.M.E. 6:00 p.m. (Pg 3)	8 Vestry Retreat	9 Vestry Retreat
10 Choral Evensong 5:00 p.m.	11	12	Confirmation Class Begins Conference Room 6:00 p.m.	14	15 Diocesan Convention <i>Trinity Cathedral</i> Registration starts at 6:00 p.m.	16 Diocesan Convention Episcopal Collegiate 7:30 a.m 3:00 p.m.
17 Choral Evensong 5:00 p.m.	18 ECEP Closed Jane Wilson Girls Choir Practice 7:15 p.m.	19 Vestry Conference Room 5:30 p.m.	20 Confirmation Class Conference Room 6:00 p.m.	21 Men's Breakfast 7:00 a.m.	22	23
24 Choral Evensong 5:00 p.m.	25	26	27 Confirmation Class Conference Room 6:00 p.m.	28 Mourner's Path Facilitator Training		

Volunteers Needed For Diocesan Convention

Trinity needs volunteers to assist with Convention Registration on Friday, February 15 and Saturday, February 16 and Saturday, February 16. Duties will include welcoming people to the Opening Eucharist and distributing Convention materials. This is a great opportunity to visit with members of the Episcopal Church in Arkansas and extend a warm welcome to the Convention delegates and guests.

Volunteer times are:

Friday, February 15 2:00-5:30 p.m.

Saturday, February 16 7:30-10:00 a.m. (at Episcopal Collegiate, breakfast provided)

To sign up to volunteer, or for more information, contact Michael McNeely at mcneelymichaelk@outlook.com

DIOCESAN CONVENTION

February 15-16

This year we begin the 147th Annual Diocese Convention Friday, February 15, 2019, at 6:00 p.m. at Trinity Cathedral. Registration will start at 2:00 p.m. The opening Eucharist (The Rt. Rev. Larry Benfield presiding) is at 6:00 p.m., with a special musical prelude beginning at 5:45 p.m., "The Lark Ascending" by Ralph Vaughan-Williams played by Andrew Irvin, co-concertmaster of the Arkansas Symphony and Jason Pennington-Saugey, Associate Organist of Trinity Cathedral. Choral music will be presented by the Trinity Cathedral Choir joined by Little Rock convocation parish choirs. Anthems will include Ralph Vaughan-Williams "O Clap Your Hands" and "The Blessed Son of God". Following the service, a reception will be held in Chancellor's Hall. All are invited to attend.

A LIVING THE QUESTIONS BIBLE STUDY - "EMBRACING THE PROPHETS IN CONTEMPORARY CULTURE"

February 24th | 10:15 a.m.

Who were the Prophets? Were they ancient meddlers who enjoyed prognosticating about future events? Or, were they messengers from God standing in judgement over the political and religious rulers of the times? If you want to learn more, you are invited to join the Living the Questions Class for a 6 week study beginning Sunday, February 24 at 10:15 in the Conference Room. This study, facilitated by George Harper, is based on the works of Dr. Walter Bruggemann,

The Month Ahead:

March

- 1: AGO Concert
- 5: Mardi Gras 6: Ash Wednesday

3: Cheer From Here (Little Rock Marathon)

- 7: Men's Breakfast (Every Thursday in Lent) 8: Lenten Noontime Prayers (Every Friday)
 - 8: Winterstar @ Camp Mitchell
 - 27: Arts Outreach Begins

Email Addresses Needed:

Can't wait for The Message to arrive? Want to know what is happening at Trinity? Make sure we have your email address so you receive the weekly announcements. It contains a brief look at the many events on the block. Send your email address to dhowe@trinitylittlerock.org and we'll make sure you are added to the update list.

We need to hear from you:

Please let the church office know if you are sick or hospitalized and would like prayers or a clergy visit. Due to HIPPA regulations hospitals cannot release patient information unless you also sign in as an Episcopalian at Trinity Cathedral. Office number is 501-372-0294 and email is riley@trinitylittlerock.org.

Please remember Trinity Cathedral in your will.

Want something in the Message?

Send it to Riley at riley@trinitylittlerock.org by February 18th.

This Lent at Trinity Episcopal Cathedral

FED YOUR SPIRIT

A Lenten Noontime Fast for Fridays Every Friday 12:15 - 12:45 p.m. March 8 - April 12

> FOR MEAT: A LITTLE MEDITATIVE ORGAN MUSIC FOR BREAD: SHORT PRAYERS FOR NOONDAY FOR DRINK: A TINY TASTE OF SILENCE

> > Trinity Episcopal Cathedral
> >
> > — A House of Prayer for All People
> > 310 W. 17th Street | Little Rock, AR
> > In the Quapaw Quarter

Trinity Episcopal Cathedral

in conjunction with the

Central Arkansas Chapter of the American Guild of Organists presents

William K.Trafka

Lüneburg to Leipzig – A Stylistic Survey of the Organ Works of Johann Sebastian Bach

Friday March 1, 2019 8:00 p.m. Trinity Cathedral 310 W. 17th Street Little Rock, AR



Trinity and CACAGO present a lecture-recital by William K. Trafka, organist of St. Bartholomew's Episcopal Church, New York City (retired).

FREE OF CHARGE AND OPEN TO THE PUBLIC

For more information, please contact Victoria Harden at victoria@trinitylittlerock.org



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Sunday
7:30 a.m., 9:00 a.m., 11:15 a.m.,
Evensong 5:00 p.m.
Wednesday
Healing Eucharist at 5:15 p.m.
Monday - Friday
Morning Prayer at 9:00 a.m.

The Cathedral is open for visitation, prayer, and meditation weekdays from 9:00 a.m. to 5:00 p.m.

EYC News



EYC began the New Year with self-reflection, goal setting, and pizza! After writing letters to our future selves, we buried our EYC time capsule and look forward to opening it in 2020.

EYC in February

Feb 2: Memphis Day Trip

Feb 3: No EYC (Super Bowl Sunday)

Feb 10: EYC in the Bell Tower

Feb 17: EYC Dines Out

Feb 24: EYC visits St. Francis House

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THANK YOU SHEFFIELD DUKE!

A huge thank you to Sheffield Duke for your years of service on the ECEP Advisory Committee.