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Sunday
7:30 a.m., 9:00 a.m., 11:15 a.m.,
Seasonal Events 5:00 p.m.
Wednesday
Healing Eucharist at 5:15 p.m.
Monday - Friday
Morning Prayer at 9:00 a.m.

THE MESSAGE

The Newsletter of Trinity Episcopal Cathedral
A House of Prayer for All People • January 2020

ANNUAL PARISH MEETING

January 19
(morning)

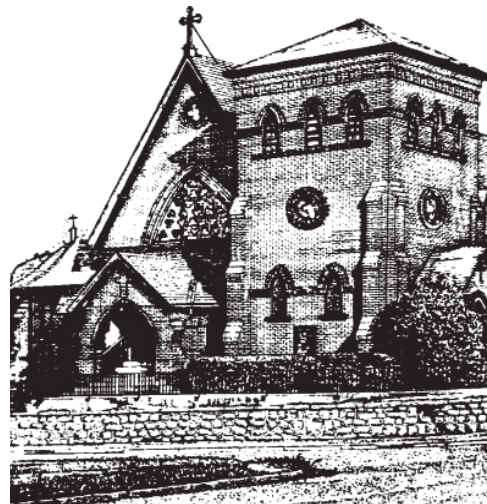
Vestry Election Opens:
Come Cast Your Vote*

Vestry Nominees

Sarah Bennings
Susan Borné
Tom Clark
David Duke
Harold Joyner
Kerry McCoy
Shep Miers
Chalmer Wayland
Melissa Whitfield

January 26

Parish Meeting & Reports at
10:15 a.m.
- Brunch on the House in
Morrison Hall
- Regular Service Schedule



*Voting information on pg. 7

SUNDAY MORNING FORMATION

10:30 a.m. to 11:00 a.m.

Complimentary Sunday Breakfast

Enjoy before or during formation hour 10:00 to 11:00 a.m. on Sunday mornings in Morrison Hall.

The Dean's Class

Morrison Hall | 10:30 - 11:05 a.m.

January

5 - Farewell Reception for the Kellers at 10:15 a.m.

Living The Questions

Conference Room

Living the Questions will join the Dean's Class on Jan. 5, 2020.

Beginning Jan. 12 Living the Questions will host an 8 week study by Rev. Adam Hamilton entitled "Christianity's Family Tree."

If you've wondered what other Christians believe and why, you are invited to participate in this unique and inspiring exploration of eight Christian denominations and their history and faith traditions. Classes will be held in the Conference Room at 10:15 and include videos and opportunities for questions and discussion. All are invited!

Pilgrim's Progress

Lounge

The group will start reading the Gospel of John on January 12th and will complete on February 23, before Shrove Tuesday and the start of Lent.

Bishop Curry will be challenging us to "Read the Bible together" and we intend to do so.

SUNDAY EVENINGS

5:00 p.m.

The Cathedral Schola will be responsible for the Evensong services during January. Here is a list of music which will be presented:

5: Mendelssohn "Denn Er hat Seine engeln", Howell's "St. Paul Service"

12: Willan "O King All Glorious", Weelkes Short Service

19: Byrd "Emendemus in Melius, Gibbons Short Service

26: Farrant "Hide not thy face", Tallis Dorian Service

Mark your calendars for an organ concert with Bill Trafka February 9th.

WEDNESDAY

TRINITY'S SAGE-ING GROUP

Opening the Door to Spiritual Eldering and Transformation

Our SAGE-ing Group is one part of Trinity's Ministry with Older Adults initiative that is open to the wider community, 60+ years of age. We are seekers with a focus on the spiritual journey of aging. Actually, we are re-defining "aging" as we consciously explore our inner wisdom, share our life stories and insights, wrestle with our questions, learn from traditional and contemporary thinkers, and intentionally savor our good times as we prepare for difficult times. We are SAGE-ing.

We are currently using Joyce Rupp's Open the Door: A Journey to the True Self to guide our discussion. We meet on the 2nd and 4th Wednesdays of every month, 1:30 p.m. -3:00 p.m., in Baker Parlor. If you are interested in joining us, contact the Rev. Deb Cooper at dcooper@trinitylittlerock.org or 501-681-9752.

WEDNESDAY EVENINGS

Each week Holy Eucharist begins at 5:15 p.m. in Pierce Chapel.

WINTER WEDNESDAYS

THE HISTORY OF TRINITY CATHEDRAL

On four Wednesday evenings, beginning January 15, our own Michael McNeely, who is historiographer of the Diocese and President of the diocesan Standing Committee, will offer a series of reflections on the history of our Cathedral, in the context of the times from 1884 until the present. He will try to pinpoint our "DNA," or essential nature, by examining the founding of the Cathedral; the Bishops of Arkansas; clerical and lay leaders of the Cathedral; the influence of developments in the Church and the larger society; our social image and social reality; and financial ups and downs, among other topics. The class will provide an opportunity for useful self-reflection, in advance of the new Dean's arrival later in the year.

A soup supper will be available in Morrison Hall each of these Wednesdays, from 5:45 to 6:15, following the 5:15 Eucharist. The class will run from 6:15 to 7:15.

Drew Irvin, violin
&
Jason Pennington-Saugey, organ

IN CONCERT



Adagios

for violin and organ

Works by

Max Bruch

Wolf. Ama. Mozart

Tomaso Vitali

Ralph Vaughan

Williams



Thursday, January 16, 2020
7:00 p.m.

Admission \$10.00

Students free with I.D.

JANUARY 2020

*M-F Morning Prayer 9:00 a.m. Pierce Chapel **MWF Alanon 12:05 p.m. Lower Mitchell House

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>29</p> <p>Holy Eucharist Cathedral 7:30, 9, 11:15 a.m.</p> <p>Spoken Eucharist Cathedral 5:00 p.m. (no tea)</p>	<p>30</p>	<p>31 New Year's Eve</p>	<p>1 New Year's Day Office Closed</p> <p>ECEP Closed</p> <p>No Choir Practice</p> <p>Feast of Holy Name Cathedral 5:15 p.m.</p>	<p>2</p>	
<p>5</p> <p>Holy Eucharist Cathedral 7:30, 9, 11:15 a.m.</p> <p>Farewell Reception Morrison Hall 10:15 a.m.</p> <p>Festival Choral Evensong Cathedral 5:00 p.m. (no tea)</p>	<p>6</p> <p>Convocational Epiphany Service St. Mark's 6:30 p.m.</p>	<p>7</p>	<p>8</p> <p>SAGE-ing Baker Parlor 1:30 p.m.</p> <p>Spoken Eucharist Pierce Chapel 5:15 p.m.</p>	<p>9</p>	
<p>12</p> <p>Holy Eucharist Cathedral 7:30, 9, 11:15 a.m.</p> <p>Evensong Cathedral 5:00 p.m.</p>	<p>13</p>	<p>14</p>	<p>15</p> <p>Spoken Eucharist Pierce Chapel 5:15 p.m.</p> <p>Soup Supper Morrison Hall 5:45 p.m.</p> <p>Trinity History Morrison Hall 6:15 p.m.</p>	<p>16</p> <p>Holy Pres</p> <p>Stu Beth</p> <p>Ad Cath</p>	
<p>19</p> <p>Holy Eucharist Cathedral 7:30, 9, 11:15 a.m.</p> <p>Evensong Cathedral 5:00 p.m.</p>	<p>20</p> <p>Martin Luther King Jr. Day</p> <p>Office Closed ECEP Closed</p>	<p>21</p> <p>Vestry Conference Room 5:30 p.m.</p>	<p>22 SAGE-ing Baker Parlor 1:30 p.m.</p> <p>Spoken Eucharist Pierce Chapel 5:15 p.m.</p> <p>Soup Supper Morrison Hall 5:45 p.m.</p> <p>Trinity History Morrison Hall 6:15 p.m.</p>	<p>23</p>	
<p>26</p> <p>Holy Eucharist Cathedral 7:30, 9, 11:15 a.m.</p> <p>Evensong Cathedral 5:00 p.m.</p>	<p>27</p>	<p>28</p>	<p>29</p> <p>Spoken Eucharist Pierce Chapel 5:15 p.m.</p> <p>Soup Supper Morrison Hall 5:45 p.m.</p> <p>Trinity History Morrison Hall 6:15 p.m.</p>	<p>30</p> <p>Stu Beth</p>	

WEDNESDAY REHEARSAL SCHEDULE (beginning January 8th)

Cherub Choir 3:15 p.m.
 Seraphim Choir 4:15 p.m.
 Tower Bells 5:30 p.m.
 Handbell Choir 6:00 p.m.
 Cathedral Choir 7:15 p.m.

THURSDAY	FRIDAY	SATURDAY
	3	4 Choir Rehearsal Choir Room 10:00 a.m.
	10	11
Men's Breakfast Homer's West 7:00 a.m. Daily Eucharist Pres. Village 2:30 p.m. Prayer Group Cathedral AME 6:00 p.m. Magios Concert Cathedral 7:00 p.m.	17	18 Choir Rehearsal Choir Room 10:00 a.m.
	24	25
Prayer Group Cathedral AME 6:00 p.m.	31	FEB 1

The Month Ahead:

February

- 2 - Super Bowl Sunday, Baptism @ 9 a.m., Feast of the Presentation, Groundhog Day
- 3 - Jane Wilson Girls Choir Resumes
- 7-8 - Vestry Retreat
- 9 - Organ Recital - Bill Trafka
- 12 - SAGE-ing Class
- 14 - Valentines Day
- 14-15 - Diocesan Convention
- 16 - Men's Breakfast, Pres. Village Eucharist, & ECEP Zoo Day
- 18 - ECEP Committee & Vestry
- 20 - Men's Breakfast
- 26 - SAGE-ing Class

A BIG DAY FOR THE CATHEDRAL

Sunday, January 5, 2020 / 10:15 a.m.

On Sunday, January 5 (the twelfth day of Christmas), we will honor our Dean, the Very Rev. Dr. Christoph Keller, III, and Julie Keller, on the last day before his retirement. Services will include special music, and a festive reception will be held in Morrison Hall between the 9 and 11:15 services. We will be giving thanks for six happy, fruitful years with Chris and Julie, wishing them well, and looking forward to our ongoing connection with them.

MEN'S BREAKFAST

We meet at Homer's West every month on the third Thursday at 7:00 a.m. We have an hour of Christian fellowship and breakfast. All men of Trinity are invited. Contact George Morledge at gbmorledge@sbcglobal.net for more information.

VESTRY NOMINEES



Sarah Bennings

How long a member: 6 years

Service: 9:00 a.m.

Family: Husband: Lance; Son: Harper; Mother and Father: Carl and Marie Menyhart; Siblings: Justin Robken and Anna Menyhart Barroni

Trinity Passion: My passion for Trinity surrounds growing a strong parish community of families, children and young adults. For several years I have been actively involved in the Family and Children's Committee and the ECEP board, where we work with clergy to plan fellowship events for families and children. For the past two years I have co-chaired Trinity Trunk or Treat with the goal of bringing our parish families together in fellowship with our ECEP families and LRPA. I have also found great joy in teaching children in the Catechesis of the Good Shepard Atrium for three years. Beyond this, I am an architect by profession which gives me great perspective into the long-term maintenance needs of our cathedral and grounds. Currently I am honored to serve on the New Dean Search Committee. My hope is that with strong and innovative leadership, Trinity can continue into the future with loyalty to its history and an open heart for creativity, acceptance and growth.



Susan Terry Borné

How long a member: Lifelong member

Service: 11:15 a.m.

Family: My family spans the generations! Betty Kilbury Terry, 95, is my mother and a lifelong parishioner. Robin Borné is my husband and a member of

Trinity since our marriage in 1978.

Two daughters: Eliza Borné and Rachael Borné

Son-in-Law: John Williams married to Eliza

Grandchild: Madeleine Borné-Williams

Step Children: Chris and Michele Borné and grands Trevor, Jonathan and Sydney Borné

Trinity Passion: In recent years I found my passion by making and nurturing relationships, serving as a church ambassador as a greeter, an usher, and serving on the Wedding Guild. My passion for church art and architecture, liturgy, and music has been nourished at Trinity in all stages of my life – from attending the Cathedral School, from singing in the Matin Choir, from my marriage at Trinity 40+ years ago, and from supporting my children through their childhood, adulthood and now parenthood at Trinity. My spirituality has been strengthened by serving on a Liturgical Committee, a Discernment Committee, and, oh, what a joy to see the Christmas Pageant through the eyes of my 14-month-old granddaughter! It would be my pleasure and reward to again serve on the Vestry at this exciting time!



Tom Clark

How long a member: Since 2005 (14 years)

Service: 9:00 service

Family: wife Elizabeth, children Hannah and Calloway

Trinity Passion: ushering, stewardship, buildings and infrastructure



Wm. David Duke

How long a member: 20 years

Service: 9:00 service

Family: Spouse, Sheffield C. Duke. We have two grown children, both married, two grandsons, and one granddaughter: Ben and Sheffield Coulter and their son James, and daughter Sheffield, and Brendan and Riley Connick and their son Duke.

Trinity Passion: All of it. My wife and I were married here in 1982, and both our children married here. I have served as an usher for two years, and Sheffield I have served wine at the Receptions connected with the Insight Series, and other church functions. We served on the Culinary Guild for several years, and I have also worked Matthew 25 events on occasion.



Harold Joyner

How long a member: 5 years

Service: 11:15 service

Family: Spouse: Jeanne Joyner
Children: Jonathan and Jason

Trinity Passion: The Bethel-Trinity Covenant has led to a meaningful dialogue between the two congregations. I have been a part of these important discussions. I feel that it is important to continue this covenant and possibly widen our outreach with other neighboring congregations. We have established relationships that are based on trust and faith. I would very much like to continue my involvement with this ministry.



Kerry McCoy

How long a member: from birth, and I am 65 years old

Service: 9:00 or 11:15 mostly

Family: Parents (deceased) Ed and Sara Krouse

Grady McCoy (husband)

Meghan Pittman (daughter) and husband Alan

Evelyn Pittman (granddaughter)

Marshall Pittman (grandson)

Grady (Gray) McCoy IV (son)

Matthew McCoy (son)

Jack McCoy (son)

Trinity Passion: Children's choir, acolytes and of course the "Usher Guild" family.



Charles Sheppard Miers

How long a member: 6 years

Service: 11:15 a.m.

Family: Kaye Phillips Miers, spouse

Trinity Passion: Trinity is where I feel connected to the spirit of Christ, through prayer and liturgy. My passion is to encourage prayer both corporate through Morning and Evening Prayer, and personal Intercessory prayer with the Centurion Guild. Trinity is a House of Prayer for all People.



Chalmer G. Wayland, III

How long a member: 9 years

Service: 9:00 a.m.

Family: Marcia, James, Michael, Alex

Trinity Passion: Hospitality "If you feed them, they will come"



Melissa Whitfield

How long a member: 33 years

Service: 9:00 a.m.

Family: Husband Scott, and sons, Adam and Benjamin

Trinity Passion: My Trinity Passion is difficult to narrow down to one thing. One would have to be Catechesis of the Good Shepherd, the Christian formation classes. I help teach the 3, 4, 5 & 6 year-olds. Helping the littlest members of our congregation take their first steps in discovering the love of the Good Shepherd is a blessing every Sunday. My catechesis team members, Otis Howe, Jerry Shurgar, Sarah Bennings and Kim Hahn, are also very special to me. The other passion is the work done with the Needlepoint Guild. It was a true honor to help stitch the kneelers that will serve our cathedral family for many, many years to come.

VOTING FOR VESTRY NOMINEES

The Annual Meeting for Trinity Episcopal Cathedral will open on Sunday, January 19 during the 7:30 a.m. service. The nominees for Vestry will be introduced at this and all subsequent services. Nominations will be taken from the floor at the 7:30 a.m. service only.

Voting will begin after this service and continue through the 5:15 p.m. service. You must be present to vote.

Those eligible to vote are as follows according to Canon 24, Section 4:

"All worshipers of not less than 16 years of age, being communicants in good standing and regular contributors of record, or members of family groups which are regular contributors of record, for the support of the parish, and who shall have been canonically connected with the parish for thirty days prior to the date on which the parish meeting is held. This provision as to financial support shall not apply to those communicants who are unable to contribute. Those voters so qualified and being present at the parish meeting shall constitute a quorum."

MUSIC NOTES

God has certainly blessed the Music Department at Trinity Episcopal Cathedral. Thank you all for your generosity, your support, and your prayers.

The spring here at Trinity will bring changes and challenges but also joy and beauty. Watch for the special events January 16 (Chamber recital), February 9 (Organ recital), and March 8 (Mozart's Requiem). Wait for the beautiful evensongs that will be sung by the Jane Wilson Girls Choir on February 23 and March 22. Encourage the children in your life to join a children's choir. Pray for our parish as we search for a new Dean and Rector.

On January 5, we will bid farewell to the Kellers with amazing music and liturgy. Please be sure to join us as we send them on their way with prayers and thanksgivings for the many blessing they have brought to us.

JOIN THE CONVERSATION

Our Trinity and Bethel AME Study Group will meet in January and February for a discussion on Strength to Love by Martin Luther King, Jr. and The Time Is Now: A Call to Uncommon Courage by Joan Chittister. We will meet at Bethel AME on the following Thursday evenings from 6–7 p.m.: January 16, January 30, February 13 and February 27. If you would like to join us for the conversation, contact the Rev. Deb Cooper at dcooper@trinitylittlerock.org.



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Weekly Worship Schedule:

Sunday

7:30 a.m., 9:00 a.m., 11:15 a.m.,
Evensong 5:00 p.m.

Wednesday

Healing Eucharist at 5:15 p.m.

Monday - Friday

Morning Prayer at 9:00 a.m.

The Cathedral is open for visitation, prayer, and meditation weekdays from 9:00 a.m. to 5:00 p.m.

YOUTH NEWS

EYC

EYC is back for the spring semester beginning on January 26th. Our very own Caroline Stebbins and Meghan Pittman will be coordinating our ministries to youth. All 6-12th graders are invited to join us each Sunday morning beginning February 2nd in Mitchell House from 10:30-11:00 a.m. and on Sunday evenings twice a month between 4-6 p.m. - On those Sunday evenings we'll meet for dinner, games, and community building.

Spring EYC Dates 4-6 p.m. (locations updates will be provided as needed, as well as any schedule changes)

Jan 26: Welcome Back to EYC!

Feb 2: No Evening EYC

Feb 9: EYC in Mitchell House

Feb 16: No Evening EYC

Feb 23: No Evening EYC – Winter Break

Mar 1: No Evening EYC

Mar 8: EYC in Mitchell House

Mar 13-15 – Winterstar Weekend – no EYC

Mar 22: No Evening EYC – Spring Break

April 5: EYC in Mitchell House

April 12: Easter Sunday – no EYC

April 19: EYC in Mitchell House

May 3: EYC in Mitchell House

May 10: Mother's Day – no EYC morning or evening

May 17: Last EYC of Semester!

Confirmation for Youth – Meeting for parents February 2nd

Any youth aged 12 or older are eligible at the Cathedral to be confirmed. This year's confirmation will be on The Day of Pentecost - Sunday, May 31, 2020. According to our Book of Common Prayer, Confirmation is a sacramental rite in which we personally "express mature commitment to Christ," by affirming our baptismal vows (p. 860). Information and overview of youth preparation will be given at a meeting with parents on Sunday, February 2nd during the formation hour in Baker Parlor. Grab your breakfast and coffee and head over. Questions? Contact The Rev. Dr. Lisa Corry at lisa@trinitylittlerock.org