



The Third Sunday in Lent

March 23, 2025, 4 p.m.

Choral Evensong with Holy Eucharist

Welcome to Trinity Episcopal Cathedral. We're delighted you have joined us for this beautiful, restorative service. Choral Evensong is a contemplative service of music, readings, and prayers that takes place in the late afternoon or early evening. It allows listeners time to meditate and transition from the busyness of the day to the peace and quiet of the evening. Evensong's distinguishing feature is that it consists primarily of music.

PRELUDE

SURSUM CORDA

John Ireland

All stand.

OPENING SENTENCES FROM HOLY SCRIPTURE

BCP 61

PRECES *Sung by the Officiant and the choir*

Philip Moore

Officiant O Lord, open thou our lips.

Choir And our mouth shall shew forth thy praise.

Officiant O God, make speed to save us.

Choir O Lord, make haste to help us.

Officiant Glory be to the Father, and to the Son, and to the Holy Ghost;

Choir As it was in the beginning, is now, and ever shall be,
world without end. Amen.

Officiant Praise ye the Lord.

Choir The Lord's name be praised.

All sit.

*I WILL always give thanks unto the LORD; * his praise shall ever be in my mouth.*

*My soul shall make her boast in the LORD; * the humble shall hear thereof, and be glad.*

*O praise the LORD with me, * and let us magnify his Name together. I sought the LORD, and he heard me; * yea, he delivered me out of all my fear.*

*They had an eye unto him, and were lightened; * and their faces were not ashamed.*

*Lo, the poor crieth, and the LORD heareth him; * yea, and saveth him out of all his troubles.*

*The angel of the LORD tarrieth round about them that fear him, * and delivereth them.*

*O taste, and see, how gracious the LORD is: * blessed is the man that trusteth in him.*

*O fear the LORD, ye that are his saints; * for they that fear him lack nothing.*

*The lions do lack, and suffer hunger; * but they who seek the LORD shall want no manner of thing that is good.*

*Come, ye children, and hearken unto me; * I will teach you the fear of the LORD.*

*What man is he that lusteth to live, * and would fain see good days?*

*Keep thy tongue from evil, * and thy lips, that they speak no guile.*

*Eschew evil, and do good; * seek peace, and ensue it.*

*The eyes of the LORD are over the righteous, * and his ears are open unto their prayers.*

*The countenance of the LORD is against them that do evil, * to root out the remembrance of them from the earth.*

*The righteous cry, and the LORD heareth them, * and delivereth them out of all their troubles.*

*The LORD is nigh unto them that are of a contrite heart, * and will save such as be of an humble spirit.*

*Great are the troubles of the righteous; * but the LORD delivereth him out of all.*

*He keepeth all his bones, * so that not one of them is broken.*

*But misfortune shall slay the ungodly; * and they that hate the righteous shall be desolate.*

*The LORD delivereth the souls of his servants; * and all they that put their trust in him shall not be destitute.*

Glory be to the Father, and to the Son, and to the Holy Ghost: as it was in the beginning, is now, and ever shall be, world without end.

Amen.

THE FIRST LESSON

JEREMIAH 6:9-15

Thus says the Lord of hosts: Glean thoroughly as a vine the remnant of Israel; like a grape-gatherer, pass your hand again over its branches.

To whom shall I speak and give warning, that they may hear? See, their ears are closed, they cannot listen. The word of the Lord is to them an object of scorn; they take no pleasure in it. But I am full of the wrath of the Lord; I am weary of holding it in.

Pour it out on the children in the street, and on the gatherings of young men as well; both husband and wife shall be taken, the old folk and the very aged. Their houses shall be turned over to others, their fields and wives together; for I will stretch out my hand against the inhabitants of the land, says the Lord.

For from the least to the greatest of them, everyone is greedy for unjust gain; and from prophet to priest, everyone deals falsely. They have treated the wound of my people carelessly, saying, 'Peace, peace', when there is no peace. They acted shamefully, they committed abomination; yet they were not ashamed, they did not know how to blush. Therefore they shall fall among those who fall; at the time that I punish them, they shall be overthrown, says the Lord.

All stand.

HYMN 620

JERUSALEM, MY HAPPY HOME

Land of Rest

All sit.

My soul doth magnify the Lord, and my spirit hath rejoiced in God my Savior. For he hath regarded the lowliness of his handmaiden. For behold from henceforth all generations shall call me blessed. For he that is mighty hath magnified me, and holy is his Name. And his mercy is on them that fear him throughout all generations. He hath showed strength with his arm; he hath scattered the proud in the imagination of their hearts. He hath put down the mighty from their seat, and hath exalted the humble and meek. He hath filled the hungry with good things, and the rich he hath sent empty away. He remembering his mercy hath holpen his servant Israel, as he promised to our forefathers, Abraham and his seed for ever. Glory be to the Father, and to the Son, and to the Holy Ghost: as it was in the beginning, is now, and ever shall be, world without end. Amen.

THE SECOND LESSON

MARK 5:1-20

They came to the other side of the lake, to the country of the Gerasenes. And when he had stepped out of the boat, immediately a man out of the tombs with an unclean spirit met him. He lived among the tombs; and no one could restrain him any more, even with a chain; for he had often been restrained with shackles and chains, but the chains he wrenched apart, and the shackles he broke in pieces; and no one had the strength to subdue him. Night and day among the tombs and on the mountains he was always howling and bruising himself with stones. When he saw Jesus from a distance, he ran and bowed down before him; and he shouted at the top of his voice, 'What have you to do with me, Jesus, Son of the Most High God? I adjure you by God, do not torment me.' For he had said to him, 'Come out of the man, you unclean spirit!' Then Jesus asked him, 'What is your name?' He replied, 'My name is Legion; for we are many.' He begged him earnestly not to send them out of the country. Now there on the hillside a great herd of swine was feeding; and the unclean spirits begged him, 'Send us into the swine; let us enter them.' So he gave them permission. And the unclean spirits came out and entered the swine; and the herd, numbering about two thousand, rushed down the steep bank into the lake, and were drowned in the lake.

The swineherds ran off and told it in the city and in the country. Then people came to see what it was that had happened. They came to Jesus and saw the demoniac sitting there, clothed and in his right mind, the very man who had had the legion; and they were afraid. Those who had seen what had happened to the demoniac and to the swine reported it. Then they began to beg Jesus to leave their neighbourhood. As he was getting into the boat, the man who had been possessed by demons begged him that he might be with him. But Jesus refused, and said to him, 'Go home to your friends, and tell them how much the Lord has done for you, and what mercy he has shown you.' And he went away and began to proclaim in the Decapolis how much Jesus had done for him; and everyone was amazed.

NUNC DIMITTIS: THE SECOND SERVICE *sung by the choir*

William Byrd

Soloists: Paige Cullins, Anna Squire, Carolina Kipnis, John Willis

Lord, now lettest thou thy servant depart in peace, according to thy word; For mine eyes have seen thy salvation, which thou hast prepared before the face of all people, To be a light to lighten the Gentiles, and to be the glory of thy people Israel. Glory be to the Father, and to the Son, and to the Holy Ghost: as it was in the beginning, is now, and ever shall be, world without end. Amen.

Soloists: Julia Branton and Luke Frauenthal

THE APOSTLES' CREED *intoned by the Officiant, sung by all, standing*

**I believe in God, the Father almighty,
maker of heaven and earth;**

And in Jesus Christ his only Son our Lord; who was conceived by the Holy Ghost, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, dead, and buried. He descended into hell. The third day he rose again from the dead. He ascended into heaven, and sitteth on the right hand of God the Father almighty. From thence he shall come to judge the quick and the dead.

I believe in the Holy Ghost, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.

The people stand or kneel.

The following are sung by the Officiant and the choir.

SALUTATION

Philip Moore

Officiant The Lord be with you.

Choir And with thy spirit.

Officiant Let us pray.

Choir Lord, have mercy upon us.

Christ, have mercy upon us.

Lord, have mercy upon us.

THE LORD'S PRAYER

Philip Moore

Our Father, which art in heaven, hallowed be thy Name. Thy kingdom come. Thy will be done in earth, as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive them that trespass against us. And lead us not into temptation, but deliver us from evil. Amen.

SUFFRAGES AND COLLECTS

Philip Moore

Officiant O Lord, shew thy mercy upon us.

Choir And grant us thy salvation.

Officiant O Lord, save the State.

Choir And mercifully hear us when we call upon thee.

Officiant Endue thy Ministers with righteousness.

Choir And make thy chosen people joyful.

Officiant O Lord, save thy people.

Choir And bless thine inheritance.

Officiant Give peace in our time, O Lord.

*Choir Because there is none other that fighteth for us,
but only thou, O God.*

Officiant O God, make clean our hearts within us.

Choir And take not thy Holy Spirit from us.

The Collect of the Day

Almighty God, who seest that we have no power of ourselves to help ourselves: Keep us both outwardly in our bodies and inwardly in our souls, that we may be defended from all adversities which may happen to the body, and from all evil thoughts which may assault and hurt the soul; through Jesus Christ our Lord, who liveth and reigneth with thee and the Holy Spirit, one God, for ever and ever. Amen.

A Collect for Peace

O God, from whom all holy desires, all good counsels, and all just works do proceed: Give unto thy servants that peace which the world cannot give, that our hearts may be set to obey thy commandments, and also that by thee, we, being defended from the fear of all enemies, may pass our time in rest and quietness; through the merits of Jesus Christ our Savior. Amen.

A Collect for Aid against Perils

Lighten our darkness, we beseech thee, O Lord; and by thy great mercy defend us from all perils and dangers of this night; for the love of thy only Son, our Savior Jesus Christ. Amen.

All sit.

ANTHEM

CIVITAS SANCTI TUI

William Byrd

*Civitas sancti tui facta est deserta.
Sion deserta facta est,
Jerusalem desolata est.*

Thy holy cities are deserted.
Zion has become a wasteland,
Jerusalem a desolation.

Text: Isaiah 64:10

All stand.

THE PRAYER OF ST. CHRYSOSTOM

BCP 72

THE CONCLUDING SENTENCES FROM HOLY SCRIPTURE

BCP 72

HYMN 625

YE HOLY ANGELS BRIGHT

Darwall's 148th

OFFERTORY

'LITTLE' PRÆLUDIUM IN E MINOR

Nicolaus Bruhms

THE HOLY EUCHARIST

For those who wish to participate in the Eucharist, come up to the choir pews as you are able, following the Offertory.

THE GREAT THANKSGIVING **BCP 340**

THE BREAKING OF THE BREAD **BCP 337**

THE POSTCOMMUNION PRAYER **BCP 339**

THE DISMISSAL

PARTICIPATING THIS EVENING

Officiant The Rev. Mark Nabors, *St. Luke's, Hot Springs*

Lector Judy Barger

Music Dr. Colin MacKnight, *Director of Music*
Jeremiah Mead, *Associate Director of Music*
Trinity Cathedral Choir

Notes on the Notes: Tonight's music gives us a glimpse into the two sides of William Byrd's sacred music: the Anglican music, which he was required to write for political reasons, and the Roman Catholic music, which he wrote for religious reasons. Byrd was a recusant, meaning he was a Roman Catholic living in post-Reformation England when it was illegal to practice Roman Catholicism. Usually, the punishment for recusancy consisted of fines, property confiscation, and/or imprisonment, but in some cases, could include capital punishment. Byrd's incredible musical talent, however, saved him from the worst of these outcomes. Despite his own religious beliefs, Byrd composed a large and rich repertoire of music for the Anglican church, including tonight's "Mag and Nunc." (While Roman Catholics used these texts, they would never have used them in English, so this work is strictly Anglican.) This evening's motet, *Civitas sancti tui*, however, falls firmly in the Roman Catholic musical tradition. Its text is a lament on the Israelites' Babylonian exile, but Byrd and other recusants likely would have understood it as an expression of despair over the state of English Catholicism.

Choral Complines in Lent

Each Wednesday in Lent the Trinity Schola will sing the service of Compline at 7:30 p.m. in Cathedral Chancel. All are welcome to attend this beautiful, contemplative service.