

310 W. 17th Street  
Little Rock, AR 72206-1492  
Office: 501-372-0294  
Fax: 501-372-0416  
www.trinitylittlerock.org




**Sunday**  
7:30 a.m., 9:00 a.m., 11:15 a.m.,  
Evensong 4:00 p.m.  
**Wednesday**  
Healing Eucharist at 5:15 p.m.  
**Monday - Friday**  
Morning Prayer at 9:00 a.m.

# THE MESSAGE

The Newsletter of Trinity Episcopal Cathedral  
A House of Prayer for All People • November 2018

## THANKSGIVING DAY AT TRINITY CATHEDRAL



"The year that is drawing towards its close, has been filled with the blessings of fruitful fields and healthful skies. To these bounties, which are so constantly enjoyed that we are prone to forget the source from which they came, others have been added, which are of so extraordinary a nature, that they cannot fail to penetrate and soften even the heart which is habitually insensible to the ever watchful providence of God."

- President Abraham Lincoln, Oct. 3, 1863.

Our country has two traditional national days of prayer. One is Independence Day, July 4. The other is the "Day of Thanksgiving and Praise" that President Lincoln called for in 1863, during the Civil War. At Trinity, our Thanksgiving celebration answers Lincoln's call to prayer with reverence and gusto! The service celebrates, and elevates, patriotic feelings.

The preacher for Thanksgiving will be announced in church on Sunday, November 11. The Pinnacle Brass will be playing for the service with area choirs joining the Cathedral choir to sing Caesar Franck's "Psalm 150"

Come and bring a friend!

November 22nd • 10:00 a.m.

# SUNDAY MORNING FORMATION

10:15 a.m. to 11:05 a.m.

## Complimentary Sunday Breakfast

Enjoy before or during formation hour 10:00 to 11:00 a.m. on Sunday mornings in Morrison Hall.

## The Dean's Class

Morrison Hall | 10:30 - 11:05 a.m.

### November

4 - Dr. Keller: "The Elizabethan Settlement: Richard Hooker and the Bible in the Anglican Tradition"

11 - Dr. Keller: "On Miracles: My Two Cents"

18 - Scott McLean: "Pathway to Freedom"

25 - Trinity Ringing Society: "The Tower Bells of Trinity Cathedral"

## Living The Questions

Conference Room

### November

4, 11, 18 - Join the Dean's Class

25 - Continue study series based on a book by Richard Rohr entitled "Breathing Under Water-Spirituality and the Twelve Steps" led by Dr. Stuart Hoke. This study will address addiction and recovery.

## Pilgrims' Progress

Lounge

Study of, "Walk in Love" from Forward Movement Publishing.

We will continue our journey through The Book of Common Prayer, the Christian life, and basic beliefs of our faith. We will explore together the connections between the words of our prayers, our beliefs, and the daily practice of faith, exploring questions along the way.



# Newcomer Gathering

Last Sunday of every month  
10:15-11:00 am  
Baker Parlor

JOIN US!

Questions about Trinity or the Episcopal Church in general? Want to learn more? Grab free breakfast and coffee from Morrison Hall and join us in the parlor to visit and discuss!

Contact Emma Mitchell at [emitchell@trinitylittlerock.org](mailto:emitchell@trinitylittlerock.org) for more information.

## Childrens' Formation

Atria

### Good Shepherd Atrium

Age 3 through 1st Grade  
Downstairs in Parish House

### True Vine Atrium

2nd & 3rd Grades  
Upstairs in Parish House, Blue Classroom

### The Covenant Atrium

4th & 5th Grades  
Upstairs in Parish House, Yellow Classroom



## Youth Formation

Mitchell House

Formation class for youth (6th-12th grade) begins at 10:30 a.m. in Mitchell House. Join us for free breakfast in Morrison Hall prior to our lesson. Mitchell House

## Parents' Group

Iona Room

All parents welcome to come share knowledge, exchange ideas and strategies for parenting, network, socialize, and encourage one another. Babies welcome! Led by Marcia Wayland. Contact Marcia Wayland at [marcia.wayland@gmail.com](mailto:marcia.wayland@gmail.com).

## SUNDAY EVENING

4:00 p.m.

## Evensong

Cathedral

This sung service of Evening Prayer offers music in praise of God by the Cathedral Schola. It begins with an organ prelude (there is no sermon) and ends with an elegant tea in Baker Parlor.



## WEDNESDAY EVENINGS

Wednesday evenings are a time to stop during our busy week, come together as a parish, and worship, socialize, and learn, as a community.

The schedule is as follows:

- **Cherub Choir: 3:30 - 4:15 p.m.**
- **Seraphim Singers: 4:30 - 5:30 p.m.**
- **Service with Healing Unction in the Cathedral: 5:15 p.m.**
- **Tower Bell Practice - 5:30 - 7:30 p.m.**
- **Cathedral Handbell Choir - 6:00 - 6:55 p.m.**
- **Cathedral Choir - 7:15 - 8:45 p.m.**

## Jane Wilson Girls Choir Schedule

November/December 2018

Wednesday November 14, 5:30 - 6:15 p.m. *Choir Room*

Sunday November 18, 3:00 - 4:00 p.m. *Cathedral*

Sunday November 18, 4:00 - 4:45 p.m. ***Sing Evensong***

Wednesday December 5, 5:30 - 6:15 p.m. *Choir Room*

Sunday December 16, 3:00 - 4:00 p.m. *Cathedral*

Sunday December 16, 4:00 - 4:45 p.m. ***Sing Pageant***

## “WITH CLEAR EYES & HOPEFUL HEARTS”

**Morrison Hall**

Wednesday at 6:15 p.m.

A series of fall workshops featuring guest speakers and discussion about planning for the end of life. This series seeks to clarify our expectations and create action around the subject of aging. All workshops will be free and open to the public. Come to learn and share your wisdom! For more information contact the Rev. Deb Cooper at [dcooper@trinitylittlerock.org](mailto:dcooper@trinitylittlerock.org)

### Wednesday Schedule:

November

#### 7 - Downsizing and Decluttering

Are you thinking about moving to a smaller home or simply want to declutter your life? Our own Jean Harper and Pat Atwood will share their expertise and offer us guidance as we think through this transition.

#### 14 - Palliative and Hospice Care

What is palliative and hospice care? How are they different? How are they the same? How do they work? How much do they cost? What do I need to know to make good decisions? What support resources are available? What are the signs of dying? How do I interact with the person who is approaching death? As a caregiver, how do I deal with my fear of watching my loved one die? Bring ALL your questions. Dr. Masil George is eager to share her specialty and demystify this type of care.

## THURSDAY EVENINGS

## RECLAIMING JESUS: A CONFESSION OF FAITH IN A TIME OF CRISIS

**Library at Bethel A.M.E.**

Thursday evenings at 6:00 p.m.

An eleven week Bible study and discussion program based on Jim Wallis's curriculum. Led by Dr. Sybil Hampton.

**Schedule:**

**Nov. 8, 15, 29**

**Jan. 10, 17, 24, 31**

**Feb. 7**

## OTHER OPPORTUNITIES

### Men's Breakfast

We meet the third Thursday of every month at 7:00 a.m. We have an hour of Christian fellowship and breakfast. All men of Trinity are invited.

Location: Homer's West

Contact: George Morledge at [gbmorledge@sbcglobal.net](mailto:gbmorledge@sbcglobal.net)

# LOOKING AHEAD:

**Bethel African Methodist Episcopal Church**  
**155<sup>th</sup> Anniversary**  
*Celebrating God's Faithfulness!*

Rev. Marla Coulter McDonald  
10:15 a.m.

Hebrew 11:1

Sunday November 18, 2018  
10:15 AM | 3:00 PM

**Bishop Michael Mitchell**  
3:00 p.m.

Featuring  
RK Young  
Inspirational  
Singers  
Reunion Choir

Rev. Truman Tolfree  
Pastor

First Lady  
Rev. Bettie A. Tolfree

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## ALTERNATIVE MARKET

December 2nd | 10:00 a.m.

It is that time of year! Christmas is in the air! Trinity's Alternative Market will be held Sunday, December 2, 2018 10:00 a.m. until 11:30 a.m. in Morrison Hall.

Please join us for gingerbread, apple cider and cookies. Advent wreaths and candles for the home will be available. There will be opportunities to purchase gifts that keep on giving throughout the year.

## MESSIAH SING-A-LONG

December 9th | 4:00 p.m.

Check out Handel's Messiah on YouTube.com and pick your favorite choruses and solos. Email these to [victoria@trinitylittlerock.org](mailto:victoria@trinitylittlerock.org) to be sure they will be included that night!

## THE CATHEDRAL

### CHRISTMAS PAGEANT

December 16th | 4:00 p.m.

You are cordially invited to the annual Cathedral Christmas Pageant. A reception will immediately follow in Morrison Hall. Nursery care provided.

## LESSONS & CAROLS

December 23rd | 4:00 p.m.

Lessons and Carols will be held in the Cathedral at 4:00 p.m. on Sunday, December 23rd. This service will include 9 seasonal scripture readings, traditional carols presented by the Cathedral Choir and congregational singing. Please encourage your family and friends to join us for this Trinity tradition.



## COMMUNITY NEWS & ANNOUNCEMENTS

### STEWARDSHIP AND A NEW DEAN'S CHALLENGE

Stewardship season is in full swing, so please give prayerful consideration to your support for Trinity Cathedral. Here is (a) a fact; (b) our goal, and (c) a challenge.

- a) Last year, pledges received totaled \$1,096,914.
- b) This year, our pledge goal is \$1,200,000
- c) The challenge: If \$1.2 million in pledges are received and paid, the Dean and his wife will return next year's salary to the glory of God and the ministry of Trinity Cathedral.

Many thanks to our splendid Stewardship Chair Neal Lea and this year's stellar line-up of Sunday stewardship speakers: Neal Lea, Terri Quinn, Meghan Pittman, Josh and Rettina Hill, Herschel Cast, Walter Hussman, and Jeanne Harper.

### "ADOPT A VETERAN" PROGRAM AT ST. FRANCIS HOUSE



Earlier this year the Trinity Tower Bell Ringers decided to take part in the "Adopt a Veteran" program at St. Francis House, an outreach ministry of the Episcopal Diocese of Arkansas. Our veteran was Danielle Green and her children. The Tower raised money to purchase all new kitchen items, even a crock pot. Other donations from the bell ringers were cleaning supplies and enough linen to get the Greens ready to keep house. At long last Danielle was able to arrange housing for her family. On August 11th Mary Wilson and Julie Keller loaded their cars and made the delivery. Needless to say, the Green family was very appreciative of the generous donations from the Tower Bell Ringers. We would like to challenge other groups at Trinity to check into adopting a veteran. A little goes a long way and makes a huge impact on the lives of others.

#### Email Addresses Needed:

Can't wait for The Message to arrive?  
Want to know what is happening at Trinity?  
Make sure we have your email address so you receive the weekly announcements. It contains a brief look at the many events on the block. Send your email address to [dhowe@trinitylittlerock.org](mailto:dhowe@trinitylittlerock.org) and we'll make sure you are added to the update list.

#### We need to hear from you:

Please let the church office know if you are sick or hospitalized and would like prayers or a clergy visit. Due to HIPPA regulations hospitals cannot release patient information unless you also sign in as an Episcopalian at Trinity Cathedral. Office number is 501-372-0294 and email is [riley@trinitylittlerock.org](mailto:riley@trinitylittlerock.org).

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**Please remember Trinity Cathedral in your will.**

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#### Want something in the Message?

Send it to Riley at [riley@trinitylittlerock.org](mailto:riley@trinitylittlerock.org) by November 18th.



# NOVEMBER 2018



\*M-F Morning Prayer 9:00 a.m. Pierce Chapel \*\*MWF Alanon 12:05 p.m. Lower Mitchell House

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				<b>1</b> All Saints Day Convocational Service Christ Church 7:00 p.m.	<b>2</b> Church Women United Cathedral & Morrison Hall 9:30 a.m.	<b>3</b> Race for the Cure Downtown Little Rock 8:00 a.m.
<b>4</b> All Saints Sunday Baptism 11:15 a.m. Necrology Treadway Garden 12:30 p.m. Childrens' Choir at ACH 1:30 p.m.	<b>5</b> "Essentially Elgar" Chamber Concert Cathedral 7:00 p.m. Reception to follow in Morrison Hall	<b>6</b> Prayers for Our Country on Election Day St. Mark's Chapel 8:30 a.m. - 7:30 p.m.	<b>7</b> Arts Outreach Gym 1:00 p.m. Hopeful Hearts Morrison Hall 6:15 p.m. (Pg 3)	<b>8</b> Reclaiming Jesus Library at Bethel A.M.E. 6:00 p.m. (Pg 3)	<b>9</b>	<b>10</b>
<b>11</b> Veterans Day Christmas Pageant Rehearsals 12:30 p.m. Choral Evensong with music by John Graves 4:00 p.m.	<b>12</b> Clergy Conference	<b>13</b> Clergy Conference Theology 501 Lounge 7:00 p.m.	<b>14</b> Clergy Conference Arts Outreach Gym 1:00 p.m. Hopeful Hearts Morrison Hall 6:15 p.m. (Pg 3)	<b>15</b> Men's Breakfast 7:00 a.m. Reclaiming Jesus Library at Bethel A.M.E. 6:00 p.m. (Pg 3)	<b>16</b>	<b>17</b>
<b>18</b> Pathway to Freedom Dean's Class 10:30 a.m. Bethel's 155 <sup>th</sup> Anniversary 3:00 p.m. Christmas Pageant Rehearsals 12:30 p.m.	<b>19</b> Christmas Pageant Rehearsals 9:00 a.m.- 12:00 p.m.	<b>20</b> Cathedral Choir Practice 7:15 p.m. Vestry 5:30 p.m. Conference Room	<b>21</b> No Choir Practices Food Delivery to Dorcas House	<b>22</b> Convocational Thanksgiving Day Service 10:00 a.m. (Offices Closed)	<b>23</b> (Offices Closed)	<b>24</b>
<b>25</b> Newcomer Gathering Baker Parlor 10:15 a.m. Christmas Pageant Rehearsals 12:30 p.m. No EYC	<b>26</b>	<b>27</b> Executive Council 1:00 a.m. - 3:00 p.m. Conference Room	<b>28</b> What's Advent? Morrison Hall 6:15 p.m.	<b>29</b> Reclaiming Jesus Library at Bethel A.M.E. 6:00 p.m. (Pg 3)		



## TRINITY TO HOST CHURCH WOMEN UNITED CENTRAL ARKANSAS SOUTH FOR WORLD COMMUNITY DAY

**November 2nd | 9:30 a.m.**

The Rev. Susan Sims Smith, Chairman of the Advisory Board of The Interfaith Center a ministry of St. Margaret's Episcopal Church and Founder of the Arkansas House of Prayer, will be the guest speaker at the November 2nd gathering of Church Women United Central Arkansas South, hosted by Trinity Episcopal Cathedral.

The theme for the celebration is "Reaching for Wholeness --In Harmony with God's People" reflecting the idea that being whole requires feeling safe, cared for, valued and connected within our local community and the larger world. With these aspects present, there is harmony. Like many voices coming together in a chorus, people of many cultures and nations can come together to lift humanity beyond the brokenness of discord, violence, and war.

All are welcome. Please join us at Trinity, Morrison Hall, November 2 at 9:30 a.m. for registration, refreshments, and fellowship. The program and celebration will begin at 10:00 a.m.

## TRINITY TREKKERS - RACE FOR THE CURE TEAM

**November 3rd | 8:00 a.m.**

Join the Trinity Trekkers as we walk the Race for the Cure on Saturday, November 3rd at 8:00 a.m.

To register:

- 1) Visit [komenarkansas.org](http://komenarkansas.org)
- 2) Click "Little Rock Race" in the top bar
- 3) Click the pink "Register" tab
- 4) Choose "Join A Team" (middle button)
- 5) Follow the prompts.
- 6) When asked, search for team name "Trinity Trekkers" with team captain Riley Matheny.

## ALL SAINTS SUNDAY November 4

At the 11:15 a.m. service a brand new saint, Christian Angeline Teague, will be baptized and added to the rolls.

At both the 9:00 o'clock and 11:15 services, the roll of our dear departed will be solemnly intoned.

Following the 11:15 service, the clergy will proceed to Treadway Garden, where prayers for those who are interred or memorialized there will be said.

*Grant us grace, O Lord, to entrust those we love but see no longer to your never-failing care. Grant that, increasing in knowledge and love of you, they may go from strength to strength in the life of perfect service in your heavenly kingdom.*

## PRAYERS FOR OUR COUNTRY ON ELECTION DAY

**St. Mark's Chapel | November 6**

The Chapel at St. Mark's Episcopal Church will be available from 8:30 am to 7:30 p.m. on Election Day, Tuesday, November 6 for individual and corporate prayers for our country and its leaders. The prayer time begins with Morning Prayer at 8:30 followed by prayers for our country facilitated by the St. Mark's Grace Chapter of Daughters of the King until the closing of the polls at 7:30 p.m. Prayer material that can be used silently by individuals will be available as well as for intermittent brief corporate prayers on the hour and half hour. Come for a few minutes or stay much longer.

## PATHWAY TO FREEDOM Dean's Class | November 18

For the Dean's Class on November 18 we will welcome back Scott McLean, Founder and Executive Director of Pathway to Freedom, a Christ-centered ministry to men in prison but now preparing for release and re-entry into society. It is an eighteen-month residential program that is prayerful, loving, and practical, imparting social and life skills "that will enhance family and social relationships, moral and spiritual development, and employment opportunities." We would like to form a Cathedral ministry group to support this effort, including through visits to the prison, if there is interest. Come to the Dean's Class November 18 to find out more.

## LOOKING AHEAD TO SPECIAL DECEMBER SERVICES

The Advent Event is Sunday, December 2 at 5:00 p.m.  
The Messiah Sing-Along is Sunday, December 9 at 4:00.  
The Christmas Pageant is Sunday, December 16 at 4:00  
Lessons and Carols are Sunday, December 23 at 4:00

Christmas Eve (Monday, December 24)

Offices Closed 12:00 p.m.

4:00 p.m. Holy Eucharist Rite II

Celebrant: The Bishop of Arkansas

Preacher: Dean Keller

10:00 p.m. Musical Prelude

10:30 p.m. Choral Eucharist Rite I

Celebrant: The Right Rev. Larry Benfield,

Bishop of Arkansas

Preacher: Dean Keller

Christmas Day (Tuesday, December 25)

10:00 a.m. Holy Eucharist Rite II

Celebrant: Dean Keller

Preacher: Dr. Snapp

## CHILDREN & FAMILY NEWS

### More about Catechesis of the Good Shepherd

Sometimes those of us who know the value of the Catechesis of the Good Shepherd don't know how to tell other people about it. We are drawn to it because of its deep rootedness in the heart of our faith, but it may be particularly hard to speak about it with people on the outskirts of the faith community. In order to invite these people into the experience of CGS, we need to use everyday language. We need to speak in ways understandable to parents who may not use the same language we do, but are acutely aware of needs that CGS might meet.

Here are some themes that might intrigue parents and draw them to explore the Catechesis of the Good Shepherd:

**Children are overscheduled and overstimulated.** They may be agitated and find it hard to focus. They may have little time to recognize and manage the life of their own minds and emotions. This worries us as parents and grandparents. How will our children know and deal with their emotions? How will they learn to sit with problems that take time to solve? How will they learn to think deeply and to attend to their inner life, their spiritual life? The atrium experience educates and invites children to enter their own inner lives. Exercises in focus and silence, activities which show children how to calm their bodies, and presentations which call them to linger over ideas and images, deepening their thoughts and understanding—all of these are part of life in the atrium.

Moreover, the Catechesis guides children (and adults) toward a particular life of the Spirit, one filled with light and love. The inner world where we meet God is a place of peace and joy. Children may be healed, calmed, and encouraged by their journeys there.

More next month.



# Trinity Cathedral's Advent Event

**Sunday, December 2nd**  
**5 p.m. in Morrison Hall**  
*Festivities for the whole  
parish family!*

*dinner • advent spiral • music • crafts*

A spoken Eucharist will be held in the chapel at 4:00 p.m.



## EYC News



Congratulations to our newest acolytes, commissioned last month! The Acolyte Guild is open to any youth beginning in 6th grade. Youth who are interested in joining this ministry can contact Olivia for more information: [ogoza@trinitylittlerock.org](mailto:ogoza@trinitylittlerock.org)

### EYC in November-December

#### November

4: EYC in Mitchell House: Cooking with Emma  
11: EYC in Mitchell House: Movie Night  
18: Evensong with the Girl's Choir and Dine Out  
25: No EYC (Thanksgiving Break)  
30: EYC Lock-In at St. Mark's

#### December

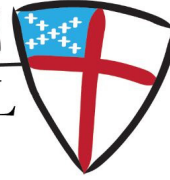
2: Advent Event in Morrison  
9: EYC Christmas Party in Mitchell House  
16: Children's Christmas Pageant  
21: St. Francis House Basket Delivery



### EYC Lock-In

On November 30th, EYC from the Central Convocation are invited to a lock-in at St. Mark's Episcopal (1000 N. Mississippi). Youth will be participating in a diaper drive to benefit the food pantry. The youth group who brings the most diapers to the event will win a prize. More details about the event to come this month!

# THE EARLY CHILDHOOD EDUCATION PROGRAM AT TRINITY CATHEDRAL



◀ A BIG thank you to all who purchased books during ECEP's Annual Scholastic Book Fair. With your book purchases, we will receive \$700 in bonus bucks which we use to add materials to our classrooms.



▲ ECEP celebrates St. Francis each year with the Blessing of the Stuffed Animals. We are so honored to have the Rev. Dr. Lisa Corry spend time with our children during these special events. In addition to special events, our three- and four- year old children attend chapel with Rev. Dr. Corry and Mrs. Victoria each week.

## USE AMAZON SMILE TO SUPPORT ECEP!

To shop at AmazonSmile simply go to [smile.amazon.com](https://smile.amazon.com) from the web browser on your computer or mobile device. On your first visit to AmazonSmile, you will need to select a charitable organization to receive donations from eligible purchases before you begin shopping. Amazon will remember your selection, and then every eligible purchase you make at [smile.amazon.com](https://smile.amazon.com) will result in a donation. To select Trinity's ECEP, search "Early Childhood Education Program at Trinity Cathedral Inc." The AmazonSmile Foundation will donate 0.5% of the purchase price from your eligible AmazonSmile purchases!



## MUSIC NOTES

November Music events will begin with our Seraphim Children's Choir and our new Girls Choir (which we are going to rename the Jane Wilson Girls Choir) caroling at the Arkansas Children's Hospital on the afternoon of Sunday, November 4th. Thanks so much to Neal Lea for arranging this joyful journey and the parents and grandparents who will make this happen.

November concerts will start with a bang as Kiril Laskarov, Jason Pennington-Saugey, Stephanie Smittle, and Scott Carrell present "Essentially Elgar", a chamber music concert, in our Cathedral. Tickets are \$20, students are always free, and are available through Eventbrite or at the door.

November evensongs will include an Evensong sung by the Jane Wilson Girls Choir, Nov. 18th. The week before the Cathedral Schola will sing the music of our parishioner John Graves for the evening canticles. Please consider joining us for evensong during November because there will be no regular evensong during December.

There will be tremendous opportunities on Sunday evenings starting with the Advent Event on December 2nd. On December 9th, we're going to have a Messiah 'sing-a-long'. These are really fun so put that date on your calendar (Dec. 9 at 4:00 p.m.) and come pick up a copy of Handel's most famous oratorio at the door and sing sing sing with the Cathedral Choir. No one will be judging singing ability as long as the singing is with gusto. Promise.

With the Pageant on Dec. 16th and Lessons and Carols on the 23rd, by the time we get to Christmas Eve we should all be ready to celebrate the birth of Christ.

The Madrigal Feaste will close out the choral activities for the month on December 28th. Tickets are already available through Eventbrite. The number of seats is limited so you might want to go ahead and reserve your ticket for this fun filled 'medieval dinner theatre' night which will include an auction that you certainly will not want to miss.

In closing, let me just remember how amazing the month of October was at Trinity; the Bethel service was a spiritual and musical event that we will all remember. There were so many other things: Ordination, Funeral, Requiem, first Girls' Choir evensong, Charlie coming back to play for Heritage Sunday.... The list is long.

Thanks to all of you, especially our vestry and clergy for your support. A huge thanks to the Cathedral Choir who keeps on giving and to Jason for the beautiful job he does to accompany us. Thanks be to God who gives us the victory through our Lord Jesus Christ.

Victoria



Combined Choirs of Bethel A.M.E. and Trinity Cathedral at the Covenant Renewal Service



Madrigal Feaste 2016

### Choir Rehearsal Times

#### Wednesdays:

Cherub Choir: 3:30 p.m. - 4:15 p.m.  
Seraphim Singers: 4:30 p.m. - 5:30 p.m.  
Tower Bell Practice: 5:30 p.m. - 7:30 p.m.  
Cathedral Handbell Choir:  
6:00 p.m. - 6:55 p.m.  
Cathedral Choir: 7:15 p.m. - 8:45 p.m.





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**Weekly Worship Schedule:**

**Sunday**

7:30 a.m., 9:00 a.m., 11:15 a.m.,  
Evensong 4:00 p.m.

**Wednesday**

Healing Eucharist at 5:15 p.m.

**Monday - Friday**

Morning Prayer at 9:00 a.m.

The Cathedral is open for visitation, prayer, and meditation weekdays from 9:00 a.m. to 5:00 p.m.

## ESSENTIALLY ELGAR | November 5th

Trinity Episcopal Cathedral begins its 2018/2019 Chamber Music in the Cathedral Series with Elgar, Brahms, and Bernstein in a program entitled "Essentially Elgar", Monday, November 5, 2018, at 7:00 p.m. in the Cathedral, 310 W. 17th Street, Little Rock. Arkansas Symphony Co-concertmaster Kiril Laskarov will play the Violin Sonata in d minor with pianist Scott Carrell of Harding University. Mezzo-soprano Stephanie Smittle, accompanied at the piano by Trinity Cathedral Associate Director of Music Jason Pennington-Saugey, will present Leonard Bernstein's delicious cycle of recipe songs: La Bonne Cuisine Française. Kiril Laskarov and Jason Pennington-Saugey will close the program with the Sonata for Violin and Piano in e minor of Sir Edward Elgar. Admission is \$20, students free with I.D. Tickets are available at the door and on Eventbrite at <https://www.eventbrite.com/e/essentially-elgar-tickets-51254237805> (you can find a link on the front page of our website as well.) For more information, please contact Victoria Harden, Cathedral Director of Music and Organist, (501) 372-0294 or by email at [victoria@trinitylittlerock.org](mailto:victoria@trinitylittlerock.org).

### Concert program:

Sonata No. 3 for violin and piano, Op. 108, Johannes Brahms  
Allegro  
Adagio  
Un poco presto e con sentimento  
Presto Agitato

La Bonne Cuisine Française, Leonard Bernstein  
Plum Pudding  
Ox-tails  
Tavouk Guenksis  
Rabbit at Top Speed

Sonata for violin and piano in e minor, Op. 82, Sir Edward Elgar  
Allegro  
Romance  
Allegro, non troppo

